



**At A Glance  
Dates To Remember**

**MAY – JUNE 2024**

MAY						
DIM	LUN	MAR	MER	JEU	VEN	SAM
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**X** : Area Office is closed

JUNE						
DIM	LUN	MAR	MER	JEU	VEN	SAM
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**Cut-off date for  
July-August 2024 News:  
June 1<sup>st</sup>, 2024  
Mailing: June 25<sup>th</sup>, 2024**

**Note to Secretary**  
Be sure to check out the flyers and Latest News on the aa87.org website. There you'll find announcements that could not be included in the print version. Looking for news on conventions and other events, as well as Area 87 committees? They're back in the Écho Echo Eco newsletter.

**Not to be missed !**


**. Area Committee Meeting**  
**Saturday, May 11<sup>th</sup>, starting at 8:30 a.m.**  
**The meeting will be hybrid**  
**On the Zoom platform:**  
**ID 984 9889 7228 PW 1234**  
**In person:**  
**ASO: 3920 Rachel St. E.**  
**Montréal (Québec) H1X 1Z3**  
  
This meeting is specifically for Area Committee members (DCMs, Coordinators and their assistants, and members of the Steering Committee), however, G.S.R.s and A.A. members who are curious about and interested in the 12<sup>th</sup> Step work through our area service structure are welcome to attend. This meeting is, like all service meetings, closed to AA members only.

**Area Assembly**  
**Delegate's Conference Report**  
**Saturday, June 8<sup>th</sup>, at 9 a.m.**  
**Église Notre-Dame-de-la-Consolata**  
**1700 Jean-Talon East**  
**Montréal (Québec) H2E 1T2**  
  
Participants at this assembly are GSRs and members of the Area Committee (DCMs, Coordinators and their alternates and the Steering Committee members). However, all AA members curious and interested in the work of our General Service Conference are welcome to attend. This is a closed meeting, for AA members only.

**The delegate will also present his report in a few districts!**  
**In French:**  
**May 18 at 9:30 am in St-Jean-sur-Richelieu**  
**May 19 at 9:00 am in Brossard**  
**May 22 at 7:00 pm in Valleyfield**  
**In English:**  
**June 3 at 7:00 pm in Westmount**  
**See the flyers for full details.**

 [www.publications-aa87.org/en/](http://www.publications-aa87.org/en/)  
Shop for literature online!  
Simple & Efficient

 **Literature Sales Counter:**  
Monday: **CLOSED**  
Tues. - Thurs.: 11am to 6pm  
Friday: 11am to 4pm  
Saturday: 9am to 1pm  
Sunday: **CLOSED**

  
**CONTRIBUTION – SERVICE**  
**Contribution = Service**  
**How to Contribute**  
Several ways: In person at the Area Service Office or at the literature sales counter;  
By mail, by sending a cheque made out to **Area 87 Service Office**;  
By Interac e-transfer or credit card, following the instructions on the aa87.org website:  
<https://www.aa87.org/en/contribution/>

**REMINDER**  
Announcements published in News - Area 87 must conform to the Traditions of Alcoholics Anonymous and relate exclusively to the activities of this association. They should be brief and to the point and should preferably be sent in writing, by email to [news@aa87.org](mailto:news@aa87.org) or via the web form on [aa87.org/en/](http://aa87.org/en/), section **Our Area / forms**, with the name, email address and telephone number of the sender. Ads may be revised as needed.

## WARNING!

For real-time up-to-date information, consult the Meeting Guide application on your smartphone or the list of meetings on our website [aa87.org](http://aa87.org). The Helpline is also available between 9am and 10pm at 514-350-3444.

## MEETING NEWS

**Brothers in Recovery (For men only)** – Monday and Wednesday – 7:00 p.m. – Meeting now on Zoom only – ID 821 4086 662 / PW 641470 – Closed meeting – Speaker and 12 & 12 discussion.

**Owl's Shift Discussion** – Monday – 1:00 p.m. – St. Veronica's Church – 1300 Carson Ave (at Elmridge St.) – Dorval H9S 1M6 – Permanently closed on Monday – Wednesday meeting remains open.

**Park Extension** – Wednesday – 8:00 p.m. – St. Francis of Assisi Church (side door) – 7755 Outremont Ave (North of St. Roch St.) – Montréal H3N 2M1 – The meeting is no longer wheelchair accessible.

**Rise and Shine (women, nonbinary, transgender)** – Monday, Wednesday and Friday – 8:00 a.m. – Zoom ID 865 4105 6010, PW on request [risenshinier@gmail.com](mailto:risenshinier@gmail.com) – Tuesday and Thursday meetings permanently closed.

**Rosemere Cornerstone** – Friday – 7:30 p.m. – Correction in address: Rosemere Memorial United Church – 200 chemin de la Grande-Côte – Rosemere J7A 1H4.

**Verdun Fellowship** – New day starting May 6: Monday – New time starting May 6: 7:00 PM – New location starting May 6: Church of Epiphany – 4322 Wellington St. – Verdun H4G 1W4

**West Island Sunday Breakfast** – Sunday – 10:00 a.m. – Chalet St. Charles – 90 St-Charles Ave (off Lakeshore Blvd) – Dorval H9S 3T3 – Meeting now in person only.

## ANNIVERSARY

### MAY

Tuesday 7



**Peace et la sérénité** – 1<sup>st</sup> Anniversary – Église Notre-Dame-de-la-Consolata – 1700 Jean-Talon E. St. – Montréal H2E 1T2 – A buffet will be served – Food donations appreciated – Open meeting for the occasion.

## SPECIAL EVENTS

### MAY

Thursday 9  
Spring Fling

**St. Matthias** – 8:00 p.m. – Spring Fling, a special meeting followed by food and fellowship – St. Matthias Church – 131 chemin de la Côte-Saint-Antoine – Westmount H3Y 2J1 – Spread the word and join us!

### JUNE

Saturday 15  
Catch the Spirit Event

**District 87-19** – Catch The Spirit Event – 10 am to 4 pm – St. Philip's Anglican Church – 25 Brock Avenue North, Montreal-West – Buffet & Refreshments – See flyer for full details

Sunday 16  
Gratitude Night

**Loyola** – 8:00 p.m. – Gratitude Night – St. Ignatius' Church – 4455 West Broadway St. (at Sherbrooke St. West) – Montréal H4B 2A7 – Sweet table and all food donations are welcome – Seventh Tradition collected will go directly to New York.

## NEW GROUPS

### Friday Dorval Live Discussion (87-06)

Friday – 12:00 p.m. – Chalet Saint-Charles – 90 Saint Charles Ave – Dorval H9S 3T3 – Open meeting – Discussion meeting.

### Heavy Drinkers (87-19)

Saturday – 8:00 p.m. – Église Notre-Dame-de-la-Consolata – 1700 Jean-Talon St. East (across from Fabre metro) – Montréal H2E 1T2 – Open meeting – Discussion on the 12 steps and 12 traditions.

### More than Sobriety (87-19)

Sunday – 6:30 p.m. – 3555 St-Urbain St – Montreal H2X 2N6 – Closed meeting – Reading from 12 and 12 book and discussion.

### Peace et la Sérénité (87-08)

Tuesday – 8:30 p.m. – Église Notre-Dame-de-la-Consolata – 1700 Jean-Talon St. East – Montréal H2E 1T2 – Open meeting – Speaker meeting – Bilingual.

### Saturday Lunch 2pm (87-19)

Saturday – 2:00 p.m. – Westmount Baptist Church – 411 Roslyn Ave. – Westmount H3Y 2T6 – Open meeting – Discussion meeting. **Temporarily closed.**

### Serenity by the Lake (87-08)

Thursday – 8:00 p.m. – Bibliothèque Deux-Montagnes – 200 rue Henri-Dunant – Deux-Montagnes J7R 4W6 – Closed meeting – Discussion – Speaker last meeting of the month. ♿

### Story Time Saturdays (87-18)

Saturday – 7:30 p.m. – Unity Church – 3455 Girouard Ave – Montréal H4A 3C5 – In person – Big Book Stories – Discussion meeting.

### Svet (87-19)

Sunday – **New time: 6:00 p.m.** – Una Luz en Montreal – 29A Shamrock Av. – Montreal H2S 1A3 – Open **Russian Language AA** Discussion Meeting.

### The Redeemables (87-08)

Monday – **New time: 7:00 p.m.** – Mission Maria Auxiliatrice – 8550 Joliot-Curie Ave – Montréal H1E 4C3 – Open meeting – Bilingual group.

### Wakefield AA Awakenings (87-08)

Tuesday – 7:00 p.m. – Église La Pêche – 889 Chemin Riverside – Wakefield J0X 3G0 – Closed meeting – Discussion – Open speaker last Tuesday of the month.

### Work It (87-18)

Thursday – 7:30 p.m. – Royal Canadian Legion – 5455, de Maisonneuve W. – Montreal H4A 1Z7 – Vendôme Metro – **Gay** Open Discussion Meeting.

### You Never Walk Alone (87-06)

Monday – 7 :00 p.m. – Lakeshore Trinity United Church – 98 Aurora Ave. – Pointe-Claire H9R 3G7 – Open Speaker/Discussion Meeting.

# BULLETIN BOARD

## The Group Services Committee

**Invites you to the next**

### Workshop on the Twelve Concepts

**Saturday, June 1<sup>st</sup>  
From 1:00 p.m. to 3:00 p.m.  
Exclusively on Zoom:**

<https://zoom.us/j/91087779314?pwd=YII2VGOVWEXTZ3cxL1hydZmME1QUT09>

MEETING ID: 910 8777 9314 - PW: 1234

To participate, register by calling the  
Area Service Office, at:  
514 374-3688, extension 3 (voicemail).



## GRATITUDE DANCE PRESENTED BY MONQYPAA



SATURDAY, JUNE 15 2024, AT 8 PM  
COME CELEBRATE SERVICE IN AA !

COLLÈGE DE MAISONNEUVE  
ENTRANCE AT 2701 NICOLET ST.

BUY TICKETS ONLINE BY EMAIL :  
[MONQYPAA514@GMAIL.COM](mailto:MONQYPAA514@GMAIL.COM)

AA MEETING AT 8 PM  
DANCE AND SOBER ACTIVITIES 9-11 PM

## The Group Services Committee

**Invites you to the next**

### Workshop on the Twelve Traditions

**Saturday, June 22<sup>nd</sup>  
From 9:00 a.m. to 12 noon**

**Area 87 Service Office  
3920 Rachel Street East  
Montréal H1X 1Z3**

MEETING ID: 910 8777 9314 - PW: 1234

<https://zoom.us/j/91087779314?pwd=YII2VGOVWEXTZ3cxL1hydZmME1QUT09>

## Spotlight on...



### Coming Special Events

- Thursday May 9: St. Matthias Group's Spring Fling  
A special meeting followed by food and fellowship. – St. Matthias Church – 131 Côte-Saint-Antoine – Westmount – H3Y 2J1
- Monday June 3: Area 87 Delegate will share his experience at the 2024 General Service Conference experience and report on the many agenda items discussed. See flyer for details.
- Saturday June 15: District 87-19 Catch the Spirit Event – 10 a.m. – St. Philip's Anglican Church – 25 Brock Avenue N. – Montreal-West H4X 2G1 – Buffet & Refreshments – See flyer for details.
- Saturday June 15: MONQYPAA Gratitude Dance – 8 p.m. – Collège de Maisonneuve – Tickets sold on line at monqypaa514@gmail.com
- Sunday June 16: Loyola Group's Gratitude Night – St. Ignatius Church – 4455 West Broadway St. – Montreal H4B 2A7.



### *Why Get Involved in Service?*

**IN ALCOHOLICS ANONYMOUS,  
WE ALL WORK TOGETHER**

"To those now in its fold, Alcoholics Anonymous has made the difference between misery and sobriety, and often the difference between life and death. A.A. can, of course, mean just as much to uncounted alcoholics not yet reached.

"Therefore, no society of men and women ever had a more urgent need for continuous effectiveness and permanent unity. We alcoholics see that we must work together and hang together, else most of us will finally die alone."

—Alcoholics Anonymous, p. 561