



# You are all invited to attend

## The next Service Seminar

### March 29<sup>th</sup>, 2025

**An Introduction to Services and Structure in A.A.**

**At A.S.O 3920 Rachel Street East, Montreal Qc, H1X 1Z3**

**ID de réunion : 944 7943 6712 Code secret : 1234**

**Presented by Groups Services Committee**

**[servicesauxgroupes@aa87.org](mailto:servicesauxgroupes@aa87.org)**

#### **Morning**

9:00 am Opening Welcome

9:15 am Screening of the film  
Markings on the Journey

10:00 am History of AA in  
Quebec - Philippe C.

10:15 am Break

10:30 am The AA group, where  
it all begins - André D.

11:30 am Area 87 – André D.

#### **Afternoon**

1:30 pm The Twelve Traditions  
- André D.

2:45 pm Break

3:00 pm Spiritual Concepts  
and the Six Guarantees -  
André D.

3:45 pm Questions and  
comments.

4:00 pm End of seminar

**For lunch, bring your own lunch or simply eat at La Belle Province or the restaurant of your choice nearby. Lunch runs from noon to 1:30pm.**

If you plan to attend in person, please reserve your spot as places are limited and we want to prepare enough handed out material. Simply call 514-374-3688, ext. 3, leave your name, phone number and that you wish to attend the March 29<sup>th</sup> Service Seminar.

APRIL **13** 2025

# Area 87 Archives Committee Annual Brunch

Zoom Diffusion With Simultaneous Translation

The Archives Committee of Area 87 invites you to its annual open meeting

How to get there: 10 a.m. to 1 p.m., Eastern Time (EST)

Or in person: 3920 Rachel Street East

Montréal, Qc

 [Zoom](#) click here to join the meeting

Or type: Meeting ID : 984 9889 7228 Secret Code : 1234

Our archivists (Areas 87 et 90)

From Area 90 : Jocelyne et Yvon

Program

They work behind the scenes to preserve and document our 12th  
Step actions.

A word from the archivist, the alternate archivist, the  
DAR and Michelle Mirza, GSO archivist

Exchanges between archive members and participants

Preparation and digitization workshop





**ENGLISH HELPLINE**

**514-350-3444  
or toll-free  
1-888-424-2975**



## **Helpline Phone Workers Gratitude Event**

Wednesday April 30, 6:30 p.m. to 8:30 p.m.

Sarto-Desnoyers Community Center

1335 Chemin du Bord-du-Lac-Lakeshore, Dorval H9S 2E5

**Speaker, spaghetti, potluck, cake and lots of Fellowship!**

For info: [helpline@aa87.org](mailto:helpline@aa87.org)

# GOLFING DAY

FELLOWSHIP-GRATITUDE, MAY 25<sup>TH</sup> 2025



TO REGISTER, GO TO THE ON LINE STORE:

[WWW.PUBLICATIONS-AA87.ORG](http://WWW.PUBLICATIONS-AA87.ORG)

FOR INFORMATION:

ROBERT AT: 514-243-4869

JULIEN AT: 514-249-1070

**ST-ANICET GOLF CLUB**  
**690, ROUTE 132, ST-ANICET, QC**  
**GOLF+CART+DINNER: 140\$,**  
**DINNER ONLY: 50\$**

ORGANIZED BY DISTRICT 87-01 FOR AREA 87 AND ALL ALCOHOLICS



# Hospitality Suite Salle Hospitalité Suite de Hospitalidad

## Eastern Canada Region's Hospitality Suite At the Vancouver 2025 International Convention

The 2025 International Convention of Alcoholics Anonymous will be held in Vancouver from July 3 to 6, 2025. The Eastern Canada Region of Alcoholics Anonymous will have a Hospitality Suite for the duration of the Congress in the Malaspina Suite of the Fairmont Waterfront Hotel.

A slide show will be prepared to present our 10 beautiful Areas and our Region. We are asking all our members to send us photos of their groups' meeting rooms and photos of their beautiful province to be included in the slide show.

If you submit one or more photos, please indicate the name of the group, district and Area. For example: Friday West End Group, District 18 (N.D.G.-Verdun), Area 87.

Send all your photos (meeting room and scenery) to  
[tim@oceancontractors.ca](mailto:tim@oceancontractors.ca)

Thank you for helping to make the Vancouver 2025 Convention a success.

Tim M A82/P67  
Hospitality Suite Coordinator  
[tim@oceancontractors.ca](mailto:tim@oceancontractors.ca)  
902-223-4103



**24-25-26  
OCTOBRE  
2025**

Danse Dance  
Danza  
Samedi Saturday  
Sábado  
22h to 1h  
10pm to 1am



# CONGRÈS DE LA RÉGION 87

## AREA 87 CONVENTION

CONVENCIÓN DEL ÁREA 87

### COLLÈGE MAISONNEUVE

2701 Nicolet (Métro Joliette)  
Stationnement payant Paid Parking Only  
Estacionamiento de pago

20\$ en prévente, 25\$ à la porte  
Cost \$20 in advance, \$25 at the door  
Costo \$20 por adelantado, \$25 en la puerta

**EN  
PRÉSENCE  
SEULEMENT**  
IN PERSON  
ONLY  
SOLO EN  
PRESENCIA

Café gratuit, vente de  
muffins (2\$) et eau (1\$)  
Free coffee, muffin sale  
(\$2), and water (\$1)  
Café gratis, venta de muffins  
(2\$) y agua (1\$)

### EXPÉRIENCE, FORCE ET ESPOIR EXPERIENCE, STRENGTH AND HOPE EXPERIENCIA, FUERZA Y ESPERANZA

Partages AA vu de l'extérieur  
Speakers, Panels & Workshops  
Reunión de AA vista desde afuera

Table de littérature AA et Al-Anon  
A.A. and Al-Anon Literature available  
Mesa de Literatura de AA y Al-Anon

Partages d'expérience  
Shared Experiences  
Experiencias compartidas

### PARTICIPATION

#### PARTICIPACIÓN

Francophone, Anglophone,  
Hispanophone, Al-Anon/Alateen,  
MONQYPAA, Comités de la Région 87  
French, English & Spanish Communities,  
including Area 87 Committees and  
MONQYPAA, with participation of  
Al-Anon & Alateen

Francófono, Anglófono, Hispanohablante,  
Al-Anon/Alateen, MONQYPAA, Área 87 Comité



Musique le vendredi soir  
Music Friday Night  
Música el viernes por la noche

### HORAIRE PROGRAM HORARIO

Vendredi Friday Viernes	Samedi Saturday Sábado	Dimanche Sunday Domingo
18h à 1h 6pm - 1am	8h à 1h 8am - 1am	8h à 13h 8am - 1pm



[congres.aa87.org](http://congres.aa87.org)



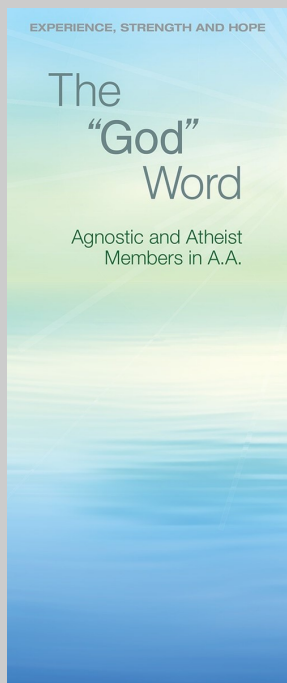
# Literature... ...the AArt of Recovery

Practical Guide for Literature Representatives and Others

*For the  
Newcomer*

Suggested  
Reading

P-86  
0,45\$



The  
"God"  
Word

Agnostic and Atheist  
Members in A.A.

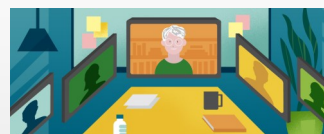
Literature Committee	
Favorite Quote	
We need you & Online Store	
New Book by Grapevine	2
Grapevine Zone	2
One picture... a thousand words	2
Contact us	2

## Latest News from the Literature Committee

Coming Committee meetings by videoconference

Marsh 13 and april 10 2025 at 7pm

[https://zoom.us/j/94479436712?  
pwd=c2oyWkxyenVDcDNaRzhQVlU2eWxndz09](https://zoom.us/j/94479436712?pwd=c2oyWkxyenVDcDNaRzhQVlU2eWxndz09)



ID de réunion : 94479436712  
Code secret : 1234

## A.A. Members' Favorite Quote

Step Two gently and very gradually began to infiltrate my life. I can't say upon what occasion or upon what day I came to believe in a Power greater than myself, but I certainly have that belief now."

TWELVE STEPS AND TWELVE TRADITIONS, p. 27



"Came to believe!" I gave lip service to my belief when I felt like it or when I thought it would look good. I didn't really trust God. I didn't believe He cared for me. I kept trying to change things I couldn't change. Gradually, in disgust, I began to turn it all over, saying: "You're so omnipotent, you take care of it." He did. I began to receive answers to my deepest problems, sometimes at the most unusual times: driving to work, eating lunch, or when I was sound asleep. I realized that I hadn't thought of those solutions—a Power greater than myself had given them to me. I came to believe.

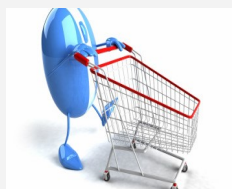
## We need your help!

*We wish to breathe new life into our newsletter. We would like to know what you like, what are your needs, to return to its initial mission and better inform you. Can you help us?*

Write to us at: [literature@aa87.org](mailto:literature@aa87.org)



## Online Store



We encourage you to have your order prepared in advance. You can do this through our online store or by email or Interac transfer. Once ready, the order will be placed in one of our bins for pick-up. [publications-aa87.org](http://publications-aa87.org)

# Grapevine Zone: A Meeting in print

Submit a story or art:  
[gveditorial@grapevine.org](mailto:gveditorial@grapevine.org)

Call us for subscriptions: 514-374-3688 ext. 1

*"Nearly all of us, when we think about its agree that we are a long, long way from being anywhere near grown up, from almost any point of view. We can clearly see that our job as individuals and as a Fellowship IS to keep right on growing by the constant use of our Twelve Steps."*

*AA Co-Founder, Bill W., July 1960, "AA Tomorrow", The Language of the Heart*

*Reprinted with permission of AA Grapevine*

## Grapevine Rep Resources Page

Download GVR service resources, tools, postcards, and much more at:

[aagrapevine.org/gvr-resources](http://aagrapevine.org/gvr-resources)



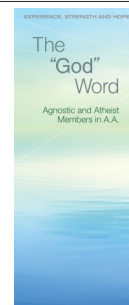
## Become a Grapevine Rep

Grapevine Representatives are the link between AA

Grapevine and groups. It's a fun way to get involved!

## Brochure explained : *Problem other than alcohol*

A.A. is not a religious organization. Alcoholics Anonymous has only one requirement for membership, and that is the desire to stop drinking. There is room in A.A. for people of all shades of belief and non-belief. Many members believe in some sort of god, and we have members who come from and practice all sorts of religions, but many are also atheist or agnostic. It's important to remember that A.A. is not a religious organization; we have a simple idea that there is a power greater than us as individuals.

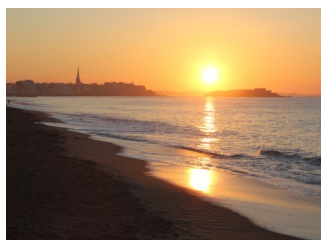


<https://publications-aa87.org>

Use our Online Store  
Simple, practical, efficient!



### One picture... a thousand words



### Rebirth

**"Not drinking is the first requirement for joy; the second requirement is gratitude."**

*In Our Own Words:  
Stories of Young AAs in  
Recovery  
© AA Grapevine Inc.*

For questions, comments or orders, don't hesitate to contact us.

514-374-3688 ext. 1 514-374-2250 [publications@aa87.org](mailto:publications@aa87.org) [publications-aa87.org](http://publications-aa87.org)



# Catch The Spirit

**‘To Serve AA is to Live...This is our Legacy of Service’**

**(Language of the Heart p. 130)**

**Join us at our annual service event. Meet and greet with the service committees involved in assisting us in 12 Step work**

- **Learn about the different committees and how to get involved**
- **Committee members sharing their experience and service needs**
- **Shares from an AA member on their service experience**
- **Buffet & Refreshments**
- **Entry is free for all**

**Summer 2025**



**Hosted by District 19**

**Travailler ensemble, accroître la confiance**  
**Working Together, Increasing Trust**  
**Trabajar conjuntamente para aumentar la confianza**



**Région 87 – 87 Area – Àrea 87**  
**Réunion du Comité régional / Area Committee Meeting / Reunión del Comité del Área**  
**Ordre du jour / Agenda / Agenda**  
**8 mars 2025 / March 8th 2025 / 8 de Marzo 2025**

<https://zoom.us/j/98498897228?pwd=MTFpQ3FzM3Y0ZnJkK3N1bGFKNnJkZz09>

ID de réunion 984 9889 7228 - Code secret : 1234

**Réunion régionale abrégée / Shorter regional meeting / Reunión regional más breve**

<b>10 h 00</b>	Ouverture / Traditions / Appel de nomination / Adoption de l'ordre du jour / Adoption procès-verbal du 8 février 2025	Opening / Traditions / Call for nominations / Approval of agenda / Approval of minutes of February 8, 2025	Apertura / Tradiciones / Presentación de candidaturas / Aprobación del orden del día / Aprobación del acta del 8 de febrero de 2025
<b>10 h 15</b>	Rapport du trésorier : États financier février 2025	Treasurer's report: February 2025 financial statements	Informe del Tesorero: Estados financieros de Febrero de 2025
<b>10 h 25</b>	<b>Clôture</b>	<b>Closing</b>	<b>Cerrado</b>

**Région 87 – 87 Area – Àrea 87**  
**Assemblée régional / Regional Assembly / Asamblea Regional**  
**Ordre du jour / Agenda / Agenda**  
**8 mars 2025 / March 8th, 2025 / 8 de Marzo 2025**

<b>10 h 30</b>	<b>Ouverture par le président</b>	<b>Opening by the Chairperson</b>	<b>Apertura por el Presidente</b>
<b>10 h 35</b>	<b>Mot du délégué</b>	<b>A word from the Delegate</b>	<b>Palabras del delegado</b>
<b>10 h 40</b>	<ul style="list-style-type: none"> <li>• Présentation du 1<sup>er</sup> sujet</li> <li>• Plénière</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation of the 1<sup>st</sup> topic</li> <li>• Plenary session</li> </ul>	<ul style="list-style-type: none"> <li>• Presentación del primer tema</li> <li>• Sesión plenaria</li> </ul>
<b>11 h 15</b>	<b>Pause</b>	<b>Break</b>	<b>Pausa</b>
<b>11 h 30</b>	<ul style="list-style-type: none"> <li>• Présentation du 2<sup>e</sup> sujet</li> <li>• Plénière</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation of the 2<sup>nd</sup> topic</li> <li>• Plenary session</li> </ul>	<ul style="list-style-type: none"> <li>• Presentación del segundo tema</li> <li>• Sesión plenaria</li> </ul>
<b>12 h 15</b>	<b>Lunch</b>	<b>Dinner</b>	<b>Almuerzo</b>
<b>13 h 00</b>	<ul style="list-style-type: none"> <li>• Présentation du 3<sup>e</sup> sujet</li> <li>• Plénière</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation of the 3<sup>rd</sup> topic</li> <li>• Plenary session</li> </ul>	<ul style="list-style-type: none"> <li>• Presentación del tercer tema</li> <li>• Sesión plenaria</li> </ul>
<b>13 h 45</b>	<ul style="list-style-type: none"> <li>• Présentation du 4<sup>e</sup> sujet</li> <li>• Plénière</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation of the 4<sup>th</sup> topic</li> <li>• Plenary session</li> </ul>	<ul style="list-style-type: none"> <li>• Presentación del cuarto tema</li> <li>• Sesión plenaria</li> </ul>
<b>14 h 30</b>	<b>Mot de la fin</b>	<b>A final word</b>	<b>Unas palabras finales</b>
	<b>Déclaration d'unité</b> Parce que nous sommes responsables de l'avenir des AA, nous devons : placer notre bien-être commun en premier lieu et préserver l'unité de l'association des AA, car de cette unité dépendent notre vie et celle des membres à venir.	<b>Declaration of Unity</b> This we owe to AA's future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives and the lives of those to come.	<b>Declaración de unidad</b> Debemos hacer esto para el futuro de A.A.: Colocar en primer lugar nuestro bienestar común; para mantener nuestra Comunidad unida. Porque de la unidad de A.A. dependen nuestras vidas, y las vidas de todos los que vendrán.



Travailler ensemble, accroître la confiance  
Working Together, Increasing Trust  
Trabajar conjuntamente para aumentar la confianza

ASSEMBLÉE DE PRÉPARATION DE NOTRE DÉLÉGUÉ POUR LA 75<sup>e</sup> CONFÉRENCE  
OUR DELEGATE'S PREPARATION MEETING FOR THE 75<sup>th</sup> CONFERENCE  
REUNIÓN DE PREPARACIÓN DE NUESTRO DELEGADO PARA LA 75<sup>a</sup> CONFERENCIA

**INVITATION**

Le 25 février 2025

Chers collègues serviteurs

Bonjour à chacun de vous,

**Je vous invite à participer en grand nombre à l'Assemblée de préparation à la Conférence.**

Cette assemblée se tiendra **samedi le 8 mars à 10 h**, en présentiel et hybride sur la plateforme **Zoom**.

Au plaisir de vous y retrouver.

P.S. : La Région 87 offre un service de traduction du français vers l'anglais et de l'anglais au français

**Prévoyez des \$\$ comptant pour le lunch.**

**INVITATION**

February 25, 2025

Dear Trusted Servants

Warm Greetings to All,

**I invite you to attend the Conference preparatory Assembly in large numbers.**

**This meeting will be held on Saturday, March 8<sup>th</sup>, at 10:00 a.m., both face-to-face and hybrid on the Zoom platform.**

Looking forward to seeing you there!

PS: Area 87 provides simultaneous translation (French to English and English to French)

**Plan to bring \$\$ in cash for lunch.**

**INVACIÓN**

25 febrero 2025

Queridos servidores de confianza

Un cordial saludo a todos,

**Les invito a asistir en gran número a la Asamblea Preparatoria de la Conferencia.**

**Esta reunión se celebrará el Sábado 8 de marzo, a las 10.00 horas, tanto presencial como híbrida en la plataforma Zoom.**

¡Esperamos verle allí!

PD: El Área 87 ofrece traducción simultánea (francés-anglais y inglés- francés).

**Planee traer \$\$ en efectivo para el almuerzo.**

**CRCS Sant-Zotique—75 Square Sir-George-Étienne-Cartier, Montréal H4C 3A1**

**En virtuel / Virtual: Zoom meeting / : Zoom ID de réunion 984 9889 7228**

**Code secret / Secret code / Código secreto : 1234**

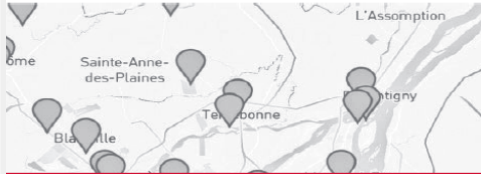
<https://zoom.us/j/98498897228?pwd=MTFpQ3FzM3Y0ZnJKK3N1bGFKNnJkZz09>

Lucien J.

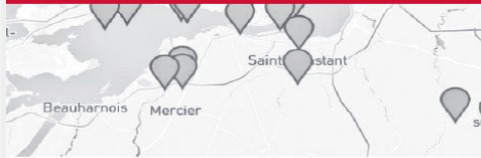
Président – Région 87 - Chairperson – Area 87 – Presidente - Área 87



**RÉPERTOIRE DE RÉUNIONS  
MONTRÉAL ET MONTÉRÉGIE**

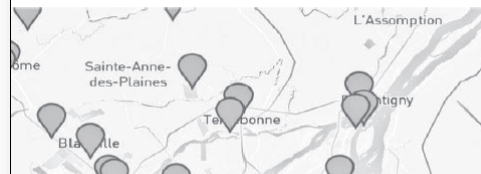


**Alcooliques Anonymes  
1944-2024  
80 ans de rétablissement !**



Réunions avec conférencier à moins  
d'indications contraires  
BUREAU DES SERVICES  
RÉGION 87 (Sud-Ouest du Québec)  
AIDE TÉLÉPHONIQUE: (514) 376-9230  
NOVEMBRE 2024

**MEETING LIST  
MONTREAL AND AREA**



**Alcoholics Anonymous  
1944-2024  
80 years of recovery !**



All meetings are speaker meeting  
Unless otherwise indicated area 87  
SERVICE OFFICE  
(Québec South-West)  
HELP LINE: (514) 350-3444  
NOVEMBER 2024

# LISTES DE RÉUNIONS

Elles sont arrivées!

**Seulement 2\$**

Item A-01

**Au BSR / At the ASO**

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514-374-3688 #1

# MEETING LISTS

They're here!

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Item A-01