



2024 SPECIAL HOLIDAY EDITION

A complement to the November-December Newsletter

Twelve Tips for the Holidays
 Don't forget to post the Twelve Tips for happy and sober Holidays on your group's bulletin board.

Don't come up against a closed door
 Government premises (municipal or provincial) are often closed on statutory holidays and during the holiday season. It is best to check if the meeting will take place before you travel.
 Call the Helpline at
514-350-3444
1-888-424-2975

Holidays closing

The ASO, the online store and the literature counter will be closed

Please note that we will be closed for the end-of-year inventory and the Holiday Season from December 20th to January 2nd inclusively.

We suggest placing your orders before December 12th to allow us time to prepare and ship them before closing.

If you prefer to pick up your order, you must do so no later than December 19th, before 6 p.m.

Due to the overcrowding of the postal service during this time of the year and the possibility of postal strikes, we can guarantee the shipping date but not the delivery date of the shipped orders.

Thank you for your understanding!



2024 Christmas Gift Sets

15 \$

- One Day at a Time kit
- « Gratitude » phone ring holder
- Black ink pen with an AA slogan
- Serenity Prayer sticker
- Handmade Christmas card

25 \$

- Handmade Christmas card
- « Prayer and Meditation & coffee » mug
- Hot chocolate packet and candy canes
- Grapevine's 2025 pocket planner

Available at the ASO literature sales counter from November 15th to December 19th



The staff of your Area Service Office wishes you peace and serenity throughout the holiday season. Thank you very much for your support. We will be happy to welcome you again on January 3rd, starting at 11 a.m.

Holiday Season Schedule Open / Closed Meetings

The following information was confirmed by the groups. Schedule changes may occur without notification to the Area Service Office and will not be indicated in our bulletin.

Inspiration – Tuesday – 12:10 p.m. – Yellow Door – 3625, Aylmer St. – Montreal H2X 2C3 – **Closed** on December 24th and December 31st.

Owl's Shift – Wednesday – 1:00 p.m. – St. Veronica's Church – 1300, Carson av. – Dorval H9S 1M6 – **Open** on December 25th and January 1st.

Sunlight of the Spirit – Monday – 6:30 p.m. – Wesley United Church – 5964, Notre-Dame-de-Grâce av. – Montreal H4A 1N1 – **Closed** on December 30th.

West East – Tuesday – 8:00 p.m. – Dixie Park Chalet – 257, 54th av. – Lachine H8T 3A1 – **Open** on December 24th and December 31st.

Westshore Discussion – Tuesday – 8:00 p.m. – Christ Church (Basement) – 455, Church av. (at Fieldfare av.) – Beaconsfield H9W 3S6 – **Closed** on December 24th and December 31st.



Wishing you all a very Happy Holiday Season!

Alexandra, Hélène, William & Ginette

DON'T STAY ALONE AT HOME...

Saturday December 14th	Christmas party (5 O'Clock Shadows) – 3455, Girouard Av. – Montreal H4A 3C5 – 5:00 p.m. – Speaker and potluck dinner.
Tuesday December 17th	Christmas Buffet (Inspiration) – Yellow Door – 3625, Aylmer St. – Montreal H2X 2C3 – 12:10 p.m. – Food donations welcome – Please help us celebrate the Holiday season.
Tuesday December 21st	Christmas Theme Meeting (Lighting the Way) – 90 av Saint-Charles – Dorval H9S 3T3 – Meeting starting at 8 pm – Guest speaker – Food, refreshments, buffet & cake.
Tuesday December 31st	South Shore New Year's Eve Party – St. Mary's Parish Hall (side door) – 735, Miller St. (at Grove St.) – Greenfield Park J4V 2X2 – 7:30 p.m. – Speaker followed by music, dancing, DJ, food, door prizes, 1/2 & 1/2 and count down – All 7 th Tradition – Food Donations appreciated.



AA Christmas

Sponsored by District 87-01

Tuesday, December 24th, 2024
From 6:00 pm to midnight

St-Jean Berchmans Church
5945 Cartier St. (corner Rosemont)

6:30 pm: Speaker share/discussion meeting

7:30 pm: Traditional Christmas dinner

9:00 pm: Countdown

9:30 pm: Dance



For desserts and salads, we will eat what you will bring.

Notify: aa87noel2024@gmail.com

No entrance fees – Welcome to all!

Public transport:

Rosemont metro station, bus 197

Fabre metro station, bus 45 South

Papineau metro station, bus 45 North

Volunteers welcome aa87noel2024@gmail.com

MONQYPAA IS THROWING YET ANOTHER SMASHER
What is MONQYPAA? Montréal QC Young People in A.A.
Young = anyone who has still growth to do!



2025 NYE PARTY

[Vanier College 821 Sainte-Croix ave, Montréal]

8PM-1AM DECEMBER 31

A.A. MEETINGS. LOCAL DJS.

DANCING. FREE COFFEE.

DRINKS N SNACKS FOR SALE.

\$20 PRE-SALE

E-TRANSFER : monqypaa514@gmail.com

\$25 AT THE DOOR

QUESTIONS? Ask away! Wanna join the planning crew?

monqypaa514@gmail.com

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.

1



Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.

2



Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.

3



Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.

4



Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.

5



Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.

6



If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.

7



Don't think you have to stay late. Plan in advance an "important date" you have to keep.

8



Worship in your own way.

9



Don't sit around brooding. Catch up on those books, museums, walks, and letters.

10



Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."

11



Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.

12



"Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.