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Working Together, Increasing Trust
Trabajar conjuntamente para aumentar la confianza

Area 87

Hybrid Area Committee meeting / Minutes
Held at the Area Service Office and on Zoom September 14, 2024

1. Opening / Serenity Prayer

Recitation of the Serenity Prayer.
Lucien J. (Chairperson) welcomes us.

2. Traditions

Six Traditions in French by Sophie D. (DCM 87-14)
Six Traditions in English by Nancy C. (DCM 87-18)

3. Roll call

There are 35 voting members. 23 represents 2/3.

Ratification of the Internal Communications Committee coordinator

The Steering Committee asks the Area Committee to ratify the following new coordinator.
ICC: Jean C.
The Area Committee unanimously ratified the appointment of the above coordinator.

4. Adoption of the agenda

Moved by: Thomas G. (Treatment centers)

Seconded by: Alain D. (Centres de détention)

5. Approval of the minutes of the meeting of August 10, 2024

Moved by: Romain L. (DCM 87-27)

Seconded by: Sophie S. (DCM 87-02)

6. Chairperson's Report (Lucien J.)

- We have parking across the street at Investa. Please print the sheet and put it on your dashboard. This sheet is only valid today. A new one will be created for each meeting.
- We ask you to identify yourself every time you speak, which helps the secretary and the minutes of the meeting.
- We've heard you, you've got 3 timed minutes to express yourself, if it's already been said, no need to come to the microphone to say you agree.
- We also ask you, if you're thinking of speaking on a subject during a discussion, to come to the microphone even if there's already someone there, i.e. get in line.
- We'll always treat you with respect, so do the same with us.
- Note for committees or DCMs using ASO facilities and services: Staff are not your secretaries. We ask you to send us your documents, edited, corrected and translated if necessary.
- We're always on the lookout for responsible members to take on the coordination of the convention committee and internal communications. Talk to our experienced members, you never know.
- Finally, you have received the SG's guidelines and have had time to familiarize yourselves with them. These guidelines will be adopted later in the meeting.
- Thanks to the interpreters.
- Thanks to the technical team, Maude and Benoit, from the Technology Committee.

- Thanks to Éric for the sound.
- Thanks to all those who are attending their first area meeting.
- On August 13, a meeting was held to set up a new logistics module for the Group services. Jean-Philippe B. will be in charge. The guidelines for this module will be sent for approval in November.
- Last August 14, the treasurer and I signed the lease to remain in our premises. As of June 1st 2025 will be for fifteen years, in five-year increments. The increase in rent is still substantial. We will now be paying \$1600.00 more per month, including the 2000 sq. ft. basement.
- The printed meeting list should be available at the election assembly.
- We'll need 2-3 districts to come and help set up the room for the elections.
- On September 18, a special information meeting will be held on zoom for the provincial 1-866 line.

7. Secretary's - Report (Pierre C.)

- There's a new, up-to-date confidential list of servants with their telephone numbers.
- You have until the end of the meeting to submit the nomination form if you have completed a term on the Area committee on or before December 31, 2021.
- Thanks to our interpreters, to those who set up the room and to those who sent me a written report.

8. General Manager - Registrar (Ginette W.)

- Things are going well at ASO. The new recruits are integrating well.
- Please use your @aa87.org service e-mail addresses to communicate with us.
- The deadline for November-December news is October 1^{er}. A special Holiday bulletin will be posted at the end of November.
- For those who are wondering, literature is more expensive at ASO than on Amazon because we offer services that Amazon doesn't provide. We have employees to pay and the surplus helps us to carry the message.
- Thanks to District 87-16 for inviting me.
- Work continues on the printed meeting list. Please check meetings on Meeting guide or on the website and notify me of any changes.
- A bracelet of the newcomer is now available at the counter.
- Alexandra will be on hand to sell publications at the elections assembly on October 19.

9. Treasurer's report (François A.)

- Thanks to all those who set up the room. We also have a delicious brunch.
- Rent increase. The landlady really appreciates AA. We had a great advantage since 2004. We will now have to pay 2000 sq. ft. at \$7.00/sq. ft. for the basement. As of June 2025, our rent will increase from \$16,000 to \$18,000 per year (including the basement). It's important that this information reaches the groups.

He presents the financial report for July 2024 (see attached).

Moved by : François A. (Treasurer)

Seconded by : Réjean B. (Archives)

Adopted unanimously

Martin R. (DCM 87-16) asks what the accruals are and Ginette replies that they are costs we know we'll have to pay, but we're waiting for the invoice.

10. Delegate and Alternate Delegate Remarks

André D. (Delegate) presents his report. The following points were discussed:

- A) CERAASA B) Delegate's corner C) Area convention D) International convention Vancouver 2025

You can read it in the virtual table of documents [2024-09-14 A word from the delegate \(aa87.org\)](#)
In addition, Les Éditions de La vigne Inc. is looking for a person to manage social networks such as Instagram.

Love & Service,

André D.
Delegate R87/P74
Alcoholics Anonymous
(514) 271-5851
delegate@aa87.org

Alternate Delegate (Sylvie B.)

- I am always available to visit you.
- It's important to remind committees of the DCM twinning, to make them better known and help them get involved in the committees.
- The DCMs are responsible for being present at the elections to register the groups and give them the ballots. Please be there at 8:30am.

Break

11. Discussion

1) Back to the Forum (André D.)

Rénald D. (IP): Congratulations on putting this item on the agenda. The next Forum will be held in 2026 in Boucherville. We had over 400 attendees, including 275 at their first Forum. It's a great opportunity to meet the G.S.O. people, including the Chairperson of the Board, the G.S.O. General Manager and the Grapevine Editor. It's amazing to see the whole A.A. philosophy in action. It's very exciting.

Réjean B. (Archives): Great experience. However, even though we were 40% French speaking members, we were interrupted by the translator as we spoke. Simultaneous translation was only available in English. We should warn the person in charge of the Forums so that this doesn't happen again.

Marco C. (DCM 87-05): He loved the experience and made a lot of contacts. It would be great if we could broadcast it on Zoom to enable those who can't afford it to attend. I've also contacted several people about the OIAA, which will be held October 25 to 27 [1st OIAA Online International Convention - Online Intergroup of Alcoholics Anonymous \(aa-intergroup.org\)](#).

Richard D. (ADCM 87-10): The ripple effect of participating in this activity can't be calculated. It's phenomenal.

Philippe J. (ADCM 87-06): First participation. He loved it. It's electrifying and you can see the greatness of AA. I recommend it to everyone. Thanks to District 87-06 for covering the expenses.

Nancy C. (DCM 87-18): Thanks to the Area for making the effort to get us here. It's so spiritual to sit in the room and hear all these people from New York. It's Unity.

Michel H. (DCM 87-01): First forum. It's interesting and you can feel the passion of those who serve at this level. It's contagious. Thanks to District 87-10 for covering my expenses. As for translation, it's never easy to do that. It takes tolerance.

Pierre C. (Secretary): The transportation went very well. We were about twenty passengers, and we came back in a coach bus. Thanks to G.S.O. for making room for our archives. We had three tables, two for our area and one for Area 90, to commemorate 80 years of AA in Quebec. There were always people looking at our archives during the breaks. We'd like to do it again in Boucherville.

Lucien J. (Chairperson): It would be a good idea to have more than one workshop in French, as in the past. Also, this was the first time La vigne had a table at a Forum.

Carole M. (DCM 87-24): It was her first forum. It's interesting. The simplicity of the people from New York is remarkable. The translation was great, but it would have been nice if there had been translation in all the workshops.

Nicole A. (Helpline): The people of New York are trusted servants like us. What touched me is the staff and their journey into sobriety. We talked about the displays and what we do at the Area. Thanks for the transport.

2) Service rotation

André D. (Delegate) introduces the subject by reading a text on the principle of rotation available on the virtual meeting table [2024-09-14 Rotation E \(aa87.org\)](https://aa87.org/2024-09-14-Rotation-E).

Participants made the following comments:

It's not written anywhere but should wait 10 years before returning to the same position. It's hard to find a replacement. It's better to give up your position even if it's going to be unoccupied. It never stays unoccupied for long. It can be annoying to repeat the same things over and over again. It takes new blood to bring in new ideas. It seems like it's always the same people at Area 87. People change positions, but there's a lack of new blood. Leaving our district healthy when we finish. It's good to leave when you're done. It's hard to leave when you get good. You become an owner, and it can get a bit contentious. It's not so bad to make coffee 2 or 3 times a year in the same group. The problem with rotation is the person who doesn't leave. You have to make room for the new servant, even if it means coming back later. It's important that experienced members are still around to guide new servants as they arrive. This is called "service sponsorship". Sometimes members stay on committees for longer, like group officers in prisons. This helps get the message across. Have the attraction to make people want to come forward. Rotation shows humility. The importance of guidelines to explain the task. Remember the main reason why we're here. Stay sober and enjoy making AA. It's great that we're talking about a principle this morning.

12. Follow-up - continued

1) Area committee inventory (Lucien J.)

The last one took place in October 2022. We'll come back to you on this item.

2) CERAASA (André D.)

- André D. presents the following proposal:

It is proposed that the Area Committee endorse the project to reserve a bus at Area 87's expense to take 50 Area 87 members to the next Canadian Eastern Regional Alcoholics Anonymous Service Assembly (CERAASA 2025), to be held February 21 to 23, 2025, at the Delta Hotel in Dartmouth, Nova Scotia.

The estimated cost is approximately \$18,000 for 50 members, or \$360 per passenger. The purpose of group transportation is to encourage member participation in annual service meetings (Territorial Forum, CERAASA) by defraying the cost of transportation.

Of course, members who wish to use their own means of transportation will be granted an amount equivalent to the security deposit required to reserve a seat on the bus. For CERAASA 2025, the amount is \$350.

Practical experience has shown that encouraging our members to participate in such events by collectively defraying the cost of their transportation has a positive impact on the health of our Area 87 service structure

Motioned by : André D. Delegate R87/P74

Seconded by : Sophie S. (DCM 87-02)

- François A. (Treasurer) explains that despite the increase in rent, we continue to receive contributions. The question is not so much whether we can afford it, but rather whether we are giving ourselves the means. Is it an expense or an investment? Our prudent reserve represents 8 to 9 months of operations. We can take this money and fill it up later. Have we had any positive effects since we made the decision two years ago to invest in the new servants? What are the positive effects of having been at CERAASA and the Regional Forum? Are we giving ourselves the means to welcome the alcoholic who is still suffering? We need to talk about it, even in groups, so that it's understood and becomes an attraction. The desire to like AA and not drink has to be passed on to someone else.

After a few positive interventions and a reminder of the Third Concept's right of decision, it was nonetheless agreed, following a vote that failed to pass on whether we were ready to vote, to postpone this item to an abridged Area meeting in October to allow the DCMs to consult the groups and the coordinators their committee members before making the decision.

-Estimating costs

[ASTECAA 2025 - Cost estimates \(aa87.org\)](#)

-All information on CERAASA 2025 is available online.

[CERAASA 2025 | Canadian Eastern Regional Alcoholics Anonymous Service Assembly 2025-CERAASA-EN-Copie-2.pdf \(aa87.org\)](#)

13. Approval ICC coordinator and Group Services' guidelines & Area Steering Committee' guidelines

The Steering Committee asks the Area Committee to endorse the Steering Committee's guidelines.

Proposed by Alain D. (Detention centers) Seconded by Nicole A. (Helpline)

The Area Committee unanimously endorsed the above committee's guidelines.

The Steering Committee asks the Area Committee to endorse the Group Services Committee's guidelines.

Proposed by Gilles F. (Alternate Chairperson) Seconded by Réjean B. (Archives)

The Area Committee unanimously endorsed the above committee's guidelines.

Adoption of the Group Services Committee's logistics module document has been postponed until November to allow time for review.

14. DCM Reports (3 minutes)

Michel H. (DCM 87-01) He submitted a written report.

DISTRICT 87-01 DCM REPORT of September 13, 2024

For the Area Committee meeting of September 14, 2024

- The district meeting was held on Wednesday September 11 in hybrid;
- Our East District Public Information Officer has been promoted to Area Public Information Coordinator. She is in the process of finding a replacement;
- 5 tickets for the convention have been given to a GSR; I still have 20 to hand out; to be continued;
- We're starting to prepare for the 2024 Christmas party, as we've been doing for several years; we've always financed the cost of debt party; we wonder why other districts don't participate in financing the Christmas

party with our district?

Michel H.
DCM 01

Sophie S. (DCM 87-02) She sent us this written document and read it to us.

UNITY AND SERVICE

I'd like to share with you my thoughts on the aspect of unity in services within the Area. This is in fact an invitation to reflect together on the question of unity.

Area 87 has the privilege of counting on more than 14 committees, each as active as the next, and through which numerous activities are wriggling. What's more, many other equally interesting activities are organized by various districts. I'm amazed by the greatness of our fellowship and by the energy deployed by so many alcoholics to stay sober and grow spiritually.

As DCM for District 02, I'm privileged to be able to provide the G.S.R.s with information to encourage and support them in their tasks, and to ensure that their group runs smoothly. Our District 02 is very active, with 2 committees: the Public Information Committee - which has been in existence for 1 year - and the Annual Service Brunch Committee - which has been in existence for 3 years. Involvement ... as much as you want! Members love service, and it shows in their presence, participation and commitment at our monthly meetings.

Our annual service brunch, to be held on October 12 for the 3rd year running, is growing year on year in terms of participation within the area. People love this event. And the committees are happy to participate and have the chance to chat with members of our area.

Last year, I was pleasantly surprised to see the initiative of two other districts, one of which was English speaking, in organizing a similar event to highlight our Area committees.

Which brings me to the heart of my question. Why don't we join our efforts and put together a great collective event?

Isn't ***carrying the message to the still-suffering alcoholic*** in our 5th Tradition the basic service that unites us? And doesn't Tradition 1 remind us that ***recovery depends on A.A. unity?*** As for Tradition 9, it states that ***we can form service boards or committees directly responsible to those they serve.*** All our traditions are oriented toward unity, which is "our most precious value" according to 12x12 on page 147.

It is dear to me to think of continuing with you on this road to unity, and to invite us to reflect on the subject together. A few questions come to mind working towards this goal.

To avoid scheduling conflicts, do we consult the area calendar when planning an activity? When we receive an invitation to participate in one or other of our area activities, to highlight our services, especially those of our committees, do we find it difficult to answer the call because of a scheduling conflict? Are we short of servants? Are there too many or duplicate activities?

Why not form a working group to look at the idea of service and discuss ways of collaborating with each other rather than in silos? Organize some kind of service intensive surrounded by our area committees, for example?

My Service sponsor often tells me: **"You don't go it alone in recovery"**. Why should the service be any different, I might add?

Daniel L. (DCM 87-04) He submitted a written report

Last meeting date September 18, 2024

Number of groups 25

Number of groups represented 15

Number of attendances 21

Number of committees 4

Number of committees represented 4

Other: (Good works / District difficulties / Committees) Creation of an Archives Committee / Creation of a District newsletter. Difficult to get groups to collaborate on these two items.

Guests: François A. Area Treasurer

Next district meeting September 17

Steven G. (ADCM 87-05)

- We contributed almost \$5000 to the Area and the South Shore convention just over \$7000.
- We've started planning next year's convention. All committees have been invited. We will have a Services room where everyone can make a presentation and demonstrate the benefits of Service.
- For our electronic treasury, everything is there and verifiable.
- With Meeting guide, you have access to all meetings within a 75 km radius. With OIAA, you can access all Zoom meetings.

Philippe J. (ADCM 87-06) He submitted a written report.

District 87-06 report for the regional reunion of September 14^h, 2024.

Our district will be back in action from the summer holidays next week, on Thursday September 19th at 19h. An invitation from our DCM was sent out to all our GSR's as a reminder.

This month we have treatment facility committee and Lisa from the west-island roundup which are coming to do a presentation. Andre our delegate will be coming in October and Line from CPC will coming in November to do a presentation.

It was an awesome experience to take part in my first Eastern Canada Regional Forum, in Ottawa last month. I met lots of members who are excited and enthusiastic about doing service in the AA. Its in taking part in these events that I find to realize about big AA structure is, how much room there is for everyone to find an implication at any level of the reverse pyramid.

We have the group Weekenders in Dorval which will be hosting on November 2nd, a sponsor/sponsee event. The doors open at 16h30, we have 2 speakers coming to share, a supper at 18h, coffee and cake, a 50/50 profits will be going to AA. The cost is 20\$ per ticket and only 100 tickets available. Information was sent to area so all GSR's can pass the word around and its on the aa87.org website. Please help us in making that first event a success. Flyer is included with the report.

Richard D. (ADCM 87-10)

- 1) DCM resignation (Annie) due to lack of availability.
- 2) New group joining the district (Club Soda, Saturday evenings, 7:30 to 9 pm. Sharing/discussion.



- 3) election of an information officer
- 4) Nomination and election to the position of Interim DCM at our next district meeting. October 8, 7pm.
- 5) excellent turnout, with all 21 groups represented, enthusiastic and ready to serve, we were happy to see each other again.

P.S.: The district is alive and well, spiritually and physically. For example, several people are interested in representing and serving the district in the next DCM election.

Sophie D. (DCM 87-14)

- Participation in our groups is very good. We have 13 groups and there are often a dozen of us at our meetings.
- Sylvie B. came to talk to us about the elections and in October, Alain D. will visit us. Kathleen R. will come in November. I'm keeping December to myself.
- A controversy arose over the pamphlet *Problems other than alcohol*. One member said it had to come out of the newcomer's envelopes. This will be resolved soon.
- Another money-related conflict. Thanks to my service sponsor who helps me know what to say and when to say it in these situations.
- A member with 40 years of abstinence and 80 years of age still set up the room, because for him it's not a privilege but a debt to AA.

Marie-Claude G. (ADCM 87-15)

- We had our meeting on September 9 and Sylvie B. came to talk to us about the elections.
- We have elected a secretary for the district.
- Our district elections are next month.

Martin R. (DCM 87-16)

- We welcomed Ginette W. to our last meeting. She came to clarify a situation explaining the difference between a group and a meeting.
- We have 13 out of 14 groups coming to our meetings.
- Due to a lack of involvement, the Samedi soir à St-Bruno group could become an activity of the Phare de la rive-sud group or simply close down.
- We're looking for a public information coordinator.
- Bienvenue Beloeil has restarted all its 4 activities, including the 4th and 5th Step.

Pierre C. (DCM 87-17) He submitted a written report

Date of last meeting: 09/09/2024

Number of groups 14

Number of groups represented 12

Number of attendances 18

Number of committees 1

Number of committees represented 1

Guest(s) : Public Information committee / Guylaine L.

Discussion(s) District meeting Exchange on I/P presentation on reaching the alcoholic via social networks

Other: (Good works / District difficulties / Committees) The corn roast we organized last August was a success, with +/- 300 people attending. We made a profit of over \$1250. The Conscience et Spiritualité discussion group is moving in a new direction in September with the study of the big book using the Joe and Charlie method.

Guests Perhaps Public Information to be confirmed with coordinator

Next district meeting Wednesday, October 9

Other: Special activities We will be discussing the elections to replace the DCM and ADCM positions. The Activities Committee is beginning meetings to organize our Christmas Party, to be held on November 30 at the Centre Roger Rousseau in Ville d'Anjou.

Concerns Involvement is still difficult for some groups, but our attendance has increased, which could improve the situation.

Opening - Closing of group The Lundi midi Anjou group has resumed its activities since its closure due to the pandemic. We had no meetings in the east of the island, which we hope will fill a need.

Next district meeting 2024-10-09

Nancy C. (DCM 87-18)

-Last meeting September 10, 2024.

-We'll be holding the Newcomer event on October 6, 2024. We'll be taking part in the CFD on October 12. On October 19, we have the Area elections, and on October 26, the Area convention. All these events require the participation of GSRs. It's very demanding. We've asked for 2 members per group to take part. It's important to carry the message.

Mary T. (DCM 87-19) She submitted a written report

District 19 monthly GSR meetings are back from summer break and we held our September meeting at the area service office. We held two district events over the summer, namely *The Delegate's Return* and the *Catch the Spirit* service event and both were a success and we hope to repeat them. I shared about our upcoming area convention and our GSRs are evangelizing the event and several are selling tickets. District 19 voted unanimously to purchase 5 convention tickets to be offered to newcomers or members who cannot afford the cost on their own. I would like to challenge ALL the districts who have the means to do the same. Since the pandemic, our conference has shrunk in size, and this year's event will be celebrating 80 years of AA in Quebec - an important milestone that deserves to be celebrated. We will have AA representation in French, English and Spanish, and Al-Anon in French and English. Please buy your ticket today if you haven't already - I'm sure we have some at area. Lastly our district elections will take place at our next monthly meeting.

Alain B. (ADCM 87-21)

- The last meeting was held on September 3 and was well attended.

- On September 9, a group presented a film on the history of AA, and two speakers came to talk about AA in Quebec. It was much appreciated.

- Our district inventory is October 1^{er}.

- 4 out of 17 groups disagree with the Area's Facebook page. What offends them is the loss of anonymity. They asked if someone could come and inform us of the decision taken and if we could resume the vote.

Yves G. (DCM 87-22)

- One of the GSRs told her meeting about the information on the Area's website about the Big Book in simplified language, and that calmed many of them down.

- The Plein de vie group organized a JCDD and 92 people attended, including 50 from our district.

- 300 people at our mini-convention. A great success.

- We discussed the role of the GSR in the Service Manual, and many learned about their task. Space will be made in the varia for those who wish to discuss a particular topic.

- Public Information will place ads in the local newspaper and on the radio.

- The AVALA group celebrates its 66^e anniversary.

Carole M. (DCM 87-24)

- Everything went well at our last meeting. We have 13 groups and 3 without G.S.R.s. 3 committees and 4 steering committee members.

- We are preparing for the elections of a treasurer and a secretary.
- Public info has many activities.
- Some of our thirteen groups have group owners who can't be removed. It's a bit sad. It prevents people from getting involved.
- Next month we'll be inviting the Detention Centers Committee.
- We sold tickets for the Area convention.
- We ratified the new coordinator for our 2025 convention.

Marie-Élaine P. (DCM 87-26)

Date of last meeting: 09/09/2024

Number of groups 9

Number of groups represented 6

Number of attendances 11

Number of committees represented 1

Other: (Good moves / District difficulties / Committees) Nelson D. Group GSR (Harmonie /for men only/Boucherville) The GSR informs us that he is happy to report that the group is doing much better and that there are 12-15 people per meeting and that all positions are filled monthly.

Guests Maybe public information to be confirmed with coordinator

Other: Special activities The Harmonie men's group has seen an increase in attendance, and positions filled. - Viens partager in Boucherville will celebrate its 42nd anniversary on October 4, 2024 - The Seigneurie group will celebrate its 50th^e anniversary on October 20.

Group open - close No

Next district meeting October 7

Romain L. (DCM 87-27) He submitted a written report.

Report of the DCM 87-27 Area committee of September 14, 2024

Overall, our District is doing well, with an average attendance of 20 per meeting. Even groups without a G.S.R. are represented by a mandated member.

Some of our groups were affected by the floods on August 9 and have been temporarily relocated while their premises are renovated. However, should an out-of-town visitor come to a regular address, signs on the doors will indicate the temporary addresses to guide them.

Important message to all DCMs, last month you and your GSRs all received this poster for our October 12 Mini-Convention. Our Mini-Convention has been postponed. The city of L'Île-Perrot has informed us that the Centre Paul-Émile-Lépine will be closed until at least January 2025. Flood damage is impossible to repair in time for the event. The Mini-Convention Committee worked very hard to find another venue for October 12, but it was not possible to relocate. So, the event has been postponed to a new date and a new address. It's October 19 at Salle Des Bâtitseurs, 145 Rue Valade, Les Cèdres. I've left 30 new copies of our announcement poster on the table at the entrance, so please notify your GSRs. Of course, it's the same day as next month's elections, so you're welcome to visit us afterwards.

In conclusion, we only sold 5 of the 25 tickets for the Area convention. Francis and I will continue to focus on sales between now and the event.

Written by Romain L.
DCM 87-27, 2024-09-12

15. Committee News
Aide Téléphonique (Lita S.)



Report of the Aide Téléphonique Committee **September 2024**

Not surprisingly, our committee is doing very well.

We currently have 30 trusted telephone helpers. Some work alone, others in pairs or alternately.

As you know, the provincial line has been operational for several months. The drop in calls remains between 300 and 350 per month. Speaking of statistics, here are those for August 2024 (available on our web page): 734 calls, 10% of which are new and/or renewals. [Rapport-statistiques-2024-08-aout-et-annuelle-combine.pdf \(aa87.org\)](#)

Volunteers are a little concerned about this decline. The September 18 meeting will be an opportunity to ask questions about this new reality.

Now I'd like to address the DCM. I'd like to thank you for talking about l'Aide Téléphonique at your monthly meetings. Afterwards, the GSRs do an excellent job of relaying the information to their groups.

So, I ask you to keep talking about l'Aide Téléphonique. You know as well as I do that the Comité Aide Téléphonique is one of the first lines of call for alcoholics who are still suffering.

If you have members who would like to get involved with l'Aide Téléphonique, either as a companion and/or telephone volunteer.

Contact us at 514 376-9230 or by e-mail: aidetelephonique@aa87.org

The wonderful team



Thank you,
Lita S., Interim Coordinator

Archives (Réjean B.)

2024-09-13 / Area 87 Archives Committee report.

We'll be at the Area convention on October 26. It will surely be the same presentation given by our archivist

Pierre V. at the provincial gathering on May 25.

A lot of digitization work has been done in recent months:

St-Charles Group: 2014 to 2021 (87-24)

District 87-22 from 2007 to 2013

It's Friday Group (87-13)

St-Paul de Beauharnois Group

Les Écluses Group (87-04) (*many documents*)

Documents from various committees in the Area, including several from the CPC from 2005 to 2021 and the P.I.

Aime-toi Group

AM Longueuil Group

Côte des Neiges Group

Ste-Catherine discussion group

Havre de paix Group

La Pointe de Bonheur Group

Le Soleil du Samedi Group

Midi-Rosemont Group (*tons of documents!*)

Mount Royal Group

Daily Reflection Group

District 87-04

Area 87 - Documents from 1998 to 2024

And lots of other materials.

Eventually I'll produce something to publish on the art of drying scan-ready documents on a clothesline over 3 weeks with supporting photos. The good news is that I was able to save about 95% of the material that was on our basement floor. This sewer backup was a very stressful experience that taught me something very important: never leave anything valuable less than 5 feet high in a basement. I'm glad no one filmed me during those moments of intense dry drunkenness, because AA's good name could have been in jeopardy. The madman in me came back to life without warning after 37 years of abstinence, and for several days after August 9, 2024. A great lesson in humility. I'll pass you a paper...from the archives. A story to archive and never forget.

Welcome to our Zoom meeting next Thursday, September 19 at 7 pm.

<https://zoom.us/j/94479436712?pwd=c2oyWkxyenVdcDNaRzhQV1U2eWxndz09>

Meeting ID: 944 7943 6712

Secret code: 1234

Posted on September 13, 2024

By Réjean B. / Area 87 archives committee coordinator.

Centres de Détention (Alain D.)

- We have resumed our meetings in Bordeau. No cancellations. The vibe is good. The wardens are welcoming. Since September, we've had 6 groups instead of 7. The Friday group has been replaced by a C.A. group. We have leaders for each group, but no one has an alternate.

-Thanks to the DCMs who invited me. Others, please feel free to do so to talk about "Bridging the gap". We don't need any more people on our list.

-At our last meeting, a former inmate of the Sorel prison was with us. He wanted to get involved with us. It's important to keep carrying the message.

CPC (Line L.)



Cooperation with the Professional Community Committee

September 2024 / Coordinator's report

1. Participated in the AD HOC committee on Tuesdays, July 16, August 27 and September 10, 2024 on digital communications.
2. Attended Area meeting in St-Hyacinthe on Saturday, August 10
3. The committee resumes monthly meetings from Wednesday, September 18, which take place on the third Wednesday of each month. We look forward to seeing you.
4. We've received 2 requests to present the committee, so don't hesitate to invite us.
5. Upcoming committee elections: Coordinator/ Secretary
6. Attended Area meeting at ASO on Saturday, September 14, 2024
Coming soon
7. Our participation in the Brunch on October 12
8. Our presence at the Canadian Psychiatric Association, November 6-9, 2024

[Line L., Coordinator CMP 2023 - 2024 | Area 87](#)

Area Convention (Gilles F.)

- It's at Cégep Maisonneuve on October 26. Entrance is on rue Nicolet. \$20.00 admission.
- In the cafeteria, we'll have a lunch box for dinner and a choice of chicken or lasagna for supper.
- Free coffee and bottled water on site.
- You have until the elections to bring your tickets and money, and we'll be taking meals up to two weeks beforehand. [Area 87 convention | AA Area 87 \(aa87.org\)](#)
- In 2025, we're going to focus on Twinning. It raises awareness of the committees and prepares the next servants.

Helpline (Nicole A.)

- We have our meeting every two months. Thanks to Gilles for coming to visit us. He told us about the provincial phone line, the convention, the forum and his responsibilities.
- Our next meeting is on November 11. Information is on the calendar [Helpline | AA Area 87 \(aa87.org\)](#)
- Some members don't know the structure. I try to explain it to them. Some members have several tasks on the committee. They need to be slowly brought to understand the structure of the Area.

Public information (Renald D.)

PI Committee report to the Area Committee on September 14, 2024

1- How do I access the PI toolbox?

You don't have to reinvent the wheel:

There are plenty of templates available on the PI Committee's intranet. DCMs and District Representatives at the PI. We invite you to attend a ZOOM presentation on Tuesday, September 24 at 7pm.

2- Round table at the Area Convention

On the theme of "*Looking to the future*", we'll be giving the floor to people from five communities:

- Haitian community
- Lebanese community
- Group AA (Agnostic)
- LBGQTQ Group
- Youth Group

People will have five minutes to present their suggestions. Those present will be able to ask questions or make comments...

3- A first

For the first time, we held an AA table on the occasion of Pride Day (LBGTQ).

4- Radio AA (*One day at a time*)

- This module is doing very well. Over 92,000 listens on podcasts since 2020.
- The ten people in the module meet tomorrow. Among other things, they'll be discussing a "revamp" of the Radio AA website, inspired by what's being done in Grapevine... (see PowerPoint presented at the *Territorial Gathering*).

5- English module

- Jennifer, who had taken on the coordination of this module, had to resign. So, if anyone in your District is interested, please invite them to contact us.

6- Next meeting

We meet on 1^{er} Wednesday of the month, starting at 7:30pm. Next **HYBRID** meeting October 2, 2024

<https://zoom.us/j/94479436712?pwd=c2oyWkxyenVDcDNaRzhQV1U2eWxndz09>

Meeting ID: 944 7943 6712

Secret code: 1234

Publications (Daniel C.)

- Our meeting was last Thursday and there were three of us. No one for the study of literature. There's a lack of interest and low motivation.

- The vines are improving.

Technologies (Benoit L.)

September 14, 2024

Report of the Technology Committee

1. The ad hoc committee on digital communications is making good progress. We have finalized a first version of various inventories:
 - a. An inventory of keywords in the field of alcoholism for Internet referencing.
 - b. An inventory of broadcast media:
 - i. 4 websites.
 - ii. Facebook-Instagram page.
 - iii. YouTube channel.
 - c. A comprehensive inventory of video-audios, mainly from GSO.
 - d. An information session on how to create a digital publication will help the committees involved

(PI, CPC and publications) to prepare publications.

- e. The committees involved will produce digital publications for the various distribution media.
 - f. I invite the Archives Committee to create a few digital publications for distribution on our media.
 - g. I also invite La Vigne AA to contact AA Grapevine to share the mobile application. This way, there will be a French version of the AA Grapevine Application.
 - h. Very soon, the aa87.org home page will display the new YouTube channel of Area 87, which has existed since 2022 without much visibility.
2. We produce Daily Reflections in audio and post in text. They are published regularly on FB only. They will be on the Area 87 YouTube podcast. After a few calculations, it takes about 3 hours per DR to produce the audio video. So, about 1100 hours of work to produce all the DRs.
 3. For me, service is my 12th step. I know that every member of our committee does small tasks that sometimes seem insignificant. Or more important tasks that remain in the shadows. This is even more the case for digital work: the only way to know our impact is to know visit statistics.
 4. So, I like to say that every little task each of us performs becomes a huge help to the person still suffering from alcoholism.

16. Visitors' Remarks

Lise S. (GSR Valleyfield-Nord) thanks everyone involved in the Area. I'm bringing back lots of information to my group. I inform our members about La vigne. Also, it is important to accompany our alternates to Bordeaux.

Jacques G. thanks us all for our service.

Francis V. (ADCM 87-27) suggests giving the floor to the visitors before moving on to a second round table. Involving them encourages involvement.

André L. (Editor-in-Chief of L'Écho, Echo, Eco) mentions that they had a meeting this week to finalize the autumn newsletter. Our alternate chairperson was among us. It would be good if the DCM checks if members read the newsletter. It costs \$8000/year. Do we publish it for nothing and is it useful?

It might help a GSR who has nothing to say. Thanks to everyone who sends us beautiful texts.

17. Closing

Lucien J. (Chairperson) reminds us of the September 18 meeting about the telephone helpline and 1-866. You are all invited. Thank you all for your participation. Thank you for the brunch. We're going to see you on November 9 at the ASO.

Moved by : Yves G. (DCM 87-22)

Seconded by : Line L. (CPC)

Total attendance: 53 (31 on site and 22 on Zoom)

The next Area committee meeting will be held on November 9, 2024.

Declaration of Unity:

This we owe to A.A.'s future; to place our common welfare first; to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

Drafted by Pierre C., Area 87 Secretary

Lucien J., Chairperson Area 87

DATE : 14 septembre 2024		DATE: September 14th, 2024		35 voting members - 35 membres votants	
GROUP	COMITE DE DIRECTION / STEERING COMMITTEE	Y/N	ADJOINTS / ALTERNATES	Y/N	
74	President/Chairperson	Lucien J.	O	Gilles F.	O
74	Delegate	André D.	O	Sylvie B.	O
73	Trésorier/Treasurer	François A.	O		
73	Secrétaire/Secretary	Pierre C.	O	Robert M.	O
COMITÉS / COMMITTEES		COORDONNATEURS/ COORDINATORS			
N/A	BSR-Registrar/ASO-Registrar	Ginette W.	O		
74	Telephone help	Lita S.	O		
73	Archives	Réjean B.	O		
73	C.M.P. / C.P.C.	Line L.	O	Francine R.	
73	Centers de détention/Detention centers	Alain D.	O	Isabelle F.	O
74	Treatment centers	Thomas G.	O	Johanne B.	
74	Communications internes/Internal Communications	Jean C.	O		
74	Area convention	Vacant			
73	Correctional Facilities	Amanda S.	N	Geoffrey P.	N
74	Helpline	Nicole A.	O	Jamie W.	N
74	Information publique/Public information	Renald D.	O	Guylaine L.	O
73	Publications (Comité-Committee)	Daniel C.	O		
74	Services aux groupes/ Group Services	Kathleen R.	O		
73	Technologies	Benoît L'.	O		
RDR / DCM					
73	87-01	Michel H.	O	François D.	N
74	87-02	Sophie S.	O	Suzanne B.	N
74	87-04	Daniel L.	O	Gaétan L.	N
73	87-05	Marco C.	O	Steven G.	O
74	87-06	Dave J.	N	Philippe J.	O
73	87-07	Tim V.	N		
74	87-08 VACANT / DARK				
74	87-10	Annie T.	N	Richard D.	O
73	87-11	Louis B.	N		
73	87-13	Kayla W.	N		
74	87-14	Sophie D.	O		
73	87-15	Melissa S.	N		
74	87-16	Martin R.	N	Alain P.	N
73	87-17	Pierre C.	N		
74	87-18	Nancy C.	O	Michael P.	N
73	87-19	Mary T.	O	William N.	N
74	87-20 VACANT / DARK				
73	87-21	Michel S.	N	Alain B.	O
74	87-22	Yves G.	O	Norman F.	N
74	87-24	Carole M.	O	Daniel D.	O
73	87-25	Jean-Pierre B.	O		
74	87-26	Marie-Élaine P.	O	Bianca D.	N
73	87-27	Romain L.	O	Francis V.	O
74	87-32				
VISITORS :					
Jacques G.		André V.		Lise S.	

RÉGION 87 - AREA 87
ÉTATS DES RÉSULTATS - STATEMENT OF EARNINGS

MOIS / MONTH Jun / June	Du 1 ^{er} au 30 juin 2024 From June 1 st to 30 th 2024	CUMUL Période/Périod	BUDGET Période/Périod	BUDGET Total 2024
REVENUS - INCOME				
<u>Revenu - Income</u>				
14 477,24	Contributions - Groupes - Groups	204 924,92	221 666,67	380 000,00
0,00	Contributions - Réunions - Meetings	0,00	0,00	0,00
1 500,00	Contributions - Autres - Others	3 584,00	4 666,67	8 000,00
110,00	Contributions - Sous symboliques	3 559,60	4 375,00	7 500,00
1 431,28	Enveloppe MERCI - THANK YOU - GRACIAS	6 150,19	7 875,00	13 500,00
0,00	Intérêts - Interests	0,00	0,00	0,00
3 284,84	Surplus Ventes - Surplus Sales	32 914,29	17 500,00	30 000,00
<u>20 823,36</u>	TOTAL REVENUS - TOTAL INCOME	<u>251 133,00</u>	<u>256 083,33</u>	<u>439 000,00</u>
20 823,36	TOTAL REVENUS - TOTAL INCOME	251 133,00	256 083,33	439 000,00
DÉPENSES - EXPENSES				
<u>ADMINISTRATION BUREAU - OFFICE ADMINISTRATION</u>				
9 553,51	Charges salariales - Administrative Wages	54 682,21	70 000,00	120 000,00
3 744,86	Loyer - Rent	25 955,30	28 000,00	48 000,00
294,94	Électricité - Electricity	5 153,80	5 833,33	10 000,00
593,64	Réparation & Entretien - Locaux - Building Maintenance	7 112,35	7 000,00	12 000,00
0,00	Amélioration locative - Leasehold Improvement	0,00	7 000,00	12 000,00
195,78	Téléphone - Phone	1 376,93	1 458,33	2 500,00
729,48	Location d'équipement - Equipment Rental	5 106,38	5 833,33	10 000,00
383,74	Entretien d'équipement - Equipment Maintenance	1 054,23	3 500,00	6 000,00
632,07	Fourniture de bureau - Office supplies	4 836,83	4 375,00	7 500,00
0,00	Fourniture d'entretien - Maintenance Supplies	500,47	1 750,00	3 000,00
138,52	Technologie - Information - Information Technology	1 710,87	8 750,00	15 000,00
12,00	Frais de banque - Bank Fees	184,43	291,67	500,00
158,80	Frais Paypal/Stripe	158,80	291,67	500,00
1 340,91	Frais de vérification - Auditors Fees	9 295,46	9 333,33	16 000,00
<u>17 778,25</u>	TOTAL BUREAU - TOTAL OFFICE	<u>117 128,08</u>	<u>153 416,67</u>	<u>263 000,00</u>
17 778,25	TOTAL BUREAU - TOTAL OFFICE	117 128,08	153 416,67	263 000,00
<u>ADMINISTRATION RÉGION - AREA ADMINISTRATION</u>				
251,84	Frais de poste - Postage	2 191,10	2 333,33	4 000,00
1 271,19	Assurances & honoraires prof. - Insurance & Professional Fees	12 985,86	11 666,67	20 000,00
190,02	Dépenses des officiers - Officer's Expenses	4 768,48	5 833,33	10 000,00
163,19	Dépenses du délégué et adjoint - Delegate & Alt. Expenses	5 995,08	3 500,00	6 000,00
29,67	Réunions internes - Internal Meetings	481,03	1 166,67	2 000,00
1 162,16	Réunions externes - External Meetings	5 115,49	11 666,67	20 000,00
1 250,00	Contributions N.Y. Contributions	33 750,00	8 750,00	15 000,00
1 000,00	Contribution Conférence - Conference Contribution	7 000,00	7 000,00	12 000,00
3 759,68	Comité interrégional et forums - Inter Area Committee & Forums	11 459,83	5 833,33	10 000,00
0,00	Traduction - Translation	449,88	583,33	1 000,00
<u>9 077,75</u>	TOTAL RÉGION - AREA TOTAL	<u>84 196,77</u>	<u>58 333,33</u>	<u>100 000,00</u>
9 077,75	TOTAL RÉGION - AREA TOTAL	84 196,77	58 333,33	100 000,00
<u>COMITÉS - COMMITTEES</u>				
1 396,45	Information publique / Public Information	8 089,54	5 833,33	10 000,00
30,64	Archives	1 349,18	3 500,00	6 000,00
0,00	C.M.P. - C.P.C.	210,66	2 333,33	4 000,00
-506,63	Centres de détention	6 744,00	4 375,00	7 500,00
739,71	Correctional Facilities	990,11	5 250,00	9 000,00
971,55	Centres de Traitement - Treatment Facilities	6 693,70	7 000,00	12 000,00
162,28	Services aux groupes - Group Services	1 885,34	2 916,67	5 000,00
0,00	Communications internes - Internal Communication	5 647,02	5 250,00	9 000,00
390,07	Aide téléphonique	4 369,33	4 083,33	7 000,00
26,55	Helpline	1 265,18	1 458,33	2 500,00
0,00	Les Publications	966,85	1 166,67	2 000,00
0,00	Technologies	9,44	1 166,67	2 000,00
<u>3 210,62</u>	TOTAL COMITÉS - COMMITTEES TOTAL	<u>38 220,35</u>	<u>44 333,33</u>	<u>76 000,00</u>
3 210,62	TOTAL COMITÉS - COMMITTEES TOTAL	38 220,35	44 333,33	76 000,00
<u>-9 243,26</u>	RÉSULTATS - RESULTS Surplus (Déficit)	<u>11 587,80</u>	<u>0,00</u>	<u>0,00</u>
-9 243,26	RÉSULTATS - RESULTS Surplus (Déficit)	11 587,80	0,00	0,00
À titre d'information - For information only				
421,35	Contributions Gratitude - Gratitude Contributions	5 361,35		
21 849,30	Ventes publication - Publication Sales	166 612,35		

RÉGION 87 - AREA 87

BILAN - BALANCE SHEET

Au 31 juillet 2024 - As of July 31st, 2024

ACTIFS - ASSETS

Actif à court terme - Short Term Assets

Petite caisse - Petty cash	500,00 \$
Banque - Bank Account	225 256,93 \$
Comptes à recevoir - Accounts receivable	2 472,86 \$
Frais payés d'avance - Prepaid Fees	21 387,57 \$
TPS à recevoir - GST to receive	873,90 \$
TVQ à recevoir - PST to receive	1 161,96 \$
Total actifs à court terme - Total Short Term Assets	251 853,22 \$

Stocks - Inventory

Stocks - Inventory	97 162,05 \$
Total actifs stock - Total Inventory Assets	97 162,05 \$

Autres actifs - Other Assets

Certificats de dépôt - Term Deposits	45 643,19 \$
Total éléments d'actifs - Total Other Assets	45 643,19 \$

TOTAL ACTIF - ASSETS

394 658,46 \$

PASSIFS & SURPLUS - LIABILITIES & SURPLUS

Passif - Liabilities

Comptes à payer - Accounts Payable	4 752,91 \$
MasterCard à payer - Mastercard payable	6 055,14 \$
A-E à payer - E.I. Payable	449,99 \$
Impôt fédéral à payer - Federal Income Payable	768,77 \$
RQAP - RQAP Payable	168,43 \$
RRQ à payer - QPP Payable	1 645,58 \$
FSS à payer - HCF Payable	383,47 \$
Impôt provincial à payer - Provincial Income Payable	1 364,02 \$
CSST à payer - CSST Payable	116,60 \$
Frais courus - Accruals	13 063,61 \$
TPS à payer - GST Payable	1 132,71 \$
TVQ à payer - PST Payable	894,97 \$
Total du Passif - Liabilities	30 996,20 \$

Réserve - Reserve

Réserve Accumulée - Prudent Reserve (2023)	352 074,46 \$
Résultats - Results (2024)	11 387,80 \$
Total de fond de réserve - Total Reserve	363 662,26 \$

TOTAL PASSIFS & SURPLUS - LIABILITIES & SURPLUS

394 658,46 \$

08-août-24