

# Literature... ...the AArt of Recovery

Practical Guide for Literature Representatives and Others

For the  
Newcomer

Suggested  
Reading  
B-7

Living  
Sober

\$10,10

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## Latest News from the Literature Committee

Coming Committee meetings by videoconference

August the 8 2024 at 7pm

<https://zoom.us/j/94479436712?pwd=c2oyWkxyenVDcDNhRzhQV1U2eWxndz09>



ID de réunion : 94479436712  
Code secret : 1234

## A.A. Members' Favorite Quote

When we retire at night, we constructively review our day. We are resentful, selfish, dishonest, or afraid? Do we owe an apology? Have we kept something to ourselves which should be discussed with another person at once? Were we kind and loving toward all? What could we have done better? Where we thinking of ourselves most of the time? Or were we thinking of what we could do for other, of what we could pack into the stream of life?

But we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others. After making our review we ask God's forgiveness and inquire what corrective measure should be taken.

*Alcoholics anonymous p. 98 and 99*



## We need your help!

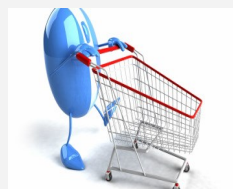
*We wish to breathe new life into our newsletter. We would like to know what you like, what are your needs, to return to its initial mission and better inform you. Can you help us?*

Write to us at: [literature@aa87.org](mailto:literature@aa87.org)



## Online Store

We encourage you to have your order prepared in advance. You can do this through our online store or by email or Interac transfer. Once ready, the order will be placed in one of our bins for pick-up. [publications-aa87.org](http://publications-aa87.org)



# Grapevine Zone: A Meeting in print

Submit a story or art:  
[gveditorial@grapevine.org](mailto:gveditorial@grapevine.org)

Call us for subscriptions: 514-374-3688 ext. 1



- Tell everyone about our exciting new app!
- Subscribe to the app!
  - Send us your story!
  - Become a Grapevine Rep!
  - Get your group or district to hold GV event!
  - Use Grapevines in your AA meeting.
  - Give your sponsee

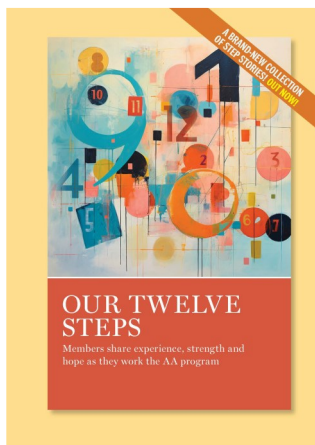
- or a newcomer a GV subscription!
- Listen in and tell people about our fun, weekly Grapevine Podcast!
  - Send us a beautiful photo for our Instagram account!
  - Hold a Grapevine Workshop.
  - Join our Carry the Message project!

*In Grapevine of June 2024*

## Grapevine Rep Resources Page

Download GVR service resources, tools, postcards, and much more at:

[aagrapevine.org/gvr-resources](http://aagrapevine.org/gvr-resources)

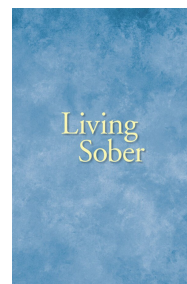


Out now...New book!  
**Our Twelve Steps**

## Brochure explained : *Problem other than alcohol*

This practical booklet demonstrates through simple examples how A.A. members throughout the world live and stay away from that “first drink” one day at a time. Covers topics such as attending events where alcohol is served, relationships in sobriety and much more.

Here, we tell only some methods we have used for living without drinking. You are welcome to all of them, whether you are interested in Alcoholics Anonymous or not. Our drinking was connected with many habits—big and little. Some of them were thinking habits, or things we felt inside ourselves. Others were doing habits—things we did, actions we took. In getting used to not drinking, we have found that we needed new habits to take the place of those old ones.



<https://publications-aa87.org>

Use our Online Store  
 Simple, practical, efficient!

**One picture... a thousand words**



**“Not drinking is the first requirement for joy; the second requirement is gratitude.”**

*In Our Own Words:  
 Stories of Young AAs in  
 Recovery*  
 © AA Grapevine Inc.

**For questions, comments or orders, don't hesitate to contact us.**

514-374-3688 ext. 1  
 514-374-2250  
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 [publications-aa87.org](http://publications-aa87.org)

Offre de lancement du livre

# Album Souvenir 1944-2024

*80 ans de vie nouvelle*

**Seulement 20\$!**

**Livre + Tasse + Signet**

*ou 10\$ pour le livre seul*



**Only \$20!**

**Book + Mug + Bookmark**

*or \$10 for the book only*

Book launch offer for

# Souvenir Album 1944-2024

*80 Years of a New Lease on Life*



## **DISTRICT 8 BBQ**

**SATURDAY, SEPTEMBER 7<sup>th</sup>, 2024**

**5 PM – 8 PM**

**FOLLOWED BY SPEAKER MEETING AT 8:30 PM**

**WHERE:**

**NEW LAVAL SATURDAY NIGHT**

**CHEVALIER DE COLOMB HALL**

**402, rue PRINCIPALE**

**LAVAL**

**PLENTY OF HAMBURGERS, HOT DOGS, CORN ON THE COB &  
BEVERAGES FOR EVERYONE COME AS YOU ARE**

**EVERYONE IS WELCOME!**

# *SOUTH SHORE*

# *ROUND-UP*

**EXPERIENCE – STRENGTH – HOPE DAY**

**Bring Your Sponsor, Sponsees & Friends!**

*Speakers, Fellowship, Free Lunch, Bake Sale, Literature,  
AA Tapes & Accessories, Group Exhibitors & Count Down*

**Saturday September 28, 2024**

**10:30 a.m. – 4:30 p.m.**

*Speaker Times: 11:00, 1:00, 2:00, 3:00*

*St. Mary's Parish, 125 Grove St., Greenfield Park*

**No Admission Fee / 7th Tradition**

**BOTTLED WATER AND SOFT DRINKS \$ 1.00**

**FOOD DONATIONS APPRECIATED**

Congrès de la Région 87 / Area 87 Convention  
Convención del Área 87

# 26 OCTOBRE 2024

October 26th 2024 / 26 de octubre de 2024

9h à 21h / 9:00 am to/a 9:00 pm



80 années de gratitude à l'œuvre et 50 années de présence AA latino américaine  
80 años de gratitud en acción y 50 años de presencia América Latina de AA

80 years of gratitude in action and 50 years of Latin-American AA presence



Collège Maisonneuve,  
3800 Rue Sherbrooke E,  
Montréal, QC H1X 2A2

Admission : \$20. Tickets are currently on sale. Please see with your GSR or DCM for more information

Entrada : \$20. Los boletos de entrada ya están en venta. Por favor, consulte con su RSC o MCD para obtener más información

**Prix d'entrée : 20\$**

Les billets sont actuellement en vente. Veuillez contacter votre RSG ou votre RDR pour plus d'information

À l'approche du congrès, nous publierons les informations pertinentes sur notre site Web : [www.aa87.org/](http://www.aa87.org/)

As the convention approaches, we will publish relevant information on our website: [www.aa87.org/](http://www.aa87.org/)

A medida que se acerque el congreso, publicaremos información relevante en nuestro sitio web: [www.aa87.org/](http://www.aa87.org/)

# Area 87 Convention English Meetings

**College Maisonneuve, 3800 rue Sherbrooke E.**  
**Le Vivier Room**

Saturday, October 26<sup>th</sup>, 2024

<b>9:30 am to 10:30 am</b>	<b>Correctional Committee</b> <b><i>Amanda</i></b>
10:30 am to 11:00 am	Break
<b>11:00 am to 12:00 pm</b>	<b>80 years of English A.A. in Quebec: How It All Began</b>
12:00 pm to 12:30 pm	Break
<b>12:30 pm to 1:30 pm</b>	<b>Helpline Committee</b> <b><i>Nicole</i></b>
1:30 pm to 2:00 pm	Break
<b>2:00 pm to 3:00 pm</b>	<b>First Nations Panel: History of A.A. in Kahnawake</b> <b><i>Barrie</i></b>
3:00 pm to 3:30 pm	Break
<b>3:30 pm to 4:30 pm</b>	<b>MONQYPAA Panel</b> <b><i>Krista</i></b>
4:30 pm to 5:00 pm	Break
<b>5:00 pm to 6:00 pm</b>	<b>Out-of-town Speaker</b> <b><i>TBA</i></b>
6:00 pm to 6:30 pm	Break
<b>6:30 pm to 7:30 pm</b>	<b>50<sup>th</sup> anniversary of the Spanish-speaking presence in Montreal and in Canada by the Intergrupul de Montreal</b>
7:30 pm to 8:00 pm	Break
<b>8:00 pm to 9:00 pm</b>	<b>80<sup>e</sup> de la présence des AA au Québec par le Comité des Archives de la Région 87</b>
<b>9:00 pm</b>	<b>Countdown</b>

\*Tickets (\$20 per person for the day) are for sale at the Area 87 Service Office's Literature Sales Counter at 3920, Rachel St. East, Montreal. Visit [aa87.org](http://aa87.org) to view the opening hours.

# CERAASA/ASTECAA 2025

## Area 82 Nova Scotia/ Newfoundland & Labrador

### February 21-23 Dartmouth, NS

- I would like to participate in a presentation
- I would like to moderate or record in a panel
- I have been a CERAASA presenter before
- I have not attended CERAASA before
- I would like to volunteer to be a Greeter
- I would like to volunteer with Hospitality
- I would like to volunteer with Registration



**HOTEL:** For reservations at Delta Hotels Dartmouth, call **902-468-8888**, or on the web: [Click to book with Marriott](#)

Special hotel pricing deadline is January 17, 2025 (\$159.00 per night). Book under Alcoholics Anonymous 2025 Conference.

The banquet will be a buffet style meal including salad, chicken or fish entrée, 2 vegetable sides and dessert. Vegetarian available upon request. Cutoff for banquet is January 31, 2025

#### Current Service Commitment

- GSR or Alternate GSR
- DCM or Alternate DCM
- District Committee
- Central Office or Intergroup
- Area Committee
- Area Officer
- Delegate or Alternate Delegate
- Other Service Commitment \_\_\_\_\_
- Observer

#### Past Delegate:

Area \_\_\_\_\_ Panel # \_\_\_\_\_  
Conference Committee \_\_\_\_\_

Name \_\_\_\_\_ Area \_\_\_\_\_ Phone Number \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_ Email \_\_\_\_\_ (For Confirmation)

Registration \$45.00 \_\_\_\_\_ Ice Cream Social \$15.00 \_\_\_\_\_ Saturday Box Lunch \$35.00 \_\_\_\_\_ Banquet \$55.00 \_\_\_\_\_

Guest Banquet \$55.00 \_\_\_\_\_ Total \_\_\_\_\_

Please make cheques out to CERAASA 2025 and Mail to 99 Williams Lake Road, Halifax, NS, B3P 1T4



## IN PERSON & ONLINE PROGRAM



**61<sup>ST</sup> INTERNATIONAL WOMEN'S CONFERENCE**  
**SAN DIEGO, CA | JANUARY 30<sup>TH</sup> - FEBRUARY 2<sup>ND</sup>, 2025**

*You can register here: In person, \$70.00 (USD)  
and online, \$15.00 (USD)*

<https://internationalwomensconference.org/registration-form-2025/>

***Speaker, Marathon, and Panel Meetings!!  
Hospitality Room – Fun, Games, Yoga, Meditation***

**Questions – [onlineiwc61@gmail.com](mailto:onlineiwc61@gmail.com)**



## PROGRAMA EN PERSONA Y EN LINEA



**61<sup>ST</sup> INTERNATIONAL WOMEN'S CONFERENCE**  
**SAN DIEGO, CA | JANUARY 30<sup>TH</sup> - FEBRUARY 2<sup>ND</sup>, 2025**

*Puedes registrarte aquí: En persona \$70.00 (USD) y en línea \$15.00 (USD)*

<https://internationalwomensconference.org/registration-form-2025/>

**¡Maratón de Oradores y Reuniones de Paneles! Sala de Hospitalidad – Juegos Divertidos, Yoga, Meditación**

***Preguntas – [onlineiwc61@gmail.com](mailto:onlineiwc61@gmail.com)***

JUL\* 4-7\* 2024

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THE 64TH **ICYPAAUSTIN** TEXAS

INTERNATIONAL CONFERENCE OF YOUNG PEOPLE IN AA

PRESENTS:



**ERA OF  
CHANGE**

**ONLINE / HYBRID EXPERIENCE**

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**REGISTER TODAY**



[www.the64thcypaa.org](http://www.the64thcypaa.org)

JULIO \* 4-7 \* 2024

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THE 64TH

ICYPAAUSTIN

TEXAS

CONFERENCIA INTERNACIONAL DE JÓVENES EN AA

PRESENTA:



ERA OF  
CHANGE

EXPERIENCIA EN LÍNEA

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REGÍSTRESE HOY



[www.the64thcypaa.org](http://www.the64thcypaa.org)