



Travailler ensemble, accroître la confiance
Working Together, Increasing Trust
Trabajar conjuntamente para aumentar la confianza

Area 87

Hybrid Area Committee meeting / Minutes
Held at Centre Récréatif St-Zotique and on Zoom December 14, 2024

1. Opening / Serenity Prayer

Serenity Prayer.

Lucien J. (Chairman) welcomes us.

2. Traditions

Six Traditions in French by Daniel D. (ADCM 87-24)

Six Traditions in English by Cass (GSR 87-19)

3. Roll call

There are 35 voting members. 24 represents 2/3.

4. Approval of the agenda

Accepted by: Romain L. (DCM 87-27)

Seconded by: Thomas G. (Treatment centers)

5. Approval of the minutes of the meeting of November 9, 2024

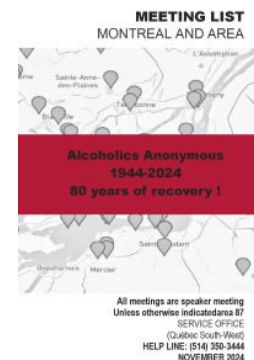
Correction to be made: In item 13, Johanne B. represents the Treatment Center Committee instead of the Internal Communications Committee.

Accepted by: François A. (Treasurer)

Seconded by: Alain D. (Centres de détention)

6. Chairperson's Report (Lucien J.)

- We ask you to identify yourself every time you speak, which is helpful for the secretary and the minutes of the meeting
- We've heard you, you've got 3 timed minutes to express yourself, if it's already been said, no need to come to the microphone to say you agree.
- If you have to speak on a subject during a discussion, go to the microphone even if someone is already there, i.e. get in line.
- Always address the chairperson of the meeting, you'll always be treated with respect, so do the same with us.
- Note for committees or DCMs using ASO facilities and services: The staff are not your secretaries. We ask you to send us your documents, edited, corrected and translated if necessary, and as far as possible, when you come to the ASO, kindly say hello to our staff and if you don't have a specific request, don't bother - our employees all have a good workload.
- Thanks to the interpreters.
- Thanks to the technical team from the Technology Committee.
- Thanks to Éric and Jean-Philippe.
- The ASO will be closed from December 19 at 6 pm to January 3 at 11 am.
- The new printed meeting list is on sale for \$2.00.
- Ginette also has forms for new servants.



7. Treasurer's report (François A.)

- Thanks to our employees for the printed meeting list. The database is up to date.
- The Christmas buffet is free for today. There are little boxes for your contributions as usual.
- Insurance covers regular activities in the Area. You must notify the insurer in advance of all other activities. Please set an amount in your budget. This may vary.
- Post offices reopen on Monday. We will be able to post orders.

He presents the financial reports for October and November 2024 (see attached).

Moved by : François A. (Treasurer)

Seconded by : Alain D. (Centres de détention)

Adopted unanimously

8. Presentation of Trusted Servant Handbook (Pierre C.)

- Thanks to interpreters Daniel and Denis.
- He presents the servant's guide. You'll find it in Sharepoint. Download the application or log on to Microsoft 365 and click on the nine little dots in the left-hand corner to access it. You need your address service email and password to access the [2025 Trusted servant handbook](#)

[Connect to SharePoint - Microsoft Support](#)

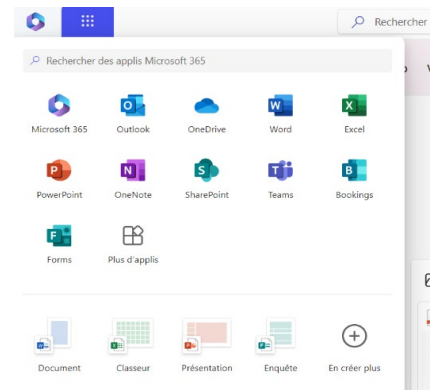
- You can also watch videos on aa87.org to find out more about Sharepoint

<https://youtu.be/j4LGJbNgiYg?si=PQIBvbVyxZh5zMtK>

<https://youtu.be/j4LGJbNgiYg?si=5dKidH9LgJhWZTC>

- You can watch the presentation again at

<https://www.dropbox.com/scl/fi/zcdss5s59m001l5s2pb92/2024-12-14-Pr-sentation-du-guide-du-serviteur.mp4?rlkey=l5t8m2qba3mc1xa0ii8xdio4y&st=yutgca5d&dl=0>



9. Area committee inventory

The following 3 area inventory questions:

1. Are we utilizing the resources of the ASO and the available technology to their fullest potential (video conferencing, service email box)? Explain.

- We could use Team instead of Zoom. Team is part of Microsoft 365 and would cost us nothing as an NPO. Maybe start with the steering committee before going any further.
- I think it's really important. At District 87-05, we're very involved online with the GSRs. What we do is create Outlook e-mail addresses for each group, so we can communicate easily with them. The Area's 365 tools aren't currently usable for them, but it would be interesting to think about this for the groups.
- I think they're well used in the Area. However, there are a lot of DCMs who don't use their service address. It cuts them off from a wealth of information, and the same goes for committees. Don't hesitate to ask for help if you're having trouble logging in or requesting your address, but it's well worth it. It simplifies and helps communication across the Area.
- The tools are there, but we're not using them optimally. These are great tools for Public Information, including One Day at a Time. Our secretary has done a colossal job of putting in order everything that had been developed in previous years, so that people involved in the districts don't have to rewrite from scratch the letter they want to send to the health network, the polyvalent schools, the clinic and so on. All these letters, all the

tools we've developed, are in our bank, so that the IP rep. in such and such a district can go to our bank, then draw one that's closest to his or her needs and draw inspiration from it. I'll end by saying that it's also a way of getting the message across. We're trying to work with the Technology Committee to use Facebook and Instagram to reach another clientele, so that the message reaches other members and penetrates further afield. The tools are there, but except that you really have to make an effort to get familiar with them, and then a big thank you when Pierre says: Communicate with us, etc. Etc. That's what we have to do, we have to overcome our powerlessness. I'm speaking from experience here.

- Using our service e-mail address also preserves our anonymity. We don't have to give our personal address. It's really important to use service addresses.

- I just had a suggestion: I know there's the DCM workshop, but it would also be interesting to have a workshop just on the technology of everything that's available, to spend an hour or two zooming with Benoît going through everything. What Pierre showed us was super useful. I can pass it on and everything I know to my alternate DCM. Just to cover everything at once in an hour or two would be super useful. Maybe the group services and technology committees could get together.

- The surveys sent out by the secretary provide us with plenty of ideas. Thank you for your help.

- I use service emails because we're with the Unite site. Virtually, unanswered calls at night, between 10 p.m. and 9 a.m., go directly to my service e-mail, so I can go and get contacts too for people who need help or want to do volunteer work like answering the phone, so I can receive them through my service e-mail box, which wasn't possible before we updated Unite site, and recently I heard that Aide téléphonique is going to do the same thing: have virtual telephone answering machines. What I see in the future, I think it would be relevant to have a short video for the services offered by each committee. Members would go to and be able to see them instead of the service committees being invited. It's important that they understand what we can offer in the Area. We talked about this a few years ago, but as you say: Lucien, there's still a lack of servants who are ready to take over.

- Once you've logged into your Sharepoint, there's a link available. It says how to use Sharepoint.

- I wanted to say that Area 87 is innovative. I think it's the only one with the greatest access to incredible communication tools. We have the workshop on the role of the GSR, then the DCM workshop. Then, from that, the seminars and what the committee does. All this was done in collaboration with Ginette in a week and a half, everything was done, and she had copies made. If you have any questions about communications. Don't be discouraged, I'm pretty much involved in that at Group Services, and I'm very happy to have the famous inventory form and the guidelines. It's so important. Please continue to develop communications between us. Thank you very much.

2. Do the service hours and the ASO staff meet our needs?

-A little thought: when I work at my office, if my friends came to see me, then they'd talk to me for an hour and a half, I'm not sure my boss would like that, in fact I'd probably get a warning, and if it continued, I'd probably lose my job. It was just a little thought we could all have together when we show up at the office. Just a hello.

-The staff at the area office is fantastic and each and everyone. They have their working hours and are paid fairly as it should be but I'm asking if they are doing work from home for free. There is so much work to do.

- I'd like to thank the people at the office, and Ginette often replies outside her working hours at home, which is really appreciated, because sometimes the questions are urgent. It's a quick response, and it's really appreciated, because it's outside her working hours, but she does it out of passion. I think it's really a fine job you all do, and it's important not to disturb them. Thank you all very much.

Break

11. Sharing an outgoing DCM (Romain L. DCM 87-27)

Hi everyone, my name is Romain L., and I'm the outgoing DCM for district 27.

First Lucien said there was going to be a surprise, then Rebecca came along and asked: are you Santa Claus?

In any case, there's a part of Santa Claus, but I don't have the belly to go with it.

District 27 represents the municipalities of Saint Lazare, Rigaud, Saint-Clet, Les Cèdres, Sainte-Marthe, Vaudreuil-Dorion, Pincourt, Île Perrault and Sainte-Anne-de Bellevue. I wrote a text that will appear in the Area newsletter Echo Echo Eco about the two-year term I fulfilled, and since I have no memory, what better way than for the author of an article to read it, so I'm going to read the article to you because I forget too. Sometimes I prepare myself mentally, but when it comes time to say what I want to say, I forget. It goes like this: Getting involved with District 27 introduced me to a new dimension of the A.A. fellowship, and I was very impressed, realizing how much good it was doing for my own recovery. The more I got involved, the more I got to like it. When I took on the position of Interim ADCM, I discovered another, larger facet where true enthusiasts were coming together for the well-being of our Area 87. We were during a health crisis, meetings were held in Zoom mode and on a regular basis, most of the time I attended meetings alone. So, I was already writing reports to keep our members up to date with the latest news from the Area. So, little by little, I got to know the members, and on the other side, they recognized me. On the day of the elections in our district, I ran for the position of DCM as a logical follow-up and was elected because the members had confidence in me. No one else had run. In my opinion, I wasn't quite ready for the job, and it's a bit due to a lack of self-confidence, but I went for it, and to help guide me, I asked a member who was an avid service lover and with whom I already had a very good relationship to be my service sponsor. Service sponsorship is super important. As the person in charge, I had to be rigorous, attending meetings and writing the two monthly reports. As far as Area and district committees are concerned. Communication is not my greatest strength. I put a lot of effort into it, and took the time needed to write these reports. By dint of practising my writing skills, I acquired a taste for it, and this led me to collaborate with the Internal Communications Committee. This DCM mandate taught me not to be in a hurry to make group decisions. I had to practice things like letting go, patience, tolerance, open-mindedness and so on. I remember the first few months, I was persevering. I used to fall asleep very late at night at district committee meetings, so full was I of adrenalin. So far, it's definitely the involvement I've loved the most. It's allowed me to grow personally by increasing my self-esteem and confidence, I've felt helpful and respected by members and my relationships at work have improved considerably. I've acquired skills that will serve me for the rest of my life. It makes me emotional. My dedication has been recognized, and I've been approached twice for a position on the steering Committee. The love is there, but unfortunately, I don't have the time. So, I didn't answer yes to one of the three questions Do you have the ability, the interest to serve and the time? Now, a rather persistent member has approached me, and I've accepted, you. I've accepted a term as secretary for the Service Sponsorship Working Group. I should be starting in January. Two years ago, it goes by fast, I faced some controversy. It makes us practice a lot. These people are our coaches. When things tickle, you have to go and find out why, and then above all do not react. Thank you.

[Écho Echo Eco Winter 2025 | AA Area 87](#)

12. FAQ DCM's role

Marie-Claude G. (ADCM 87-15) thanks Romain for his wisdom and inspiration.

Nicole A. (Helpline) thanks the Area for also giving the floor to an outgoing coordinator. That inspire confidence and passes on knowledge. I developed a love for their service. Then, I learned that there were big holes all over the structure. We're lucky to have a structure so rich and immense in our Area.

Éric L. (ADCM 87-05) It's really interesting to hear that you can write your testimonial in Écho Echo Eco. It's cool because it gives another facet of the DCM's work. For people in general who don't know the greatness of the movement, it's a great initiative, a great idea to have done this, I'd never thought of it. Indeed, it may give a taste to others. People often say: lack of involvement, lack of involvement, but with examples like that, then a nice testimonial like that, well, it can encourage someone to want to get involved, then that's what's needed, because I find that there's a lot of lack of involvement, then it's unfortunate, because it makes involvement grow so much. Thank you for this beautiful message. I'll take good note of this initiative. In four years, I'll do the same. It's also important to look after the committees in the district.

Alain D. (Centers de détention) has a question, let's say in my district I get elected as DCM, but you know, I arrive and then there, I haven't really been mentored, then there, my term starts, then I feel a bit

overwhelmed, you know then there, Romain, he talked about sponsoring services, but let's say I'd like to get some help, what do I do? Answer: There are business cards on the tables. You can write to the address indicated and ask for help.

Rénauld D. (PI) reports on a visit to District 87-27 last fall. He was impressed by the number of people and committees. People seemed involved and committed to what they do.

Sophie S. (DCM 87-02) Congratulations, bravo, bravo, I'm in my second year of office, and what I like about this position is the opportunity to support groups, to equip them to function better and encourage involvement by providing all the tools that the Area offers. That's enough to encourage involvement. People don't see it as an obstacle, but they're better able to deal with difficulties. Then, it's a kind of group sponsorship. It's a fascinating job, and I think it's great fun, I really, really think it's great fun if you've been able to make people want to do it today, because we often see GSR and DCM jobs as jobs we don't want to do, because they're too complicated. And even the work that GSRs do in groups is often put on the back burner, and I think that's a shame. It's important for people to know that we're not alone in recovery or in services.

Richard D. (DCM 87-10) mentions that all the experience we gain as GSRs prepares us to become DCM. It's a great way to socialize, to see how big AA is and how it's organized. The big challenge for me is all about the technological side of communication. You can't get discouraged. I'm starting to get better. Service sponsorship is inevitable.

Réjean B. (Archives) explains that reading Romain's reports is like being at the assembly. Ask him to send you a few if you want to learn how to make a report.

William N. (ADCM 87-19) thanks all those who are essential to the work of a DCM such as the ADCM, secretary and treasurer.

Gilles F. (Alternate Chairman) thinks it's important for committees to communicate with all area committees.

Line L. (CPC) would like the DCMs to meet once a month to exchange ideas.

Lunch

13. Area committee inventory (continued)

3. How is communication in our area? Please explain.

- The Area is a huge treasure chest. During the pandemic, we offered the week of gratitude two years in a row to members and the 12h of Christmas. We're so spoiled. As for what is available, I don't know if I can use everything. But when you think of the ASO rooms for hybrid or face-to-face committees, there's always something available. It's always warm when you come in. There's always coffee available without disturbing the staff too much. I've been in Service for a long time, and I've seen it change over the years, I've seen Ginette elected as a delegate become General Manager and Registrar, and then I wonder what I'll see in the future. So, a big thank you for what's available at the Area office. And I have two more camels to bring to the office this week.
- Thank you so much for the beautiful buffet. I'm going to go back. I didn't get up earlier for question number one on SharePoint. It was André who first referred me to the virtual binder, and it was only when I went to leaf through it that I realized that there was an enormous amount of information that was very useful and that I can also bring back to the group at the end of the day, in terms of forms and so on. Even for me, it's a great tool that I'm learning to discover that I haven't gone through everything yet, but that I'm walking through. Question: about the hours of service for the ASO, I just had to deal with an e-mail with Ginette. Then, as was mentioned a little earlier, Ginette often replies outside the hours of service. I didn't ask for it, but it's much appreciated. And in terms of communication, e-mail and the Area, I think it's very good. We receive documents in advance. Thanks also to Pierre for having all the documents here, with your reminder that I think it's good that I also want to send them down to the district. Thank you, Pierre.
- The question: How is communication in our Area? I think the question is not just for the Steering

committee, but for the whole Area. So, starting with the Steering committee, going through the Area committee, then up to the group. Since I've been attending the Area, I've realized that there's something that glitches between the Area and the groups, because often I'm at the meetings and then when I see the GSR going forward, what he's saying isn't what I heard two weeks before at the Area. There's something that's happened between the two. There's clearly a gap there. I'm probably not the only one hearing this. I'm just raising the point. Thanks

- I don't know if I'm thumbing my nose at what's just been denounced, but if the DCM is absent from the Area Committee and if there's no alternate or if his alternate is also absent, if the district isn't represented by someone designated, there's an automatic breakdown in communication. If at district committee level, for reasons of his own, the G.S.R. has almost nothing to say, even though he attended an entire day of an Area committee, there is a communication breakdown. If the GSR is absent, as is his alternate, there's a problem. If the group isn't represented on the district committee, there's a communication breakdown. If there's no G.S.R. in place, the group is absent from the district for all sorts of reasons, or even from the Area, because there are still five opportunities to come to the Area. Another communication breakdown, if, in addition, the group's conscience decides that the GSR talks too much, he should just go once a month. There's a communication breakdown. How can an organization like ours, structured like ours, guarantee that the message we have to convey reaches those who are still suffering if we don't communicate with each other? Criss...

- When I was a DCM, I quickly realized at the beginning that if I sent an e-mail to all the GSRs, there weren't too many people. Same thing at the second meeting, not too many people, then at that point came the Covid. After that, we resumed Zoom meetings. There really weren't many of us, because some members, some GSRs, were having problems with the technology. We talked about it, but as time went on, I realized that e-mailing G.S.R.s worked, and for those who didn't have e-mail, I would send them a letter. But I'd call them afterwards to remind them that I'd sent them, and then just chat to them. Often, it's nice to get a phone call from the DCM, just to have a word with them. What works particularly well is a phone call. Our product is words. When we communicate in writing, we also know from experience that not everyone has an easy time reading and writing, and all that means you always must bear that in mind when you want to get a message across. A phone call sometimes makes things a lot easier. One last point: the Area doesn't use Facebook. So, we must always try to remind our members that it's important to look at their e-mails.

- Two quick questions: First, if I'm absent and don't have an alternate, can I send a G.S.R.? The answer is yes. My second question is this: my home group is currently without a G.S.R., but the group conscience has voted an e-mail address for the group. Can I put it in the database to receive information? Answer: A group that doesn't have a G.S.R. or contact person is cut off from the structure, and at the G.S.O. it's automatically considered an unknown status. It doesn't really exist. They receive nothing on paper, and experience shows that e-mails are not often consulted. **We need an Area policy on group status.** For our liability insurance, we need a contact person if we have a question. Another difficulty is that some GSRs don't register. G.S.O. sends us a list of G.S.R.s whose term is coming to an end. We contact them. Please send us any changes or new registrations.

- When it comes to communication, my experience is that we always talk about communication in the present moment. We rarely talk about past communication. That's what the archives are for. Keep sending us your documents. They help us answer your questions. To know where we're going, we need to know where we've been.

- As a DCM, we can send or give the minutes of the Area meeting to the GSRs.

- The aa87.org site containing the Delegate's Corner is packed with information.

- The importance of alternate participation in meetings. It's not only in two years.

- It would be important to hold workshops for DCMs so that we can pass on our experience and knowledge to newcomers. We also need to maintain human contact by visiting our groups.

14. Twinning of districts with committees

You can watch the presentation again at <https://www.dropbox.com/scl/fi/ju5ydsbznhe680yx472u/2024-12-14-Le-jumelage-district-comit.mp4?rlkey=jekvtl0oliaowjick7qlaharr&st=tfkw2jdc&dl=0>

- Line L. (CPC) reminds us of the importance of taking into account committee guidelines. These can be adapted for twinning.
- Some DCMs are already twinned with committees. We remind you that **it's the districts that are twinned**. There's nothing to prevent someone else from the district from taking part in another committee's meetings.
- Following the DCM draw, you can consult the two documents attached to the minutes.

15. DCM Reports (3 minutes)

François D. (DCM 87-01)

- I am a new DCM as of January. Thank you.

Sophie S. (DCM 87-02)

- I don't want to get into that again, but I feel that as a DCM, I represent my district, and I don't see why I should pick another committee when I've already been on one for a year. So, there you have it. I'd like to talk briefly about our district, which is doing well. More and more people are getting involved in our public information subcommittee. And it's going great, we still haven't done our postmortem meeting for the annual service brunch, but it's coming up, and I think we've had good results and record attendance. Eric, from the Harbour Group, told us about his experience with online help for groups. He's thinking of creating a group ambassador position to stimulate participation and welcome new members. Isabelle from the Le Partage group tells us about the group's difficulties following the illness and death of their founding member (Fernand F.). The group conscience didn't dare replace him in his task and now that he's passed away, they're trying to catch up on the backlog of reports and other tasks Fernand took care of. I've retrieved all the group files Fernand kept on a USB key. I'll be handing these over to Isabelle in December. Lastly, I'd just like to address all the DCMs and take this opportunity to tell you that what Line said earlier about the meeting between the DCMs. I'm going to send an e-mail to everyone, we're going to do it. We're going to publish an announcement for an initial meeting to see how we can work together and help each other between districts, share information, make sure there aren't too many overcrowded events, but rather stick together, and then work together to offer something to the suffering alcoholic. Watch your e-mail.

Daniel L. (RFe representative for 87-04)

- He would like the document AA et l'Être suprême to be available again. <https://www.dropbox.com/scl/fi/idoosn887b1i9vtuukfmj/NAP-1970-A.A.-et-l-Etre-Supreme.pdf?rlkey=npj2obs1uehiom49vkvjns38&st=n1ee2yiy&dl=0>

Steven G. (DCM 87-05)

- I'm glad we're talking about communication today. The service addresses are something we're working very hard on to keep the information flowing from the groups to the ASO. We're lucky in the 87-05 Area. We've got a pretty dynamic gang.

Philippe J. (ADCM 87-06)

- Terms of some GSR's are over with new faces of new GSR's are being seen. So, rotation in GSR's is happening which will bring new ideas, discussions and freshness in the groups as well as at district. We would like to thank all outgoing GSR's for their great service and devotion to AA and welcome all the new incoming ones in this wonderful journey of service.

- Our temporary secretary Francois is finishing his term this December and will be replaced by Cass, voted in as our new secretary in November. She is starting in January. We are very pleased that the secretary position has been filled. The district committee positions are therefore all filled.
- A motion was made by a GSR that it be brought to the groups, a desire from members interested in an Intergroup office again, to see if other members would be interested.
- A motion was deposit as new business in November asking if district would pay for the alternate DCM expenses to go to CERAASA in February 2025. A vote will be held at next district meeting.
- A question was brought up about district guidelines and when was our last inventory done. The subject will be looked upon in the beginning of the new year.
- District all in all is very healthy.

Kevin H. (ADCM 87-08)

- A group closed in Morin-Heights. A group opened in Prévost. The problem was that no one spoke French. It was registered in Area 90, but we wanted to transfer the group to Area 87. Currently, it is listed in Area 87 on Meeting Guide.
- Another group had a group owner who didn't treat the other members well. We had a business meeting and got a GSR and an alternate. They were at our meeting last night except that the GSR is not a member of the group. It's going to take some time to sort this out.

Richard D. (DCM 87-10)

District 10 is healthy, both spiritually and physically, and several facts bear witness to this. Firstly, attendance at district meetings (around twenty, on average), with all groups represented. At our last meeting (December 10), there were 24 participants. Also, most of the GSR positions at the end of their term will be filled, and for those who continue to serve, they do so with an alternate. A number of meetings in the district are showing an upward trend or are stabilizing. The same applies to participation in business meetings. And finally, a nice gesture, an exchange of dates, places and times between all the groups concerning holiday activities for the alcoholic in need.

Kayla W. (DCM 87-13)

- For District 13, we have a DCM who will take over from me in January. He's super motivated and has known AA for a long time. This week, we started reading the Service Manual together. We had a workshop in November, and there was a need for more GSRs. There's a clear communication with the group sponsors who even present themselves to the district, but they're short of GSRs. So, we organized a workshop. Kathleen came with Pierre to do it, and now we already have three new GSRs. Out of 13 groups, it had an impact on the group sponsors who were present at the workshop. They take the information back to their groups. I call people. E-mail doesn't work. I loved all the time I spent with you.

Sophie D. (DCM 87-14)

-I did a little mid-term review. So, I find it interesting to look back every year, I have this habit for my personal life, so I said to myself: I'm going to do it for my mandate, I was happy, I did it with the GSRs. Basically, I presented it at my last meeting. So, we still had three more GSRs in the year than when I started, and I didn't know where I was. I was trying to differentiate between the meetings here and the assemblies there. After a year, I realize that I was still able to see how things worked and the importance of having GSRs. The others were happy too. I found an ADCM, Laurence C. We followed exactly the procedure we do when we're here: the person leaves the room. We found it interesting; we found it structured, it's a way of bringing them what the structure was. We talked about the Sorel Tracy convention. The problem was that the guidelines hadn't been redone since 2004. This has caused problems for the coordinator. Ginette is coming on January 12 as the moderator. As for the

DCM meeting, I've spoken with Sophie and we could hold it here after the Area. We're all here already.

Marie-Claude G. (ADCM 87-15)

- At the last meeting, Mélissa gave a post-mortem of her two years as a DCM and asked the outgoing GSRs to do the same, so that they could talk about their experiences and what they'd learned over the two years, what it had given them too to serve for two years as a GSR, so it was still very interesting. I also talked a bit about how I saw my position as DCM starting in January, my apprehensions, my fears a little, but also my aspirations for the next two years. How it's going to help me grow spiritually as a person. That's what we did at the last meeting. Thank you for your time.

Martin R. (DCM 87-16)

In the end, there will be no merger between Samedi soir Saint-Bruno and the Phare de la rive-sud. There was a new group consciousness that invested in Samedi soir Saint-Bruno, and they refused to merge. At the last meeting, we had a discussion on the benefits of involvement, and I encouraged the GSRs to testify to the benefits of their involvement in services. I'm going to initiate a discussion in the district on the issue of violence, because in our district, this is the second violent event we've had. So, I'm going to start thinking about how to ensure anonymity and at the same time safety in the groups. Because this seems to be a growing problem. We're dealing with people who are mentally ill and intoxicated at the same time, and sometimes it's a bad mix. Anyway, it was a very unfortunate event. So, I'll start that discussion next time. Thank you for your time.

Nancy C. (DCM 87-18)

We talked about twinning with the GSRs, and we want to continue with the Correction Facilities committee. I'm also involved in the Area convention on the English side.

William N. (ADCM 87-19)

Unfortunately, we don't yet have a DCM or alternate DCM. We have a treasurer and a secretary. Probably the delegate will take the DCM's place for the time being. We're already involved with Catch the Spirit in 2025 to continue promoting the service within bilingual committees. We did not discuss twinning in December. About half the GSRs come to meetings. Mary will continue to be involved with Area convention.

Alain B. (ADCM 87-21)

Things are going great at District 21. Our inventory and guidelines are in place. We're up to date with good attendance at all our district meetings. Concerns about anonymity on the Facebook page. One of my first mandates will be to find animators who will be able to inform us about what Facebook is for the Area. Thank you all very much.

Yves G. (DCM 87-22)

There are 11 groups and four committees. There were 20 people present, 15 voters. All groups are open at Christmas, we don't have any closed groups. I think it's important to make this clear. The lists are up to date, and there are going to be a lot of people. We have a public information committee. Christian takes care of that. We used to have an ad in the Montreal paper. If you want to drink, that's your business. If you don't want to drink... It's going to appear in Le Soleil, a local paper, and there's going to be a QR code that people can scan and then get information for AA. The archives are going to ask a fee for a scanner. Two people have left the district because of the lack of communication. One of them does not have sufficient technological knowledge. All positions are filled, but apart from that, the atmosphere is good. I think it's great fun. New secretary, new treasurer, the whole kit and caboodle's going great, but this made my heart ache. Thanks a lot,

Carole M. (DCM 87-24)

It's going wonderfully well, there are 20 of us. There are always about 16 or 17 because there are three groups that don't have a GSR. They still receive the documentation. We ask them to try and find new people. Last month, Alain came to talk to us about detention centers. Everyone really enjoyed it. Next week, our meeting will be our Christmas party. And then in January, we'll be receiving Publications. It's going well.

Bianca D. (ADCM 87-26)

Things are going very well. The GSRs are very committed to their work, they give good reports at meetings. And they have great windows to do it in. A new secretary takes up his post in January. The outgoing secretary will replace the retiring treasurer. One GSR is going to ASTECAA. It's been approved by her group conscience, and I'm sure I'll be going with her too.

Romain L. (DCM 87-27)

December 14, 2024 Area Committee

It's already the end, it's my last DCM meeting, I've done my best until the end and I'm going to miss you all!

In general, our 15 groups are doing well, apart from a bit of controversy recently concerning a Christmas basket, the group made a mistake and understood.

At our District meetings, there are regularly between 20 and 25 of us. On a few occasions during my 2 years in office, visiting members who were previously involved in the District, tell us at the end of the meeting when the floor is open to guests; "That the atmosphere is respectful and calm and that it's a lot less rock n roll than it used to be".

I'm leaving behind a well-functioning steering committee, and I've been lucky enough to have a loyal and responsible alternate for half my term, who will be responsible for finding his own alternate. We had high hopes of approaching a very committed outgoing GSR to become the next Alternate. Unfortunately, cancer took her life last month. We continue to believe and trust... Francis will be well surrounded to accomplish his future task as DCM, and I wish him all the best. He knows I'll be behind him if he needs me.

Our 12/12 committee is continuing to organize the 12 hours of Christmas and New Year. If you're alone, come and join us. There'll be sharing, a meal, countdown and dancing to round things off.

Written by Romain L.

DCM 87-27, the 2024-12-13

16. Delegate and Alternate Delegate Remarks (André D. and Sylvie B.)

Greetings my friends, my name is André D. and I'm an alcoholic. It is my honour and privilege to serve as your Area 87 delegate.

Before I begin my report, I wish to thank all the members of the Area Committee for your hard work and unwavering support of our groups, districts and committees, whose mission it is to carry the Alcoholics Anonymous message to the those who need it the most, wherever they may be.

1) A brief reminder about CERAASA 2025. To register, go to the CERAASA website at CERAASA.ORG and get all the information. The site is available in three languages. For those who wish, you can also contact me directly. You will find my contact information at the end of this document. If you intend to travel on the chartered bus, please also contact me directly. I will provide you with all the necessary information. Due to the postal strike, we have put in place a procedure for participant registration and the payment of fees. The estimated costs have been added to this document.

2) Following my first experience at the General Service Conference of Alcoholics Anonymous last April 14 to 20, 2024 in Brooklyn, I must admit I came away a little shaken. There's a world of difference between what one thinks he will find there and what you actually do find there, a reality that's much closer to home than we might imagine.

The General Services Conference operates throughout the year. Usually meeting in April, the Assembly is the culmination of the year's activities, the moment when the collective conscience of A.A. in the U.S. and Canada comes together to adopt measures that will guide the life of our groups and members for years to come.

The Conference has its own way of functioning. Our Area has often drawn inspiration from it to reflect a balance that is consistent with its operating principles.

One such principle is the representation of the Conference; two-thirds of the members are the 93 delegates elected by their Areas. The remaining third is made up of 21 General Service Board Directors, 6 Non trustee Directors from AAWS and Grapevine, and 15 General Service Office staff members (AAWS, Grapevine and La Viña).

In Area 87, we find similar representation between "appointed" and "elected" members. Until recently, one-third of our trusted servants were "appointed" to conduct the business of our committees; and two-thirds of our servants were 25 "elected" as District Committee Members to the Area (DCM).

These "appointed" and "elected" members, in addition to the 8 "elected" members of the Steering Committee, form the Area Committee, our Area 87's deliberating assembly. Practically, we have 33 "elected" and 13 "appointed" members, for a total of 46 Area Committee members with the right to vote during our deliberations.

We presently have 13 committees and 24 districts. There are also discussions about dissolving two districts for lack of servant involvement, which would reduce the number to 22.

Would the balance of 1/3 "appointed" and 2/3 "elected" be disrupted? Since there are currently 7 "elected" members on the Steering Committee, the total would become 29 "elected" and 13 "appointed", for a grand total of 42 members of the Area Committee, with 30% "appointed" and 70% "elected".

Should we maintain these two districts and wait for Nature to fill the void? Or do we dissolve these two districts? Or revive interest in service in these two districts? Who will take the initiative?

Lots of questions arise, as you can see. Recently, we also discussed the possibility of allowing groups in the area, through their G.S.R.s, to participate in our area's decision-making process; active, direct participation.

The coming year will probably be an opportunity to explore new avenues and, in many cases, take new initiatives.

There are many groups, districts and committees currently suffering from a lack of participation. Apathy and indifference are threats to AA.

The A.A. group is at the heart of the whole A.A. service structure, and the G.S.R. is the voice of the group before the entire Fellowship. What is the current situation in our area? Perhaps the challenge before us is to find a way to make the voice of our groups heard in all our deliberations and decisions. This may well be the key to our collective future.

Thank you for your efforts, your encouragement, and your service.

Long live Alcoholics Anonymous!

Love & Service.

André D.
Delegate R87/P74
Alcoholics Anonymous
(514) 271-5851
delegate@aa87.org

CERAASA 2025 - Cost Estimate

Fixed Costs

A- Taxed accommodation, 2 nights	0377.00*
B- CERAASA Registration	0045.00**
C- Saturday Lunch Box	0035.00
D- Dinner organized by CERAASA	0055.00
E- Ice Cream Social	0015.00
Total :	0527.00

Meal Allocations

According to the guidelines of the Area Committee

Lunches Saturday and Sunday (2 X \$20)	0040.00
Lunches Saturday and Sunday (2 X \$30)	0060.00
Friday dinner (1 X \$40)	0040.00
Total meal allowances - per person	0140.00

Note : Committee coordinators' expenses are assumed by their committees; DCM expenses are assumed by the districts; G.S.R. expenses are assumed by their groups; Steering Committee members' expenses are assumed by Area 87.

* For those who wish, you can reserve your room at the Delta Hotel in Dartmouth right now. Go to CERASAA.ORG, choose the language (English, French, Spanish) and you'll easily find the link to make your room reservation at the Delta Hotel in Dartmouth.

** The CERAASA registration form can be found at aa87.org/CERASAA.

Chartered Bus - safety deposit **0200.00**

Security deposit refunded once on board the bus. The \$200 is non-refundable before departure on February 20, 2025 to avoid empty seats. If you have reserved your seat and would like a refund, for whatever reason, you must sell your reserved seat to another member, give your seat to another member, or make a contribution to Seventh Tradition. You must then inform the member in charge for seat reservations : André (514) 271-5851 delegate@aa87.org.

Each member of Area 87 who wishes to travel to Dartmouth by his or her own means will also be paid the same amount as the cost for a seat on the bus, i.e. \$350. This amount is allocated to you to cover your transportation expenses to Dartmouth.

If a surplus remains after paying your transportation expenses, we encourage you to make a contribution to the Area with the surplus. The purpose of free transportation is to encourage participation in this service event.

A word from the Alternate Delegate (Sylvie B.)

- I'd like to extend a special welcome to all our new DCMs. The alternate delegate is in charge of the districts, so we'll have to work closely together. Thank you to those who are leaving.

- You will receive La vigne in early January. La vigne will be launching a new book in the spring called Un cœur rempli de gratitude at a cost of \$15. It features testimonials from members in the 4 Areas of Quebec, chosen from 993 texts. The official launch will be at the provincial gathering.

- 🎉 **You're invited to an exceptional day!**

[Passer La Vigne en revue – 16 Février 2025 - La Vigne AA](#)

17. Sharing an outgoing coordinator (Amanda S. Correctional Facilities)

Thank you, Lucien, for asking me, I appreciate it. So, when we get in the AA program, we hear about the importance of service. For most of us, it's more about making coffee or chairing meetings, and these members are really essential to the functioning of AA groups. But when I got involved in service at the area level. I realized how much work goes on behind the scenes to make AA work. Sometimes in area services, we're so focused on the administrative aspects that it often happens that we can't see the impact we're having on the alcoholic who's still suffering. For me, being a coordinator has helped me become aware of my value, my strengths and my weaknesses, and has taught me that at the end of the day, whatever the length of sobriety or the position of a service, we are all alcoholics. I'm privileged to have been accepted as co-chair of the Bridging the Gap conference for the next two years, and I know, I can say without a doubt, that if I hadn't taken the position as area coordinator, I wouldn't have the tools in my bag to do the job. Upon getting into A.A., I found a sense of community, and that feeling has been amplified in committees and area services. Before I close, I'd like to share something with you, and it's something that reminds me that we still have an impact on the alcoholic who still suffers. I have a form with me filled out by an incarcerated member for our Bridging the gap program on which he left a heartbreaking message. Then I'll just show it to you, I've blocked out all the essential information. It's in English, but I'll translate it. It says: Please call me, I'm all alone. It makes my heart ache, because these are people who want to change their lives. And that's what we're here for. So, for me to be coordinator, it was a privilege, it was difficult. It was fun, but I think anyone can do it if they want to. So, break a leg and work towards that goal. Thank you very much.

18. New coordinators confirmed – Committees' news

The Steering Committee asks the Area Committee to ratify Raymond D. as the new coordinator of the Area Convention Committee.

The Area Committee unanimously ratified the above appointment.

Aide Téléphonique (Lita S.)



Report of the Aide Téléphonique Committee December 14, 2024

Our committee is doing well.

We're still waiting for the Google Calendar system to be implemented, which will enable us to have remote respondents. The project is in the hands of the Area.

Thanks to the initiative of one of our respondents, we've introduced an "Entre nous" section. Since respondents often work alone, they don't have much opportunity to debrief some of the more difficult calls.

With this addition, we'll be able to devote 15 to 20 minutes at our meeting to sharing the content of difficult calls.

It's all going to take place in complete anonymity. We'll start with the January 2025 meeting. We'll see how to fine-tune the formula as we go along.

YOU WANT TO GET INVOLVED AS VOLUNTEERS OR COMPANIONS:

1. Come in for telephone volunteers on one shift per week or one shift every other weekend or be on standby.
2. Register as a companion at your convenience

Contact us at 514 376-9230 or by e-mail: aidetelephonique@aa87.org

The wonderful team



Thank you,
Lita S., Coordinator

Archives (Réjean B.)

- 1) This is my last report as outgoing coordinator.
- 2) I will remain on the Archives Committee as a contributor to digitization and data collection documents in the districts, groups and committees. Otherwise, there's plenty in the **ASO** archives.
- 3) I invite DCMs at the end of their term of office to join our committee, as well as DCMs currently in place to join us as strongly suggested.
- 4) Our committee meetings are all zoomed in. The next one is on December 19, 2024 at 19:00.
Here are the contact details: Just click on this link or enter the ID and secret code.
<https://zoom.us/j/94479436712pwd=c2oyWkxyenVDcDNaRzhQV1U2eWxndz09>
Meeting ID: 944 7943 6712 Secret code: 1234
- 5) The information in my report of November 9, 2024: Good news! Our committee will not be orphaned in 2025. We have ratified Pierre C. as our 2025-2026 coordinator. Pierre was our committee coordinator in 2017-2018. Claude J., RAD of 87-15 (responsible for archives in the district), decided to take the plunge and accept the challenge of becoming our committee's alternate coordinator. Claude has extensive experience District 15 archives. He will be confirmed at the December 19 meeting.
- 6) **Important information** on how to make it easier for us to archive your documents or hand them over to us for archiving in the DROPOX of the Area archives.
 - a) Always write the date and year of the document as follows: year - month - day. For example: 2024-12-14 Archives Committee Coordinator's Report. Entering the year, month and day in this way makes it much easier to find a document among the tens of thousands in the DROPBOX.
Please sign your work, otherwise it will be an archived treasure, but by whom, when, where, for which event, in which context, from which district and which group? What seems obvious to you today will soon be a mystery. Don't be afraid to write down the full names. These documents remain confidential and in safe hands. Trust that your anonymity will be respected.
 - b) We implore you not to use pins or sticky paper to fasten documents together. Unfastening and unfastening sticky paper, while taking care not to damage it too much, can often turn out to be a bit of a nightmare. We suggest using paper clips or similar devices.
- 7) I find it deplorable that few DCMs inform the groups in their districts about what the committees have done or will do in our Area. The technique is simple, at least when it comes to written reports. A simple copy and paste, followed by photocopies or e-mails. It only takes a few minutes, the information circulates, and the

groups are more enlightened

8) The NAAAW (*National AA archives workshop*) 2025 will be present at the international convention in Vancouver from July 3 to 6, 2025. National AA archives workshop = NAAAW. I'm copying part of the message I received from Jo-Anne L. on December 7. The NAAAW workshop has decided not to hold a workshop in 2025, but instead to hold a room in Vancouver at the Fairmont Vancouver on Georgia Street. Our Welcome Room is the Vancouver Island Room. Please stop by and see us. We will be posting more information on this website, so please check back for updates. (Here's the website link: <https://www.naaaw.org/>) We'll be looking for volunteers to help out. We'll also have lots of information about where the NAAAW workshop will be held in 2026. We'll be making this announcement very soon.

The festive season is upon us... peace...

Jo-Anne L / Chair of the NAAAW Board of Directors.

- Our annual archive brunch will be held on April 13, 2025, from 10:00 to 13:00, at the ASO, in hybrid format.

- I'll always be available to lend a hand with the archives.

My telephone number: 450-601-5049

Whatsapp: 450-601-5049 (if I'm outside Canada and the United States)

e-mail: rejeanbeauchamp@yahoo.ca

"Let's archive if we don't want to lose sight of where we've come from, where we are and where we're going".

Réjean B. / outgoing coordinator of the Area 87 Archives Committee.

Centres de détention (Alain D.)

Hello everyone! My name is Alain, I'm an alcoholic, and I have the responsibility of serving you as coordinator of the Centres de détention Center Committee. This is my big face that you see every month, but now I'm finishing my term, this is my last time with you all, and I really want to take the time to say thank you to the members who are involved in the committee, who do a colossal job every week to get the message across to the alcoholics who still suffer in prisons. Without them, there would be no committee. I really wanted to take the time to say thank you to them, and also thank you for your welcome when I arrived two years ago.

Treatment centers (Johanne B.)

Hello, my first name is Johanne, Alternate Coordinator, Treatment Centres. I didn't think I'd be doing the report again today, but I just want to tell you about the invitation. We'd left some flyers, it's Thursday December 19th at 7pm. In fact, we want to expand the family of the Treatment Center Committee. We need leaders for meetings. Like someone who came in earlier to give us his name for the Salvation Army. Thank you very much. So, that's the shelters, the therapy houses, the hospitals, Douglas, psychiatry. We need the people in charge of all that. On the evening's agenda, we're going to talk a little about the committee's history. The committee's mission is to bridge the gap between people who are released from treatment centers and need to be accompanied to meetings. It's like a temporary sponsorship. Then questions and answers. It's going to be very relaxed. Those who are already in charge of treatment centers will talk a little about their experience too, and then it's all going to be in a festive atmosphere with a snack prepared by Thomas. So, it should be very good, if only for the food. Tell your groups, your committees and your districts. And thank you very much. Welcome to the new DCM joining our team.

CPC (Line L.)

Hello again, my name is Line. I'm going to thank you too, like Alain. And I also want to share about my experience, I was like a thrown in. I didn't want to. I wanted to do as suggested, i.e., the two-year alternate before, but depending on the circumstances, some people believed in me more than I believed in myself, and now, well, I'm finishing the two-year term. We don't have a coordinator or an alternate, but

it's a very important committee, so speak up. We'll put out a call for candidates. I know that François is very busy. He's offered. So, I'm going to take this our committee, which would also like to take steps to find someone. We've got a great team for this. These two positions are vacant, but for the rest, the positions are filled because the committee's structure involves several people in charge. Linda is also retiring; she is stepping down to go to the Area. So, we're losing some good people, but I know there are plenty of others too. Don't hesitate, it's Wednesday, we've got a meeting. It's a zoom or face-to-face meeting. So, talk to your doctors, your psychologists or bring us your contacts. But especially on the English side, we need people who are bilingual. Things are happening in Dawson. We'd really appreciate it if it could continue. Thanks again to everyone.

Internal communications (Jean C.)

Report of the ICC meeting of December 10, 2024

We've finalized the Winter 2024 Echo Newsletter.

Because of the postal strike. It will be on the website unless there is a settlement at Canada Post.

If all goes well, a mailing to the ASO is scheduled for December 23.

The committee is open to working on the presentation of the Echo newsletter, and graphic designer André, along with André L. editor-in-chief and Jean C. coordinator, will meet on December 20 to work on a draft presentation for the next Echo in 2025.

The majority of committees have responded to my request to correct texts published in past editions. I will meet with Ginette to finalize before the holiday break or early in 2025.

We work to keep the newsletter lively and informative, with short, to-the-point texts.

Looking at the guidelines, I realize that the election of the Coordinator and Editor-in-Chief must alternate. As the Coordinator finishes his term at the end of 2025. The editor should finish now. We'll see what happens in the coming months.

I also need to meet Benoit or the new TC coordinator for a project, to see the possibility of realization.

We had two visitors this evening in Chantal D. and Catsy.

Present: André L. André M. Louise P, Jean C.

Correctional Facilities (Amanda S.)

Thank you for all the guidance and support given to me very graciously over the last 2 years. Bridging the gap is picking-up, we have a lot more people. We are calling them now involuntary resident submitting their information. We have one successful bridge so far and we have another individual released on Monday. We need people. Are people scared of prison? There's nothing to be scared of. It is the most fulfilling avenue of service I have ever explored. Please try it at least once.

Nicole A. (Helpline)



Coordinator's report :

Jamie W. elected alternate was the speaker at the 2024 Area 87 Convention and is serving a second mandate as

Thursday's DLP Simon rotated out. I hope to have another panel next year with a speaker from another province who is involved in Helpline work.

Bert is secretary for the committee and is continuing a second mandate also as DLP for Saturdays.

I am coordinator as well as DLP for Fridays and would like to find a replacement. Three of the committee members are doubling up on their responsibilities, we are looking to replace 3 DLPs in January which is an odd year, next year is an even year and we would like to see a turnover of 4 DLPs.

We will keep the \$2,500 annual budget for the Helpline.

The rubber bracelets are available at the ASO with the words: There is a Solution and One Day at a Time. We hope they are as popular as the French side. I have already had a request for another color.

The IT guy Gary would like to find a replacement as he has been around since the beginning. Deanna DLP for Wednesday was present at the Helpline Committee meeting on November 11 and wanted to know the pertinent credentials for the task which is one year sobriety and basic knowledge of computer programming, the job will consist mostly of updates. The IT person has a vote in the committee as per the guidelines.

A caller who has mental health issues had been abusive to a few phone workers, so was blocked from the Helpline services. The member was left a message about her behavior being inappropriate such as yelling, insulting, hanging up... Many of our phone workers have only one year sobriety, so action needed to take place. She since has a new phone number, and I have not received any complaints, she has been an ongoing caller for 8 years and finds comfort in calling different members at various shifts of the day. We wish this member well.

Nicole A.
Helpline Committee Coordinator Area 87

Helpline@aa87.org

Public information (Guylaine L.)

PI Committee report to the Area Committee on December 14, 2024

1- Revision of guidelines

- Inventory on November 23
- Guidelines revision on November 30

Main innovation. We have decided to extend the duration of our meetings by 30 minutes, allowing us to introduce a new agenda item: "**The suggestion box**". A free forum where people can submit suggestions, thoughts, brainstorming...

A BIG THANK YOU to the two moderators assigned to us by the Group Services Committee to complete this exercise.

2- Practical guide for "District PI Representative"

This new tool is now available. It was developed by our alternate coordinator (Guylaine L.) following consultations with DIPRs from Districts 2 and 10 in Montreal, 21 in Granby and 24 in St-Hyacinthe.

As a result, people who were hesitant about getting involved with a District PI no longer have to suffer the anxiety of wondering "*What's expected of me?*" So, when someone decides to get involved, we

simply recommend that they contact Guylaine (informationpublique-adj@aa87.org), who will verbally explain the contents of our new "Guide".

3- Invitation to end-of-term DCMs

Last Monday, I sent out an e-mail to all DCMs at the end of their term of office, inviting them to join the PI, whether at the level of their Home Group, District or Area PI Committee. In short, people are invited to get involved wherever they feel comfortable...

4- Postcards and posters with detachable numbers

Two very good sellers. This is our third print run since last spring. Those involved in the "milk runs" are finding that the postcards and detachable no. posters are "going like hotcakes". **I've put some at the entrance, help yourself...**

5- Meetings

- Digital working group (November 12)
- Committee coordinators' meeting (November 23)
- District 25 meeting (December 10)

6- Next meeting

We meet on the ^{1st} Wednesday of the month, starting at 7:00 pm. Next meeting
HYBRID January 8, 2025

<https://zoom.us/j/94479436712?pwd=c2oyWkxyenVDcDNaRzhQV1U2eWxndz09>

Meeting ID: 944 7943 6712

Secret code: 1234

Publications (Daniel C.)

I'm coming to the end of my term. Honestly, I've learned a lot about myself. I've experienced disappointment in certain areas, but I'm not giving up. I was talking about it during my meeting last Thursday, but I'm not here to present my negative points, I'm here to present my positive ones: I've grown, I've learned even more about myself through this mandate, and the craziest thing about it is that I still feel grown up having succeeded in completing a mandate. Before AA, the only thing I was able to finish was a case of 24. The rest, I never finished. Today, I'm able to be responsible and finish things that are logical and useful. Thank you very much for that.

Group services (Kathleen R.)

I'm such a hipper right now, I've had so much coffee, and now, at this hour, I'm just making people laugh. It makes everything funny. Okay, so I'm happy to announce that our Group Services Committee has a very full calendar with lots of choices. All activities will be in the 2025 calendar on the Area's website. So, book your activities by calling 514-374-3688 ext.3. You can also contact me at servicesauxgroupes@aa87.org . But what's the point of workshops, special projects, seminars, what are they useful for? By its very nature, this is a living, changing document, workshop or seminar. It will always be a work in progress, since it's a reflection of how a disorganized association organizes itself around the ever-evolving methods and tools that enable us to accomplish the vital work of Step 12. Don't worry, I didn't do it, Bill did. It's in the AA Service Manual, page 2. So, our monthly meetings are now back on the second Wednesday of the month from 7:30 to 9:30 p.m. in zoom, and the meeting is open and bilingual for those who'd like to get involved in the various activities or tasks on the committee, just let me know by sending me an e-mail. 5 workshops in French, 5 workshops in English, 6 welcomes for newcomers and 5 seminars (3 in French and 2 in English) are also planned.

*** Gilles F. (Alternate Chairman) informs that in 2025 there will be an easy-to-find online calendar with all activities except those of the groups. Also, please send your agendas to everyone.

18. Visitors' remarks

- Gino enjoyed the meeting.
- Lise S. (GSR 87-22) thanks everyone. I've hardly missed one during the year, so I'm very happy to be here again. And I'm outgoing. I've seen my term through to the end, with its ups and downs, but there are far more ups than downs. I got through it with the help of very good members who are part of the Area committee. This is where I found myself in difficult times, this is where I found myself the most, otherwise I would have gotten lost somewhere, so thank you very much everyone for being here, then seeing you in service, then being intense in your business. Good continuity. All the best,
- André L. (Editor-in-chief) Today, I've been taking part in a meeting since the morning, I'm in front of my screen. Where I live; it's one of these sunshines, it's 23 degrees, but I wanted to be with you all. Today, I was surprised this morning to hear from Romain, and then I think he was surprised last night to be chosen as the outgoing DCM. Of course, it makes me proud to see my boy continuing along the same path I've been following. I'm still here in service, and before I forget, Lucien, I wish you a wonderful trip and a wonderful holiday season with your wife. I'm planning a trip to Quebec this summer. So, I think I'll have a lot of people to visit. I'm proud to belong to Area 87. I've always been proud to belong to this Area. I was a member of the inter-area committee, and we have the most beautiful Area in Quebec. So, thank you very much, thank you all. And I'm glad to see Daniel from 87-04 back again. There's an old one like me who's still here, so thank you and enjoy the holidays.
- Carole thanks everyone who is able to get involved. We have to make sure that everyone has the same amount of time to speak, even if we have to finish as quickly as possible.
- Mario reminds us of MONQYPAA's upcoming activities.

19. Closing

Lucien J. (Chairman) thanks Jean-Philippe and his team as well as Éric. Thanks to Maurice and André for the coffee. Thanks to Daniel and Denis, our interpreters. Thanks to Pierre for the excellent buffet. Thanks to Ginette and the ASO staff for the photocopies. We need help to put the room back in order.

Moved by : Sophie D. (DCM 87-14)

Seconded by : Réjean B. (Archives)

Total attendance: 66 (49 on site and 17 on Zoom)

Next Area committee meeting will be February 8, 2025 at the ASO.

Declaration of Unity

This we owe to AA's future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives and the lives of those to come.

Drafted by Pierre C., Area 87 Secretary

Lucien J., Chairperson Area 87

DATE: 14 Décembre, 2024			DATE : December 14th, 2024		38 membres votants - 38 voting members	
PANEL	COMITE DE DIRECTION / STEERING COMMITTEE		Y/N	ADJOINTS/ALTERNATES	Y/N	
74	President/Chairperson	Lucien J.	O	Gilles F.	O	
74	Delegate	André D.	O	Sylvie B.	O	
73	Trésorier/Treasurer	François A.	O			
73	Secrétaire/Secretary	Pierre C.	O	Robert M.	O	
COMITÉS / COMMITTEES		COORDONNATEURS/ COORDINATORS				
N/A	BSR-Registraire/ASO-Registrar	Ginette W.	O			
74	Aide téléphonique	Lita S.	O			
73	Archives	Réjean B.	O			
73	C.M.P. / C.P.C.	Line L.	O	Francine R.		
73	Centres de détention/Detention centers	Alain D.	O	Isabelle F.		
74	Treatment centers	Thomas G.	O	Johanne B.	O	
74	Communications internes/Internal Communications	Jean C.	N			
74	Congrès régional/Area convention	Vacant				
73	Correctional Facilities	Amanda S.	O	Geoffrey P.		
74	Helpline	Nicole A.	O	Jamie W.		
74	Information publique/Public information	Renald D.	O	Guylaine L.	O	
73	Publications (Comité-Committee)	Daniel C.	O			
74	Services aux groupes/ Group Services	Kathleen R.	O			
73	Technologies/Technology	Benoît L'.	N			
RDR / DCM						
73	87-01	Michel H.	O	François D.	O	
74	87-02	Sophie S.	O	Suzanne B.	N	
74	87-04	Daniel L.	O	Gaétan L.	N	
73	87-05	Steven G.	N	Éric L.	O	
74	87-06	Dave J.	N	Philippe J.	O	
73	87-07	Tim V.	N			
74	87-08	Kevin H.	O			
74	87-10	Richard D.	O	Émile P.-B.		
73	87-11	Louis B.	N			
73	87-13	Kayla W.	O	François D.		
74	87-14	Sophie D.	O			
73	87-15	Melissa S.	N	Marie-Claude G.	O	
74	87-16	Martin R.	O	Alain P.	N	
73	87-17	Pierre C.	O	Robert P.		
74	87-18	Nancy C.	O	Michael P.	N	
73	87-19	Mary T.	N	William N.	O	
74	87-20 VACANT / DARK					
73	87-21	Michel S.	N	Alain B.	O	
74	87-22	Yves G.	O	Norman F.	N	
74	87-24	Carole M.	O	Daniel D.	O	
73	87-25	Jean-Pierre B.	N	Daniel M.	O	
74	87-26	Marie-Élaine P.	N	Bianca D.	O	
73	87-27	Romain L.	O	Francis V.	N	
74	87-32/O.I.H. Liaison	Juan Carlos L. B.				
VISITORS :						
Lynda B.						

RÉGION 87 - AREA 87
ÉTATS DES RÉSULTATS - STATEMENT OF EARNINGS

MOIS / MONTH <u>Octobre / October</u>	Du 1 ^{er} au 31 octobre 2024 From the 1 st to 31 st of October, 2024	CUMUL Période/Period	BUDGET Période/Period	BUDGET Total 2024
REVENUS - INCOME				
<u>Revenus - Income</u>				
47 350,00	Contributions - Groupes - Groups	341 492,82	316 666,67	380 000,00
0,00	Contributions - Réunions - Meetings	0,00	0,00	0,00
0,00	Contributions - Autres - Others	10 814,29	6 666,67	8 000,00
887,65	Contributions - Sous symboliques	3 462,95	6 250,00	7 500,00
2 729,25	Enveloppe MERCI - THANK YOU - GRACIAS	12 558,90	11 250,00	13 500,00
0,00	Intérêts - Interests	0,00	0,00	0,00
9 801,21	Surplus Ventes - Surplus Sales	31 318,69	25 000,00	30 000,00
<u>60 768,11</u>	TOTAL REVENUS - TOTAL INCOME	<u>421 647,65</u>	<u>365 833,33</u>	<u>439 000,00</u>
60 768,11	TOTAL REVENUS - TOTAL INCOME	421 647,65	365 833,33	439 000,00
DÉPENSES - EXPENSES				
<u>ADMINISTRATION BUREAU - OFFICE ADMINISTRATION</u>				
8 960,41	Charges salariales - Administrative Wages	83 312,78	100 000,00	120 000,00
3 744,86	Loyer - Rent	37 189,88	36 000,00	48 000,00
299,49	Électricité - Electricity	6 046,93	8 333,33	10 000,00
1 635,97	Réparation & Entretien - Locaux - Building Maintenance	9 978,36	10 000,00	12 000,00
12 663,43	Amélioration locative - Leasehold Improvement	14 322,13	10 000,00	12 000,00
195,78	Téléphone - Phone	1 964,27	1 875,00	2 500,00
729,48	Location d'équipement - Equipment Rental	7 294,83	8 333,33	10 000,00
-117,82	Entretien d'équipement - Equipment Maintenance	1 854,45	5 000,00	6 000,00
395,74	Fourniture de bureau - Office supplies	9 226,12	6 250,00	7 500,00
62,06	Fourniture d'entretien - Maintenance Supplies	800,22	2 500,00	3 000,00
3 881,23	Technologie - Information - Information Technology	6 345,27	12 500,00	15 000,00
12,00	Frais de banque - Bank Fees	226,45	416,67	500,00
0,00	Frais Paypal/Stripe	162,00	416,67	500,00
1 340,91	Frais de vérification - Auditors Fees	13 318,19	13 333,33	16 000,00
<u>33 803,54</u>	TOTAL BUREAU - TOTAL OFFICE	<u>192 041,88</u>	<u>214 958,33</u>	<u>263 000,00</u>
33 803,54	TOTAL BUREAU - TOTAL OFFICE	192 041,88	214 958,33	263 000,00
<u>ADMINISTRATION RÉGION - AREA ADMINISTRATION</u>				
-1 386,33	Frais de poste - Postage	916,46	3 333,33	4 000,00
1 756,85	Assurances & honoraires prof. - Insurance & Professional Fees	19 569,22	16 666,67	20 000,00
409,46	Dépenses des officiers - Officer's Expenses	9 882,04	8 333,33	10 000,00
540,58	Dépenses du délégué et adjoint - Delegate & Alt. Expenses	8 669,43	5 000,00	6 000,00
101,79	Réunions internes - Internal Meetings	1 317,65	1 666,67	2 000,00
1 286,97	Réunions externes - External Meetings	8 139,51	16 666,67	20 000,00
1 250,00	Contributions N.Y. Contributions	37 500,00	12 500,00	15 000,00
1 000,00	Contribution Conférence - Conference Contribution	10 000,00	10 000,00	12 000,00
-622,30	Comité interrégional et Forums - Inter Area Committee & Forums	12 010,18	8 333,33	10 000,00
0,00	Traduction - Translation	449,88	833,33	1 000,00
<u>4 337,02</u>	TOTAL RÉGION - AREA TOTAL	<u>108 454,37</u>	<u>83 333,33</u>	<u>100 000,00</u>
4 337,02	TOTAL RÉGION - AREA TOTAL	108 454,37	83 333,33	100 000,00
<u>COMITÉS - COMMITTEES</u>				
267,51	Information publique / Public Information	10 926,67	8 333,33	10 000,00
30,64	Archives	3 042,84	5 000,00	6 000,00
0,00	C.M.P. - C.P.C.	582,77	3 333,33	4 000,00
4 067,31	Centres de détention	13 879,25	6 250,00	7 500,00
4 931,89	Correctional Facilities	6 127,74	7 500,00	9 000,00
930,01	Centres de Traitement - Treatment Facilities	11 851,60	10 000,00	12 000,00
184,42	Services aux groupes - Group Services	2 660,89	4 166,67	5 000,00
552,11	Communications Internes - Internal Communication	9 241,96	7 500,00	9 000,00
919,10	Aide téléphonique	6 037,09	5 833,33	7 000,00
89,92	Helpline	2 131,66	2 083,33	2 500,00
185,80	Les Publications	2 101,12	1 666,67	2 000,00
0,00	Technologies	594,29	1 666,67	2 000,00
<u>12 158,71</u>	TOTAL COMITÉS - COMMITTEES TOTAL	<u>69 177,88</u>	<u>63 333,33</u>	<u>76 000,00</u>
12 158,71	TOTAL COMITÉS - COMMITTEES TOTAL	69 177,88	63 333,33	76 000,00
50 299,27	TOTAL DÉPENSES - EXPENSES	<u>369 674,13</u>	<u>361 625,00</u>	<u>439 000,00</u>
50 299,27	TOTAL DÉPENSES - EXPENSES	369 674,13	361 625,00	439 000,00
10 468,84	RÉSULTATS - RESULTS Surplus (Déficit)	51 973,52	4 208,33	0,00
10 468,84	RÉSULTATS - RESULTS Surplus (Déficit)	51 973,52	4 208,33	0,00
À titre d'information - For information only				
1 827,50	Contributions Gratitude - Gratitude Contributions	7 588,85		
28 404,90	Ventes publication - Publication Sales	243 356,56		

RÉGION 87 - AREA 87

BILAN - BALANCE SHEET

Au 31 octobre 2024 - As of October 31st, 2024

ACTIFS - ASSETS

Actif à court terme - Short Term Assets

Petite caisse - Petty cash	500,00 \$
Banque - Bank Account	253 828,44 \$
Comptes à recevoir - Accounts receivable	7 456,26 \$
Frais payés d'avance - Prepaid Fees	31 756,09 \$
TPS à recevoir - GST to receive	676,56 \$
TVQ à recevoir - PST to receive	355,47 \$
Total actifs à court terme - Total Short Term Assets	<u>294 572,82 \$</u>

Stocks - Inventory

Stocks - Inventory	92 610,80 \$
Total actifs stock - Total Inventory Assets	<u>92 610,80 \$</u>

Autres actifs - Other Assets

Certificats de dépôt - Term Deposits	45 643,19 \$
Total éléments d'actifs - Total Other Assets	<u>45 643,19 \$</u>

TOTAL ACTIF - ASSETS

432 826,81 \$

PASSIFS & SURPLUS - LIABILITIES & SURPLUS

Passif - Liabilities

Comptes à payer - Accounts Payable	- \$
MasterCard à payer - Mastercard payable	3 547,04 \$
A-E à payer - E.I. Payable	423,24 \$
Impôt fédéral à payer - Federal Income Payable	756,14 \$
RQAP - RQAP Payable	158,42 \$
RRQ à payer - QPP Payable	1 537,48 \$
FSS à payer - HCF Payable	360,68 \$
Impôt provincial à payer - Provincial Income Payable	1 547,78 \$
CSST à payer - CSST Payable	107,54 \$
Frais courus - Accruals	17 762,51 \$
TPS à payer - GST Payable	1 472,20 \$
TVQ à payer - PST Payable	1 105,80 \$
Total du Passif - Liabilities	<u>28 778,83 \$</u>

Réserve - Reserve

Réserve Accumulée - Prudent Reserve (2023)	352 074,46 \$
Résultats - Results (2024)	51 973,52 \$
Total de fond de réserve - Total Reserve	<u>404 047,98 \$</u>

TOTAL PASSIFS & SURPLUS - LIABILITIES & SURPLUS

432 826,81 \$

18-nov-24

RÉGION 87 - AREA 87
ÉTATS DES RÉSULTATS - STATEMENT OF EARNINGS

MOIS / MONTH	Du 1 ^{er} au 30 novembre 2024 From the 1 st to 30 th of November, 2024	CUMUL Période/Period	BUDGET Période/Period	BUDGET Total 2024
REVENUS - INCOME				
Revenus - Income				
29 992.98	Contributions - Groupes - Groups	371 485.80	348 333.33	380 000.00
0.00	Contributions - Réunions - Meetings	0.00	0.00	0.00
0.00	Contributions - Autres - Others	10 814.29	7 333.33	8 000.00
288.00	Contributions - Sous symboliques	5 750.95	6 875.00	7 500.00
279.00	Enveloppe MERCI - THANK YOU - GRACIAS	12 837.90	12 375.00	13 500.00
0.00	Intérêts - Interests	0.00	0.00	0.00
1 060.87	Surplus Ventes - Surplus Sales	52 379.55	27 500.00	30 000.00
31 620.85	TOTAL REVENUS - TOTAL INCOME	453 268.49	402 416.67	439 000.00
31 620.85	TOTAL REVENUS - TOTAL INCOME	453 268.49	402 416.67	439 000.00
DÉPENSES - EXPENSES				
ADMINISTRATION BUREAU - OFFICE ADMINISTRATION				
12 781.69	Charges salariales - Administrative Wages	96 094.46	110 000.00	120 000.00
3 744.86	Loyer - Rent	40 934.74	44 000.00	48 000.00
403.07	Électricité - Electricity	6 450.00	9 166.67	10 000.00
1 062.58	Réparation & Entretien - Locaux - Building Maintenance	11 040.94	11 000.00	12 000.00
292.50	Amélioration locative - Leasehold Improvement	14 614.63	11 000.00	12 000.00
195.78	Téléphone - Phone	2 160.05	2 291.67	2 500.00
729.49	Location d'équipement - Equipment Rental	8 024.32	9 166.67	10 000.00
908.60	Entretien d'équipement - Equipment Maintenance	2 763.05	5 500.00	6 000.00
364.52	Fourniture de bureau - Office supplies	9 590.64	6 875.00	7 500.00
82.48	Fourniture d'entretien - Maintenance Supplies	882.70	2 750.00	3 000.00
1 613.97	Technologie - Information - Information Technology	7 959.24	13 750.00	15 000.00
15.74	Frais de banque - Bank Fees	242.19	458.33	500.00
0.00	Frais Paypal/Stripe	162.00	458.33	500.00
1 340.91	Frais de vérification - Auditors Fees	14 659.10	14 666.67	16 000.00
23 536.19	TOTAL BUREAU - TOTAL OFFICE	215 578.06	241 083.33	263 000.00
ADMINISTRATION RÉGION - AREA ADMINISTRATION				
60.94	Frais de poste - Postage	977.40	3 666.67	4 000.00
1 756.85	Assurances & honoraires prof. - Insurance & Professional Fees	21 326.07	18 333.33	20 000.00
448.22	Dépenses des officiers - Officer's Expenses	10 330.26	9 166.67	10 000.00
1 103.68	Dépenses du délégué et adjoint - Delegate & Alt. Expenses	9 773.11	5 500.00	6 000.00
-30.03	Réunions internes - Internal Meetings	1 287.62	1 833.33	2 000.00
761.18	Réunions externes - External Meetings	8 900.69	18 333.33	20 000.00
1 250.00	Contributions N.Y. Contributions	38 750.00	13 750.00	15 000.00
1 000.00	Contribution Conférence - Conference Contribution	11 000.00	11 000.00	12 000.00
572.22	Comité interrégional et forums - Inter Area Committee & Forums	12 582.40	9 166.67	10 000.00
0.00	Traduction - Translation	449.88	916.67	1 000.00
6 923.06	TOTAL RÉGION - AREA TOTAL	115 377.43	91 666.67	100 000.00
COMITÉS - COMMITTEES				
336.25	Information publique / Public Information	11 262.92	9 166.67	10 000.00
140.72	Archives	3 183.56	5 500.00	6 000.00
0.00	C.M.P. - C.P.C.	582.77	3 666.67	4 000.00
2 904.08	Centres de détention	16 783.33	6 875.00	7 500.00
18.59	Correctional Facilities	6 146.33	8 250.00	9 000.00
686.50	Centres de Traitement - Treatment Facilities	12 538.10	11 000.00	12 000.00
113.65	Services aux groupes - Group Services	2 774.74	4 583.33	5 000.00
1 290.89	Communications internes - Internal Communication	10 532.85	6 250.00	9 000.00
243.45	Aide téléphonique	6 280.54	6 416.67	7 000.00
31.63	Helpline	2 163.29	2 291.67	2 500.00
105.90	Les Publications	2 207.02	1 833.33	2 000.00
15.93	Technologies	610.22	1 833.33	2 000.00
5 887.59	TOTAL COMITÉS - COMMITTEES TOTAL	75 065.67	69 666.67	76 000.00
36 346.84	TOTAL DÉPENSES - EXPENSES	406 021.16	402 416.67	439 000.00
-4 725.99	RÉSULTATS - RESULTS Surplus (Déficit)	47 247.33	0.00	0.00

A titre d'information - For information only

825.00	Contributions Gratitude - Gratitude Contributions	8 413.85
27 922.13	Ventes publication - Publication Sales	271 278.69

RÉGION 87 = AREA 87

BILAN - BALANCE SHEET

Au 30 novembre 2024 - As of November 30th, 2024

ACTIFS - ASSETS

Actif à court terme - Short Term Assets

Petite caisse - Petty cash	500.00 \$
Banque - Bank Account	247 054.15 \$
Comptes à recevoir - Accounts receivable	8 281.94 \$
Frais payés d'avance - Prepaid Fees	34 680.87 \$
TPS à recevoir - GST to receive	1810.71 \$
TVQ à recevoir - PST to receive	1 451.97 \$
Total actifs à court terme - Total Short Term Assets	<u>293 779.64 \$</u>

Stocks - Inventory

Stocks - Inventory	94 933.13 \$
Total actifs stock - Total Inventory Assets	<u>94 933.13 \$</u>

Autres actifs - Other Assets

Certificats de dépôt - Term Deposits	45 643.19 \$
Total éléments divers - Total Other Assets	<u>45 643.19 \$</u>

TOTAL ACTIF - ASSETS

434 355.96 \$

PASSIFS & SURPLUS - LIABILITIES & SURPLUS

Passif - Liabilities

Comptes à payer - Accounts Payable	2 416.97 \$
MasterCard à payer - Mastercard payable	1520.20 \$
A-E à payer - E.I. Payable	603.64 \$
Impôt fédéral à payer - Federal Income Payable	1127.43 \$
RQAP - ROAP Payable	225.94 \$
RRQ à payer - QPP Payable	2 197.44 \$
FSS à payer - HCF Payable	514.42 \$
Impôt provincial à payer - Provincial Income Payable	1978.45 \$
CSST à payer - CSST Payable	153.38 \$
Frais courus - Accruals	19 328.81 \$
TPS à payer - GST Payable	2 899.57 \$
TVQ à payer - PST Payable	2 067.92 \$
Total du Passif - Liabilities	<u>35 034.17 \$</u>

Réserve - Reserve

Réserve Accumulée - Prudent Reserve (2023)	352 074.46 \$
Résultats - Results (2024)	47 247.33 \$
Total de fond de réserve - Total Reserve	<u>399 321.79 \$</u>

TOTAL PASSIFS & SURPLUS - LIABILITIES & SURPLUS

434 355.96 \$

04-déc-24