



**Travailler ensemble, accroître la confiance**  
**Working Together, Increasing Trust**  
**Trabajar conjuntamente para aumentar la confianza**

**Area 87**  
**Hybrid Area Committee meeting / Minutes**  
**Held at the Area Service Office and on Zoom November 9, 2024**

**1. Opening / Serenity Prayer**

Recitation of the Serenity Prayer.  
Lucien J. (Chairman) welcomes us.

**2. Traditions**

Six Traditions in French by Bianca D. (ADCM 87-26)  
Six Traditions in English by Philippe J. (ADCM 87-06)

**3. Roll call**

There are 38 voting members. 25 represents 2/3.

**4. Adoption of the agenda**

Accepted by: Romain L. (DCM 87-27)

Seconded by: Jean-Pierre B. (DCM 87-25)

**5. Approval of the minutes of the meeting of October 19, 2024**

Accepted by: Thomas G. (Treatment Centers)

Seconded by: Nicole A. (Helpline)

**Ratification of the Secretary of the Steering Committee effective January 1<sup>er</sup> 2025.**

The Steering Committee asks the Area Committee to ratify the new secretary Benoit Plasse  
The Area Committee unanimously ratified the appointment of the above-mentioned secretary.

**6. Chairperson's Report (Lucien J.)**

- We have parking across the street at Univesta. Please print the sheet and put it on your dashboard.
- We ask you to identify yourself every time you speak, which is helpful for the secretary and the minutes of the meeting.
- We've heard you, you've got 3 timed minutes to express yourself, if it's already been said, no need to come to the microphone to say you agree.
- If you have to speak on a subject during a discussion, go to the microphone even if someone is already there, i.e. get in line.
- Always address the chairman of the meeting, you'll always be treated with respect, so do the same with us.
- Note for committees or DCMs using RSO facilities and services: Staff are not your secretaries. We ask you to send us your documents, edited, corrected and translated if necessary.
- We're always on the lookout for responsible members to take on the coordination of the convention committee and internal communications - talk to alumni, you never know.
- Thanks to the interpreters.
- Thanks to the technical team, Isabelle and Benoit, from the Technology Committee.
- Thanks to Eric for the sound.
- Thanks to all those who are attending their first Area meeting.
- The printed meeting list is 95% ready due to errors.

- In 2025, Area assemblies will be held in the Centre St-Zotique gymnasium. All in hybrid except the elections.

### **7. Secretary's - Report (Pierre C.)**

- Thanks to all those who sent me their reports.
- I've started work on the Trusted Servant's Handbook 2025.
- I was at the election assembly and was pleased to see that there will be some new faces on the steering committee in 2025.

### **8. General Manager - Registrar (Ginette W.)**

- Ask DCMs to check whether your districts' meetings on Meeting Guide are properly displayed. For Zoom meetings, we need the URL https://
- We are proofreading the printed meeting list.
- The ASO will be closed from December 20 to 23 for inventory and then from December 24 to January 2 inclusively.
- Please inform us of any changes to meetings or special events by November 15. We're working on the special holiday newsletter. The mailing is scheduled for November 28.
- For new groups, we send a memo by mail to the DCMs to inform them. Initial contact with the group is important, otherwise no registration. If the group is not registered, it cannot be insured or listed. A period of three months would be desirable.
- We're working on the 2025 direct mail calendar in the Trusted Servant's guide. We invite you to consult it.
- The announcement of the holiday packages will be sent in the next mailing.
- We're having great success with the new bracelet. A new order was placed and received this week.
- The new Plain Big Book is now available at the counter.
- We also had plastic tokens made in English for the Helpline.

### **9. Treasurer's report (François A.)**

- Thanks to all those involved in IT. A lot of money has been invested in technologies and everything works fine.

He presents the financial report for September 2024 (see attached).

Moved by: François A. (Treasurer)      Seconded by: Line L. (CMP)

Adopted unanimously.

### **10. Delegate and the Alternate Delegate Remarks**

- André D. (Delegate) presents his report. You can read it in the virtual table [2024-11-09 Word from the delegate](#)
- In addition, G.S.O. is requesting the sharing of a French-speaking member of the Canadian Armed Forces.
- La vigne will celebrate its 60th anniversary in 2025. There are plans to publish a book of the best articles. The launch will take place at the provincial gathering on May 31, 2025 in Montmagny.

Love & Service,  
André D. Delegate R87/P74

### **Alternate delegate (Sylvie B.)**

- Districts that don't plan to have an DCM in January, please let me know.
- Please let me know when you have contacted a new group.
- I am always available to visit your districts.
- The use of different colors for the different languages of the documents is much appreciated.

## 11. Area committee inventory

<https://www.dropbox.com/scl/fi/kjc4qw6gbtzakdnt4xzvi/November-2024-inventory-area-meeting.pdf?rlkey=yem3tf1mlzkvhusnxu24e6vut&st=gwbp3ojt&dl=0>

The first 4 Area inventory questions:

### 1. Do we have a clear understanding of the role of the Area Committee in the service structure? What more can the Area Committee do to fulfill its role? Explain.

- Bring information back to our committee and report on important points so that our members can understand their role in the structure even if they don't attend area meetings. Members feel important when a member of the Steering Committee visits us.
- Services should be emphasized with a Powerpoint presentation at the area convention. Give back for free what we have received for free.
- On the whole, things are going well. However, we have six area committee meetings and that's not a lot of three minutes per committee. There's not a lot of interaction with the DCMs.
- The role is to get the message across to the alcoholic who's still suffering. It's good to have new blood, even if we need the old delegates. We get so much information. I don't have enough time to get through it. It's heavy. Let's keep it simple and attractive so people get involved.
- It would be important for the DCMs to send the minutes to the GSRs so that everyone has the information.
- In the spirit of inclusiveness, could we start the meeting with a few words in French, English and Spanish, such as Bonjour, Hi, Hola?
- We are in the business meeting of the area. The area committee is the group conscience of the area and can make decisions.
- The role is not well understood in districts and groups. There's a need for more explanation. We often get the impression that decisions are made in Montreal, when it's all the groups that should be deciding.
- Often information arrives at the last minute, and we don't have time to discuss it in our districts and groups. Decisions are made too quickly. We receive too much information. It's not necessary to receive the same information three or four times.
- Refer to the AA Service Manual. It could become as important as our Big Book.
- We'd like to have more exchanges between DCMs on our issues, questions, unity and so on.
- Not sure G.S.R.s feel involved in decisions made by the area committee. Districts need to better understand their role in transmitting information and making decisions.
- It would be better to hear what the committees are going to do to get the message across than to hear what they have done. In this way, their actions could be enhanced by the opinion and experience of the DCMs, who receive it from their GSRs and who receive it from their groups. Be more proactive than reactive.
- How effective are we in getting the message across? How can we improve the work of the committees? Each has a budget and works within it.
- Perhaps the coordinators and DCMs could submit a written report, and we could use the time allotted to talk about a Concept or Tradition, or to discuss a specific topic among ourselves. The secretaries could take questions and suggestions from the written reports. Then we'd discuss them with the steering committee and come back with topics brought up by the base.
- Service sponsorship is essential, and the Group Services Committee holds workshops for new GSRs and DCMs and seminars on structure. Everything is well explained.

**Break**

2. Do we fully understand the role of our committees and districts in the service structure? What more can our committees and districts do to fulfill their role? Please explain.

- Before fully understanding their roles, ask yourself three questions: Do I have the taste? Do I have the time? And Do I have the capacity? Next, we take on a service sponsor to help us fully understand our task as a DCM and answer any questions we may have. Then, invite a committee to each of our meetings to understand its mission.

- The Group Services Committee holds workshops for new GSRs and DCMs and seminars on structure. Invite them to your districts. It's important that group members, GSRs and DCMs understand their functions. Print and distribute area documents to G.S.R.s.

- It's important to have direct contact with district members and spend time with them. I, too, have started to say *You can call me* in my district, and people call me for all sorts of reasons. It's a way of finding out what the needs are in the districts and responding to them with the resources we have here.

- We have thirteen committees (eleven French-speaking and two English-speaking) and 24 districts (seventeen French-speaking, six English-speaking and one Spanish-speaking). We have great diversity. It's up to the committees and districts to tell us what more they can do to fulfill their role.

- Pairing the DCMs with the committees gave them a better understanding of the committees' work. Some DCMs are still involved at the end of their term. Initially, the district was paired with a committee rather than the DCM. Any member of the district could participate in one or more committees.

- Attraction rather than advertising. Having fun leads to greater involvement in committees. *Come on, let's have some fun...*

- It's important for DCMs to bring committee matters to GSRs. The guidelines are also very useful.

- Having district committees enriches our area committees.

- Taking an inventory lets us know what we're doing well and what we can do better to get the message across.

- For DCM, summarizing all the reports can be difficult. We can photocopy all the reports on the table and in the minutes and give them to the GSRs.

- Some things are hard to understand, like the relationship between La vigne and the Literature committee.

- The DCM may share some of his or her duties with his or her alternate. One of them can inform the GSRs about the committees.

- Sometimes a coordinator may wonder how to address members in an interesting and lively way. With today's technologies, members want concise and precise information.

- Do we give the coordinator enough time to present his committee to district members?

- We have the latitude to create new projects and ideas. What is the committee's vision for the coming year?

- We need to better coordinate our activities so that we don't have several going on at the same time. Maybe put all the activities on a single calendar.

3. In practice, what efforts are made by the Steering Committee to support the role of committees and districts in the service structure? Explain.

- The alternate delegate looks after the needs of the districts, and the alternate chairman looks after those of the committees. The entire Steering Committee is there to support your work and meet your needs. The service structure is based on delegation. The groups delegate to the GSRs, then to the DCMs and the delegate. This facilitates our exchanges. In 2018, G.S.O. conducted an audit on AA's internal and external communication, and our biggest problem is communication. It's easier to communicate when you come prepared. We have a spirit of sacrifice in our Traditions. Unity.

Informing is also educating. To inform and educate is also to repeat, and it's better to repeat than to contradict.

- The Steering committee is present and available to answer our questions. They support us in our actions. The biggest question is how to reach remote communities.
- Could we have twenty or thirty-minute videos that explain the DCM's task and the role of the committees? We could put them online.
- We get a lot of e-mails from the management committee. It would reduce the number if we didn't return them to everyone. Also, for communication, we could take inspiration from Area 89 and start our inventory on Friday evening until Sunday noon in December. Interspersed with sharing. A closed retreat all together.
- It would be nice to have sketches again at the welcome assembly like before.

#### 4. Does the way we select our trusted servants at the area serve us well? Explain.

- We have an election procedure. The Third Legacy. We can appoint someone if we don't have elections. Do we appoint this person for his or her own good, or for the common welfare of the area?
- Sometimes we don't fully explain everything we have to do. We need to have an honest to-do list and explain it clearly.
- Could being too honest diminish the appeal?
- You can't know everything. Understanding and doing your best is what you have to do. Most of the time, we become good at the end of our term.
- Less laxity towards members for fear of pushing them around. Say exactly what it involves.
- The importance of service sponsorship.
- Get involved in tandem, so that the committee or district is always represented by the DCM, coordinator or alternate.
- The passion of the person talking about the task means we'll probably replace him or her. What's in it for me? Maybe a workshop to inspire service.

#### 12. DCM Report (3 minutes)

##### **Jean-Pierre B. (DCM 87-25)**

-There are eight or nine of us at our district meetings. No one comes from Chambly. They go to district 87-15. We don't have anyone to take the DCM position. Thanks to everyone who came to visit us.

##### **Kayla W. (DCM 87-13)**

- It wasn't clear that it was the groups that paid the GSRs' expenses for their activities. The district paid the expenses of one GSR. So, we're going to hold a workshop on the role of the GSR to inform members of group consciences, GSRs and group Chairpersons.

- We have a future DCM. I'm preparing him for his next task.

- To find out about the health of the groups, I ask them if they have any new members, and if they're staying on? This creates a new dynamic in the meeting. I also ask them if there are any newcomers to their group consciousness.

##### **Pierre C. (DCM 87-17)**

- Robert P. will be our next DCM starting in January.

- The role of DCM has required me to be more involved, but it has also given me the most. Thank you to everyone at the area.

- Our Christmas party will be held on November 30 from noon to midnight at Centre Roger Rousseau.

##### **Marie-Élaine P. (DCM 87-26)**

- We have a new group in Boucherville on Wednesdays at 7pm. It's a meeting on one Step a month.

- At our last meeting, our guest was Alain D. from the Detention Centers.
- We suggest that our GSRs fill out the online form with all the information.
- I've printed out the minutes of the last area meeting and given them to everyone.
- One GSR felt confident to share a controversy in her group. We support each other.
- Thanks to Bianca for being an exceptional alternate.

**Richard D. (ADCM 87-10) He submitted a written report.**

At our last district meeting, elections were held for service positions such as a)DCM

b) ADCM c) Treasurer

Elected. DCM; Richard D.

ADCM: Émile P. B.

Treasurer: Michel M.

- Four groups were not represented.
- I'll bring back the idea of filling in the online form.

**Sophie D. (DCM 87-14)**

- We have thirteen groups, two committees and one representative. Eleven were present at the last meeting.
- Kathleen R. from the Group Services Committee was our guest. We may do a workshop on welcoming the newcomer.
- We completed the second part of the inventory on November 3. Each person's role was highlighted.
- We're still three GSRs short. One group in Zoom can't get involved at the district level and there are two groups of alconausaurus...
- Two hundred of us attended our convention on October 19.
- A Friday evening group with a speaker will start holding a discussion meeting.
- We're organizing our Twelve Hours of Christmas.

**Martin R. (DCM 87-16)**

- We have a new secretary-treasurer.
- The GSRs think we should go to CERAASA every other year because of the cost.
- Due to lack of involvement, two St-Bruno groups are talking about merging. The Otterburn Park and St-Hilaire lunchtime groups are also talking about it.

**Mary T. (DCM 87-19) She submitted a written report.**

We had our last committee meeting on November 4<sup>th</sup>. We have money in the back. We've reserved funds to hopefully send 2 members to CERAASA - we are waiting for next year's trusted servants to be in place to decide who and how. We had an election for our 4 trusted servants and only one was elected. I'm hopeful that at next month's meeting we may be able to fill the remaining positions. I became alternate DCM by accident during the pandemic, and then became DCM when I raised my hand after no one else did. I look forward to continuing to do service in AA with our area convention and the South Shore convention.

**Michel H. (DCM 87-01) He submitted a written report.**

DCM DISTRICT 87-01 REPORT November 9, 2024

- The district meeting will be held on Wednesday, November 13, 2024 in Hybrid;
- We are expecting the archives coordinator as our guest;
- 15 conference tickets have been sold to date, with 10 still in circulation; I'll update you at our meeting next Wednesday;
- There is talk of 2 orphan groups joining the district, to be continued;
- Preparations for the 2024 Christmas party are well underway, and should go ahead as planned;

- Alternate DCM becomes DCM in January; he'll be going to the CERAASA in Dartmouth; he's reserved a seat on the bus;
- It's not yet clear whether the current secretary will continue, and we don't yet have a treasurer to take over in 2025;

Michel H.  
DCM 87-01

**Carole M. (DCM 87-24)**

- All went well at our last meeting. Alain B. is the new Public Information Rep.
- Our convention went off without a hitch. There was a lot of controversy and the possibility that there might not be one this year. Finally, one member stepped forward and we have a new coordinator and a new secretary.
- In the district, we have a new secretary and a new treasurer.

**Nancy C. (DCM 87-18)**

- We have a very busy month in October.
- We have five or six GSRs interested in going to CERAASA. The district will cover expenses if a group cannot afford it.
- We made a contribution to the area and to the GSO.
- We've bought a tent and can lend it to anyone who needs it.

**Steven G. (DCM 87-05) He submitted a written report.**

**Last meeting date** November 7, 2024

**Number of groups** 28

**Number of groups represented** 19.5

**Attendance** 19.5

**Number of committees** 2

**Number of committees represented** 1

**Guests** Technical committee

**Convention** Chairperson Denyse presents

**District inventory** - Guidelines in preparation

**Discussion(s) district meeting** several topics were brought up

**Other: (Good works / Difficulties District / Committees)** More advanced in the technological world (form, online payment etc..) given that we are the district associated with zoom.

**Guests:** To be seen

**District inventory - Guidelines** Early January

**Next district meeting** December 5

**Concerns** A.A. in the digital age

**Recommendations** Create technology information workshops, probably in collaboration with the technical committee.

**Group opening - Closing** A new group on the way to G.S.O. (Zoom Aimer AA)

**Éric L. is the new ADCM.**

**Daniel L. (DCM 87-04) He submitted a written report.**

**Last meeting date** October 15, 2024

**Number of groups** 17

**Number of groups represented** 17

**Number of attendances** 22

**Number of committees** 4

**Number of committees represented 3**

**Other: (Good works / District difficulties / Committees)** Creation of an Archives Committee / Creation of a District newsletter. Difficult to get groups to collaborate on these two items.

**Guests** François A. Area Treasurer

**Guests** Thomas G.- Treatment Centers Coordinator

**Next district meeting** November 19

**Other: Special activities** Elections: District Secretary and DNA Coordinator and his alternate.

**Michel S. (DCM 87-21)**

- In Granby and the surrounding area, we're more inclined to be self-sufficient than to go to the area, because it's more convenient. Quite far away. Pairing is quite difficult.

- It's going pretty well. All the tasks are filled.

- We're concerned about the of the Facebook page, and we'll be talking about it again next month.

**Romain L. (DCM 87-27) He has submitted two written reports.**

**November 9, 2024 Area Committee**

**DCM Report 87-27**

On October 19 we held our Mini-Convention. With the participation of Al-Anon and our Alternate Delegate Sylvie B. and her spouse, as well as a visit from Alternate Chairperson Gilles F. Due to flooding in August, we lost the hall that had already been booked for a year. The committee had to turn around quickly and work very hard to reorganize the event. Despite the additional expenses caused by the change of date and venue, we ended with a profit of \$700. There were 167 attendees, including 17 Al-Anon members. It was a great success for a small District like ours.

The 12/12 committee has just been formed, and 2 meetings have already been held to organize the 12 hours of Christmas and the 12 hours of New Year's Day. You have all received the announcement sheet by direct mail.

At our last District Committee meeting, we had a lovely round-table discussion, all members taking turns for over 30 minutes. On the following question; "What has involvement brought you on a personal level?" Unfortunately, I couldn't take the floor for lack of time; I had a long list. And as a conclusion, we all agreed that these were the dividends we should try to communicate to our members to encourage them to get involved in our groups and services. Rather than saying openly, we need involvement. It's like saying, "Attraction rather than promotion".

We'll be holding our elections for DCM (yes, my term ends in December) ADCM positions and a few committee coordinators.

#### **DCM report November 2024**

After the September District meeting, a question arose concerning the decision to elect Maxym D. as 12/12 coordinator, given the lack of members to meet quorum at the time of the vote. At the start of the meeting, there was a quorum, the Agenda was adopted and a vote had to be taken on it. Remember the Responsibility Statement, (let's recite it) when we accept a position, we are responsible to stay until the end. Even if sometimes in AA we hear things we don't like, we mustn't take anything personal. Many of us left before the vote, but we had to make a decision for the good of the whole. I've redistributed an attached document on quorum. At Area 87, we go ahead with 2/3 of members present, as was done that evening.

As for transport for CERAASA 2025, the idea was raised by Delegate André D., and on election day, October 19, we put the item to the vote. There were 38 voters (which is a record) out of 43 spread over 24 districts, 6

members of the steering committee and 13 committees. First vote, 31 for out of 38. The minority spoke, and I took the microphone to say that district 27 was not in agreement, even after having been informed by our alternate delegate Sylvie B. and the reasons for doing so. 3 other people also spoke, including Gilles F. A member who had voted in favor in the first vote reconsidered his vote, and was seconded. After the second vote, 27 out of 38 were in favor. So, the decision to cover transportation costs was a democratic one, not a decision of the Steering committee but of the Area committee. The aim is to encourage members to take part in a Service Assembly and to encourage them to get involved in services. As you all know, there's a crying lack of involvement, and people aren't rushing to get involved!

Elections were also held for the positions of Treasurer and Alternate Treasurer, and Secretary and Alternate Secretary. Only one G.S.R. was elected to represent District 27. Lynda B. was elected on the first ballot. She was the only candidate, being an accountant by trade and a young retiree with time on her hands. (Early fifties) and Alain D. was elected in the first round, also the only person to stand for the position of alternate secretary. The Steering committee will find 2 people to fill the vacant positions.

..... more to come for the November 9 meeting

Written by Romain L.  
DCM 87-27, 2024-11-13

**Yves G. (DCM 87-22)**

- We'll be holding elections on November 13.
- There's sometimes a lack of interest among GSRs. Some don't seem interested in certain topics.
- We're discussing the payment of DCM expenses. It's a delicate subject because of certain antecedents.
- We contributed \$2,500 to the area.

**Dave J. (DCM 87-06)**

- We got some new groups. We're growing. Some groups are creating events on their own.
- André D. visited our district last month. We talked about CERAASA to get people interested.
- We have an election this month for a new secretary.
- It's going great.

**Kevin H. (ADCM 87-08)**

- I'm the new ADCM for 87-08.
- We had a problem with a new meeting.
- I'm learning a lot today. Thank you so much.

**Three new coordinators confirmed**

The Steering Committee asks the Area Committee to ratify the following new coordinators:

Help line: Lita S.

Centres de détention : Isabelle F.

Archives: Pierre C.

The Area Committee unanimously ratified the appointments of the above coordinators.

**13. Committees News**

**Internal communications (Jean C.)**

- Thanks to Johanne and Ginette for inspiring me to take on this job.
- It would be good to do an inventory and survey to see what the base needs and whether it uses the Echo. It would be nice to have a livelier presentation.
- Better communication of fall times.

### **Technologies(Benoit L.)**

November 9, 2024

#### **Report of the Technology Committee**

1. The Technology Committee has taken an inventory of the situation and will be making some small changes to the guidelines.
2. A few messages to the DCMs:
  - a. Your GSRs can submit their GSR report using the online form on [aa87.org](http://aa87.org): menu Ressources/formulaires/Rapport du GSR.
  - b. Changes to group information, such as a new GSR or a change of time, can be made using another form, "Change of group information".
  - c. For G.S.R.s who don't know what to say to their group, Area 87 news, flyers and Echo can be found at [aa87.org/news](http://aa87.org/news).
3. We've added a warning about anonymity to our Facebook page. We can block comments on posts, but it's not possible to block likes and shares where your name may be visible. Anonymity is everyone's responsibility.
4. In December, there will be many changes of servants. For those who are ending their term, we suggest you start cleaning up your e-mail. Don't delete everything: it's always useful for your replacement to see what's happened in the last few months. You also have access to a folder in Sharepoint where you can store your district documents. This message is also addressed to committees.
5. Finally, the login information for the Zoom rooms assigned to everyone should not change. Once we have all the Area's activity calendars, we'll confirm this information for you.
6. On that subject, I'd like to take this opportunity to promote the use of the Teams tool, which is equivalent to Zoom. I know there will be some adaptation in terms of microphone and speaker settings and so on. It's free and unlimited. You'll have the autonomy to make videoconference meetings as you wish.

Benoît L'.  
Coordinator  
Technology Committee  
Area 87

Thanks for everything! Best regards,

### **CMP (Line L.)**

- We took part in the October 12 brunch and the elections.
- The positions of coordinator and alternate coordinator will be vacant in January, as will that of alternate secretary.
- We have two invitations to go to districts. Please invite us.
- We attended the Canadian Psychiatric Association conference at Queen Elizabeth. We have two contacts. Talk to your health professionals about AA.
- Thank you to all those who have helped me in my task.

### **Internal communications (Johanne B.)**

- On December 19, we'll be holding an information evening to attract more people. We need your help. All districts. We also need members in the treatment centers.
- Next year, we'll be focusing on Bridging the gap.

### **Aide téléphonique (Lita S.)**



## **Report of the Aide téléphonique Committee November 9 2024**

Since my return, the committee has been doing well.

I organized a 4-hour training course on communication in a call center context, on October 5.

Feedback has been very positive. This training course takes place every year. We had 18 participants in person and on Zoom.

In fact, I shared the content with Brigitte, coordinator of the Area 89 telephone help line.

She and I worked as a team to improve the content.

She provides training in her area.

I met with the DCM for district 27 of Vaudreuil-Dorion on Zoom to present the Comité d'aide téléphonique.

They've heard about our new call system, and I've got members who want to be part of the team.

On October 12, for the 3rd year running, District 02 organized a meeting at which the committees were able to meet and exchange ideas.

Two members gave their names to be sponsors.

Finally, I had the opportunity to present the Aide téléphonique Committee at the convention in the Sylvain Lelievre room. At least 60 to 70 people attended. It was great.

Last but not least, Area 87 is organizing the new remote telephone assistance system. The new system is established in other areas, but for us, the telephone system is more complex. It should be up and running by the end of the year. The biggest advantage of this new system is that we can have respondents from all over the 87 area. This opens up a wider pool of respondents.

As soon as it's up and running, we'll be able to advertise in flyers to recruit more new remote respondents.

If you have members who would like to get involved with Aide téléphonique, either as a companion and/or telephone volunteer.

Contact us at 514 376-9230 or by e-mail: [aidetelephonique@aa87.org](mailto:aidetelephonique@aa87.org)

The Wonderful team



Thank you,  
Lita S., Coordinator

Archives (Réjean B.)

### Area 87 Archives Committee Coordinator's Report

*My term of office comes to an end on December 31, but I will remain on the committee as a collaborator on digitization and document collection if no one objects.*

We had a good discussion at our last Archives Committee meeting, and came to a point where we were enlightened enough to vote on the Area Committee's proposal for \$18,000 for bus transportation to CERAASA 2025 in Nova Scotia. We were unanimously against the proposal as presented, but were open to sending two people, such as the delegate and the Area Chairperson. I expressed our committee's point of view at the election meeting. I returned to the microphone to express our minority opinion following a favorable vote by the area committee. One person reconsidered his vote following my intervention, and the final vote remained in favor of the initial proposal.

**I digitize documents a little and sometimes a lot, every day as I can. My last shipment to our archivist was very large, with a lot of filing to do. I opted for this option rather than sending him hundreds of e-mails, and yes, I'm serious!**

*From 8:00 to 9:00 p.m., our committee's presentation on the 80 years of AA in Quebec on October 26 was a success, but we had to stop it early to avoid running over our schedule. We realized that we had to give a 30-minute presentation in English from 7:30 to 8:00 pm. We'd like to apologize for not having read the program carefully, and point out this misunderstanding, which we hadn't foreseen at all. We had to quickly find a solution to this confusion, and we did so brilliantly. Many thanks to Mary T., who offered to read our archivist Pierre V.'s presentation at the same time. This presentation is also written in English, which made Mary's task much easier. Pierre and Mary rose to the challenge very harmoniously, and everything flowed smoothly in this pleasant improvisation. However, this setback meant that Pierre couldn't do the whole presentation, as it had to be done in French only. What's more, we decided to film the presentation in full improvisation, but my lack of experience with this option on my phone meant that nothing got done because I'd pressed the wrong "piton". It's only a*

*postponement. We plan to reproduce the same scenario either in zoom or face-to-face at the ASO. We've spoken to Mary, who would be delighted to take part in this project.*

*In addition, we recorded all the presentations on our telephones. The majority of members have signed the document authorizing the Archives Committee to use them. We want to assure you that nothing will be posted on aa87.org or elsewhere without first checking for full names. Members who have not signed the consent form will of course be contacted.*

Good news! Our committee will not be orphaned in 2025. We have confirmed Pierre C. as our 2025-2026 coordinator. Pierre was our committee coordinator in 2017-2018. Claude J., RAD of 87-15 ([responsible for archives in the district](#)), decided to take the plunge and accept the challenge of becoming alternate coordinator of our committee. Claude has extensive experience in District 15 archives. He will be confirmed at the December 19 meeting.

Our annual archives brunch will be held on April 13, 2025, from 10:00 to 13:00, at the ASO, in hybrid format.

THANKS TO FRANÇOIS D. ADCM OF 87-01, WHO INVITED US TO PRESENT OUR COMMITTEE AT THEIR DISTRICT MEETING ON NOVEMBER 13, HELD AT THE ASO.

Please feel free to talk about our committee and invite members with an interest in archives. We can never have enough of you on our team.

Long live the Area 87 Archives Committee!!!

---

*Réjean B./ archives committee coordinator.  
November 9, 2024.*

Detention centers (Alain D.)



Detention Center Committee | Area 87

Coordinator Report | 2024-11-09

Alain D.

Coordinator | 2023 -2024

- Group representative positions for Bordeaux are filled;
- One position is available at the Longueuil courthouse.
- I visited many districts hoping to generate additional involvement in order to find alternates to the existing group leader.

Program

*1- Bridging the gap | Favoriser le rapprochement*

- a. The program has been operational since June 2024;
- b. We compile data from attempted and completed reconciliations;
- c. We are looking for accompanying members.

## **Events**

### **1- 2024-02-17 | CDD Committee meeting**

- a. 11 people present at the ASO.

### **2- 2024-04-08 | District 13 presentation**

### **3- 2024-04-15 | Presentation district 02**

### **4- 2024-04-16 | Presentation district 06**

### **5- 2024-04-20 | CDD Committee meeting**

- a. 8 people present at the ASO.

### **6- 2024-05-18 | Congrès de Brossard**

- a. Attendance at the committee table.

### **7- 2024-05-25 | Provincial Gathering**

### **8- 2024-06-08 | Delegate return meeting**

### **9- 2024-06-12 | Presentation district 01**

### **10- 2024-06-15 | CDD Committee meeting**

- a. 10 people present at the ASO.

### **11- 2024-06-18 | Presentation district 04**

### **12- 2024-08-17 | CDD Committee meeting**

- a. 13 people present at the ASO.

### **13- 2024-08-17 | Ottawa Territorial Forum**

- a. Alain and Isabelle present all weekend.
- b. Wonderful experience;
- c. Participation in workshops.

### **14- 2024-09-05 | Presentation district 05**

### **15- 2024-10-05 | CDD Committee meeting**

### **16- 2024-10-19 | Area election**

### **17- 2024-10-26 | Area Convention**

### **18- 2024-10-04 | Presentation district 26**

## **André V. Representative for Sorel**

- Meetings are going well;
- No coffee, but cookies are provided;

- 16 to 19 inmates present;
- AA to a great presence at the plant and a good relationship with management and agents;
- Need for involvement.

**Louis L.**

**Representative for Longueuil courthouse**

- It's going well;
- Additional volunteer member needed.

**Carl M.**

**Representative for Cowansville**

- Still limited to 1 meeting per month.

**End of report**

**Alain D.**

**Public information (Renald D.)**

### Report from the PI Committee to the Area Committee on November 9, 2024

#### 1- Round table at the Area Convention

On the theme of "*Looking to the future*", we gave the floor to members of five communities:

<ul style="list-style-type: none"> <li>• Haitian community</li> <li>• Lebanese community</li> <li>• Group AA (Agnostic)</li> </ul>	<ul style="list-style-type: none"> <li>• LGBTQ Group</li> <li>• Youth Group</li> </ul>
--	--

This "Round Table" was the most popular activity in the AA room:

- About a hundred people
- A tail behind the two microphones
- Prolongation (shortening the pause)

Those who attended the discussion felt that the IP Committee was looking to take the AA message to new audiences, in short, that we were trying to match our "boots to our chops...".

Finally, two press releases (French, English) announcing the Convention were issued in the week leading up to the event.

#### 2. More and more involvement

There's a growing interest in getting involved in spreading the AA message. To help the "*PI Representatives*" in the various districts, we are putting the finishing touches to a "**Practical Guide**". To be continued...

- District 02 (Montreal): 7 volunteers
- District 10 (Montreal): 4
- District 21(Granby) : 12
- District 24 (Saint-Hyacinthe) 5
- *Radio Un jour à la fois*" module: 12 volunteers (we're starting to be broadcast by the Iles de la Madeleine radio station)

Those involved in "milk runs" are finding that postcards and detachable no. posters are "going like hotcakes".

**I put some at the entrance, help yourself...**

- *Podcast Radio One Day at a Time*" module: 12 volunteers (we're starting to get airplay on lles de la Madeleine radio)

**3. Next meeting**

We meet on 1<sup>er</sup> Wednesday of the month, starting at 7:30pm. Next **HYBRIDE** meeting December 4, 2024

<https://zoom.us/j/94479436712?pwd=c2oyWkxyenVDcDNaRzhQV1U2eWxndz09>

**Meeting ID:** 944 7943 6712

**Secret code:** 1234

**Publications (Daniel C.)**

- It's not going very well. There's a lack of interest and motivation is a bit low. We have no servants for next year and no one for La vigne.

**Nicole A. (Helpline)**

-We had volunteers at our table at the convention and we made a presentation to the anglophone.

-We've had two training workshops to get more helpers.

-We will be holding a crisis management workshop in 2025.

-You are invited to our meetings.

**Group services (Kathleen R.)**



[servicesauxgroupes@aa87.](mailto:servicesauxgroupes@aa87)

<https://www.aa87.org/formulaires/demande-au-comite-de-services-aux->

**Group Services Committee**

November 9, 2024

**Area Committee Report**

---

**Greetings, dear members of the Area committee,**

Our committee is very busy and never lets up. I want to thank Zac, our inventory and guidelines module rep., for a tremendous job. He matches groups, districts and committees with supporting members as a facilitator and moderator when needed. Thank you for being part of our committee. Even if you work behind the scenes, you're appreciated for the work you do. Thank you for raising your hand to help our members. Without you, consistency in our communications would be chaos.

On October 12, there was a lot of activities, and I had to cancel the seminar scheduled for 2024, due to lack of participants. I found this ordinary, but the good thing is that members are present elsewhere in other activities, and you can't blame anyone for that. On the contrary, I congratulate those who get involved and take part in the various activities; it's encouraging for the next generation, there's plenty to choose from.

Our monthly meetings are held on the 2nd Thursday of the month, from 7:30pm to 9:00pm, in Zoom. The meeting is open and bilingual.

If you'd like to get involved in any of our activities, please let me know by sending an e-mail to [servicesauxgroupes@aa87.org](mailto:servicesauxgroupes@aa87.org).

We received our banner and business cards to join us.

We are also in the process of preparing the 2025 agenda for our business meeting on November 14.

I invite all GSRs and DCMs to send us requests for activities using the form on the forms page of the Area's website.

<https://www.aa87.org/formulaires/demande-au-comite-de-services-aux-groupes/>

*Thank you for serving in love and action, Kathleen R.  
Group Services Coordinator  
Group Services Coordinator  
Coordinador de servicios de grupo*

**14. Visitor's Remarks**

No one spoke.

**15. Closing**

Lucien J. (Chairperson) reminds us that the ASO will be closed for inventory and the holidays, from December 20 to January 3 inclusive. Thank you to our interpreters. Thanks to Isabelle and Éric. Thanks to staff for the photocopies. Thanks to Hélène and Guy for setting up the room. Thank you all for your participation. Thanks for the brunch. We'll meet again on December 14 at the Centre St-Zotique.

Pierre will send you a survey. Please fill it in. I read them all.  
It's amazing that there are still 37 of us.

Moved by : Sophie D. (DCM 87-14)

Seconded by : Carole M. (DCM 87-24)

**Total attendance: 55 (36 on site and 19 on Zoom)**

**The next Area committee committee will be on December 14, 2024.**

**Declaration of Unity**

**This we owe to AA's future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives and the lives of those to come.**

\_\_\_\_\_  
**Drafted by Pierre C., Area 87 Secretary**

\_\_\_\_\_  
**Lucien J., Chairperson Area 87**

<b>DATE : 9 novembre 2024</b>	<b>DATE : November 9th, 2024</b>	<b>38 membres votants – 38 voting members</b>		
<b>GROUPE</b>	<b>COMITE DE DIRECTION / STEERING COMMITTEE</b>	<b>O/N</b>	<b>ADJOINTS /</b>	<b>O/N</b>

ALTERNATES					
74	Président/Chairperson	Lucien J.	O	Gilles F.	N
74	Délégué/Delegate	André D.	O	Sylvie B.	O
73	Trésorier/Treasurer	François A.	O		
73	Secrétaire/Secretary	Pierre C.	O	Robert M.	O
COMITÉS / COMMITTEES		COORDONNATEURS / COORDINATORS			
N/A	BSR-Registraire/ASO-Registrar	Ginette W.	O		
74	Aide téléphonique	Lita S.	O		
73	Archives	Réjean B.	O		
73	C.M.P. / C.P.C.	Line L.	O	Francine R.	
73	Centres de détention/Detention centers	Alain D.	O	Isabelle F.	O
74	Centres de traitement/Treatment centers	Thomas G.	O	Johanne B.	O
74	Communications internes/Internal Communications	Jean C.	O		
74	Congrès régional/Area convention	Vacant			
73	Correctional Facilities	Amanda S.	N	Geoffrey P.	N
74	Helpline	Nicole A.	O	Jamie W.	N
74	Information publique/Public information	Renald D.	O	Guylaine L.	O
73	Publications (Comité-Committee)	Daniel C.	O		
74	Services aux groupes/ Group Services	Kathleen R.	O		
73	Technologies	Benoît L'.	O		
RDR / DCM					
73	87-01	Michel H.	O	François D.	N
74	87-02	Sophie S.	N	Suzanne B.	O
74	87-04	Daniel L.	O	Gaétan L.	N
73	87-05	Steven G.	N	Éric L.	O
74	87-06	Dave J.	O	Philippe J.	O
73	87-07	Tim V.	N		
74	87-08	Kevin H.	O		
74	87-10	Richard D.	O	Émile P.-B.	O
73	87-11	Louis B.	O		
73	87-13	Kayla W.	O	François D.	
74	87-14	Sophie D.	O		
73	87-15	Melissa S.	N	Marie-Claude G.	N
74	87-16	Martin R.	O	Alain P.	N
73	87-17	Pierre C.	O	Robert P.	
74	87-18	Nancy C.	O	Michael P.	N
73	87-19	Mary T.	O	William N.	N
74	87-20 VACANT / DARK				
73	87-21	Michel S.	O	Alain B.	O
74	87-22	Yves G.	O	Norman F.	N
74	87-24	Carole M.	O	Daniel D.	N
73	87-25	Jean-Pierre B.	O		
74	87-26	Marie-Élaine P.	O	Bianca D.	O
73	87-27	Romain L.	O	Francis V.	N
74	87-32/O.I.H. Liaison	Juan Carlos L. B.			
VISITEURS :					
Jacques G.		André V.			

RÉGION 87 - AREA 87  
ÉTATS DES RÉSULTATS - STATEMENT OF EARNINGS

MOIS / MONTH	Du 1 <sup>er</sup> au 30 septembre 2024	CUMUL	BUDGET	BUDGET
<u>Septembre / September</u>	From the 1 <sup>st</sup> to 30th of September, 2024	Période/Period	Période/Period	Total 2024
<b>REVENUS - INCOME</b>				
<u>Revenues - Income</u>				
34 348,77	Contributions - Groupes - Groups	294 142,82	285 000,00	380 000,00
0,00	Contributions - Réunions - Meetings	0,00	0,00	0,00
0,00	Contributions - Autres - Others	10 814,29	6 000,00	8 000,00
433,00	Contributions - Sous symboliques	4 373,30	3 625,00	7 500,00
3 038,34	Enveloppe MERCI - THANK YOU - GRACIAS	9 829,65	10 125,00	13 500,00
0,00	Intérêts - Interests	0,00	0,00	0,00
3 162,78	Surplus Ventes - Surplus Sales	41 517,48	22 500,00	30 000,00
<b>61 004,89</b>	<b>TOTAL REVENUS - TOTAL INCOME</b>	<b>360 879,54</b>	<b>329 250,00</b>	<b>439 000,00</b>
<b>61 004,89</b>	<b>TOTAL REVENUS - TOTAL INCOME</b>	<b>360 879,54</b>	<b>329 250,00</b>	<b>439 000,00</b>
<b>DÉPENSES - EXPENSES</b>				
<u>ADMINISTRATION BUREAU - OFFICE ADMINISTRATION</u>				
9 853,41	Charges salariales - Administrative Wages	74 352,37	90 000,00	120 000,00
3 744,86	Loyer - Rent	33 445,02	36 000,00	48 000,00
299,49	Électricité - Electricity	5 747,44	7 500,00	10 000,00
616,83	Réparation & Entretien - Locaux - Building Maintenance	8 342,39	9 000,00	12 000,00
1 638,70	Amélioration locative - Leasehold Improvement	1 638,70	9 000,00	12 000,00
193,78	Téléphone - Phone	1 768,49	1 875,00	2 500,00
729,48	Location d'équipement - Equipment Rental	6 565,35	7 500,00	10 000,00
896,92	Entretien d'équipement - Equipment Maintenance	1 972,27	4 500,00	6 000,00
740,60	Fourniture de bureau - Office supplies	8 830,38	5 625,00	7 500,00
237,69	Fourniture d'entretien - Maintenance Supplies	738,16	2 250,00	3 000,00
163,31	Technologie - Information - Information Technology	2 464,04	11 250,00	13 000,00
12,00	Frais de banque - Bank Fees	214,45	375,00	500,00
0,00	Frais Paypal/Stripe	162,00	375,00	500,00
1 340,91	Frais de vérification - Auditors Fees	11 977,28	12 000,00	16 000,00
<b>20 492,18</b>	<b>TOTAL BUREAU - TOTAL OFFICE</b>	<b>158 238,34</b>	<b>197 250,00</b>	<b>263 000,00</b>
<u>ADMINISTRATION RÉGION - AREA ADMINISTRATION</u>				
80,55	Frais de poste - Postage	2 302,79	3 000,00	4 000,00
2 301,85	Assurances & honoraires prof. - Insurance & Professional Fees	17 812,37	13 000,00	20 000,00
1 938,51	Dépenses des officiers - Officer's Expenses	9 472,58	7 500,00	10 000,00
251,61	Dépenses du délégué et adjoint - Delegate & Alt. Expenses	8 128,85	4 500,00	6 000,00
711,81	Réunions internes - Internal Meetings	1 213,86	1 500,00	2 000,00
925,83	Réunions externes - External Meetings	6 832,54	15 000,00	20 000,00
1 250,00	Contributions N.Y. Contributions	36 250,00	11 250,00	15 000,00
1 000,00	Contribution Conférence - Conference Contribution	9 000,00	9 000,00	12 000,00
1 072,65	Comité interrégional et forums - Inter Area Committee & Forums	12 632,48	7 500,00	10 000,00
0,00	Traduction - Translation	449,88	750,00	1 000,00
<b>9 532,81</b>	<b>TOTAL RÉGION - AREA TOTAL</b>	<b>104 117,35</b>	<b>75 000,00</b>	<b>100 000,00</b>
<u>COMITÉS - COMMITTEES</u>				
2 476,30	Information publique / Public Information	10 659,16	7 500,00	10 000,00
695,56	Archives	3 012,20	4 500,00	6 000,00
372,11	C.M.P. - C.P.C.	382,77	3 000,00	4 000,00
661,13	Centres de détention	9 811,94	5 625,00	7 500,00
170,58	Correctional Facilities	1 195,85	6 750,00	9 000,00
2 567,15	Centres de Traitement - Treatment Facilities	10 921,59	9 000,00	12 000,00
343,26	Services aux groupes - Group Services	2 476,47	3 750,00	5 000,00
2 491,85	Communications internes - Internal Communication	8 689,85	6 750,00	9 000,00
478,88	Aide téléphonique	5 117,99	5 250,00	7 000,00
729,64	Helpline	2 041,74	1 875,00	2 500,00
316,67	Les Publications	1 913,32	1 500,00	2 000,00
584,85	Technologies	594,29	1 500,00	2 000,00
<b>12 090,18</b>	<b>TOTAL COMITÉS - COMMITTEES TOTAL</b>	<b>57 019,17</b>	<b>57 000,00</b>	<b>76 000,00</b>
<b>42 115,17</b>	<b>TOTAL DÉPENSES - EXPENSES</b>	<b>319 374,86</b>	<b>329 250,00</b>	<b>439 000,00</b>
<b>18 889,72</b>	<b>RÉSULTATS - RESULTS</b> Surplus (Déficit)	<b>41 504,68</b>	<b>0,00</b>	<b>0,00</b>
À titre d'information - For information only				
0,00	Contributions Gratitude - Gratitude Contributions	5 761,35		
22 152,37	Ventes publication - Publication Sales	214 951,66		

# RÉGION 87 - AREA 87

## BILAN - BALANCE SHEET

Au 31 août 2024 - As of August 31<sup>st</sup>, 2024

### ACTIFS - ASSETS

#### Actif à court terme - Short Term Assets

Petite caisse - Petty cash	500,00 \$
Banque - Bank Account	252 874,68 \$
Comptes à recevoir - Accounts receivable	5 394,11 \$
Frais payés d'avance - Prepaid Fees	21 420,25 \$
TPS à recevoir - GST to receive	2 133,62 \$
TVQ à recevoir - PST to receive	2 117,68 \$
<b>Total actifs à court terme - Total Short Term Assets</b>	<b><u>284 440,34 \$</u></b>

#### Stocks - Inventory

Stocks - Inventory	94 468,90 \$
<b>Total actifs stock - Total Inventory Assets</b>	<b><u>94 468,90 \$</u></b>

#### Autres actifs - Other Assets

Certificats de dépôt - Term Deposits	45 643,19 \$
<b>Total éléments d'actifs - Total Other Assets</b>	<b><u>45 643,19 \$</u></b>

### TOTAL ACTIF - ASSETS

**424 552,43 \$**

### PASSIFS & SURPLUS - LIABILITIES & SURPLUS

#### Passif - Liabilities

Comptes à payer - Accounts Payable	192,02 \$
MasterCard à payer - Mastercard payable	2 719,42 \$
A-E à payer - E.I. Payable	465,12 \$
Impôt fédéral à payer - Federal Income Payable	808,33 \$
RQAP - RQAP Payable	174,10 \$
RRQ à payer - QPP Payable	1 706,74 \$
FSS à payer - HCF Payable	396,38 \$
Impôt provincial à payer - Provincial Income Payable	1 603,65 \$
CSST à payer - CSST Payable	119,50 \$
Frais courus - Accruals	16 196,21 \$
TPS à payer - GST Payable	3 632,26 \$
TVQ à payer - PST Payable	2 959,56 \$
<b>Total du Passif - Liabilities</b>	<b><u>30 973,29 \$</u></b>

#### Réserve - Reserve

Réserve Accumulée - Prudent Reserve (2023)	352 074,46 \$
Résultats - Results (2024)	41 504,68 \$
<b>Total de fond de réserve - Total Reserve</b>	<b><u>393 579,14 \$</u></b>

### TOTAL PASSIFS & SURPLUS - LIABILITIES & SURPLUS

**424 552,43 \$**