



JULY - AUGUST 2026

At A Glance Dates To Remember

JULY

DIM	LUN	MAR	MER	JEU	VEN	SAM
			1 X	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

X : Area Office is closed

AUGUST

DIM	LUN	MAR	MER	JEU	VEN	SAM
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**Cut-off date for
Sept. – Oct. 2026 News:
August 1st, 2026
Mailing: August 27th, 2026**

REMINDER

Announcements published in News - Area 87 must conform to the Traditions of Alcoholics Anonymous and relate exclusively to the activities of this association. They should be brief and to the point and should preferably be sent in writing, by email to news@aa87.org or via the web form on aa87.org/en/, section **Our Area / forms**, with the name, email address and telephone number of the sender. Ads may be revised as needed.

MARK YOUR CALENDAR !

Area Committee Meeting

Saturday, August 8th,
This meeting starts at 9 AM
Early-bird buffet on site from 8 AM

On the Zoom platform:
ID 984 9889 7228 - PW 1234

In person:
ASO: 3920 Rachel St. E. ♿
Montréal (Québec) H1X 1Z3

This meeting is specifically for Area Committee members (DCMs, Coordinators and their assistants, and members of the Steering Committee), however, G.S.R.s and A.A. members who are curious about and interested in the 12th Step work through our area service structure are welcome to attend. This meeting is, like all service meetings, closed to AA members only.

2026 Eastern Canada Regional Forum

Area 87 is hosting the 2026 Eastern Canada Regional Forum!

To make this event a success, we are looking for enthusiastic members to fill several roles in the volunteers committee.

August 21 to 23, 2026
Hotel Mortagne in Boucherville

For more information, to give a few hours, or to join the organizing committee:
forum2026@aa87.org



www.publications-aa87.org/en/

Shop for literature online!
Simple & Efficient



Literature Sales Counter:
Monday: **CLOSED** and
July 1st, 2026

Tues. - Thurs.: 11am to 6pm
Friday: 11am to 4pm
Saturday: 9am to 1pm
Sunday: **CLOSED**

Contribution = Service

How to Contribute

There are several ways:

In person at the Area Service Office or at the literature sales counter,

By mail, by sending a cheque made out to **Area 87 Service Office**,

By Interac e-transfer or credit card, following the instructions on the aa87.org website:

<https://www.aa87.org/en/contribution/>

Note to Secretary

Be sure to check out the flyers and Latest News on the aa87.org website. There you will find announcements that could not be included in the print version.

Looking for news on conventions and other events, as well as Area 87 committees? They are back in the Écho Echo Eco newsletter.



From GRAPEVINE DAILY QUOTE:

"After so many years of being a hazard, a public nuisance at best, I feel obliged to do something positive."

Nipawin, Saskatchewan, November 2003, "Nobody's Fault but Mine", Happy, Joyous and Free: The Lighter Side of Sobriety

NEW GROUPS

Easy does it (87-19) ♿

Saturday – 10:00 a.m. – Patro Villeray – 7355, Christophe-Colomb Avenue – Montréal H2R 2S5 – Open meeting.

End of the Line (87-06)

Sunday – 7:00 p.m. – Église de la Presentation – 665 de l'Église Ave. – Dorval H9S 1R4 – Open speaker meeting.

Group of Drunks (87-19)

Thursday – 12:00 p.m. – Yellow Door – 3625 Rue Aylmer – Montréal – H2X 2C3 – Open meeting – Speaker/discussion.

Iron Circle (87-06)

Tuesday – 7:00 p.m. – Online only ID: 799 1198 4604 PW: 112243 – Speaker and discussion closed meeting.

Laurentian Big Book (87-08)

Wednesday – 7:30 p.m. – Shawbridge United Church 1264 Principal St. – Entrance and parking on de la Station St. – Prevost J0R 1T0 – Closed meeting – Big Book Discussion.

Luz y Verdad (87-32) (Sólo mujeres) Saturday

– 1:00 p.m. – Punto de encuentro de Alcohólicos Anónimos – 106-7105 Rue St-Hubert – Montréal H2S 2N1 – Open meeting – Women only.

NDG Tuesday Nighters (87-18)

Tuesday – 8:00 p.m. – Montreal West United Church – 88, Ballantyne Avenue North – Montréal H4X 2B8 – Open meeting.

Nouveau Chapitre – New Chapter (87-02) ♿

Thursdays – 7:30 p.m. – Paroisse Saint-Esprit – Bélanger room – 5442 6th avenue – Montréal H1Y 2P8 – Bilingual.

Svet (87-19)

Sunday – 6:00 p.m. – 29A Shamrock Ave. – Montreal H2S 1A3 – Open Russian Language AA Discussion Meeting.

Thank God it's Friday (87-19)

Friday – 7:30 p.m. – Maison de l'amitié – 120, Duluth Avenue East – Room 24 – On second floor – Montréal H2W 1H1 – 10 -15-minute lead followed by open discussion – Closed meeting – Bring your own coffee.

Thursday LaSalle (87-06) ♿

Thursday – 7:30 p.m. – Church of St. Nazaire – 111, Bélanger avenue – Lasalle H8R 3Q7 – Open meeting.

ANNIVERSARIES

Wednesday
July 8th



Laurentian Big Book – 2nd Anniversary – 7:30 p.m. – Shawbridge United Church – 1264 rue Principale – Prevost J5L 2S2 (entrance and parking on rue de la station) – All are invited to celebrate our 2nd anniversary – Invited speaker for this meeting only – Potluck table (food donations welcome).

Tuesday
July 14th



Inspiration – 40th Anniversary – 12:10 p.m. – Yellow Door – 3625 Rue Aylmer – Montréal H2X 2C3 – Buffet and cake will be served – Food donations welcome – Speaker meeting for the anniversary – Welcome all!

Thursday
July 16th



The Turning Point – 5th Anniversary – 7:30 p.m. – St. George's Anglican Church – 23 Rue Perrault – Sainte-Anne-de-Bellevue H9X 2C6 – BBQ and Potluck – Bring a dish to share and enjoy good food and fellowship!

MEETING NEWS

WARNING!

For real-time up-to-date information, consult the Meeting Guide application on your smartphone or the list of meetings on our website aa87.org. The Helpline is also available between 9 am and 10 pm at 514-350-3444.

Acceptance – Wednesday – 8:00 p.m. – Saint. Patrick's Basilica – 454, René-Lévesque boulevard West – Montreal – H2Z 1A7 – New: Speaker meeting the last meeting of the month. Closed on June 24th and July 1st.

Easy does it – Saturday – 10:00 a.m. – Patro Villeray – 7355, Christophe-Colomb Avenue – Montréal H2R 2S5 – Open meeting. No longer in room 1.00: meeting room is indicated at the entrance of the building.

Monday Central – Monday – New hour: 7:00 p.m. – New address: Saint. Patrick's Basilica – 454, René-Lévesque Boulevard West – Montreal H2Z 1A7 – Closed meeting – Literature's discussion – Speaker's discussion the last Monday of the month.

Music in recovery – Sunday – 7:30 p.m. – St. Philip's Church – 3400, Connaught Avenue – Room 105 – Montréal H4B 1X3 – Closed meeting – Now pet free meeting.

Rise and Shine (Women Trans.) – Monday – 8:00 a.m. – Zoom – ID 865 4105 6010 – Permanently closed.

Riverside – Sunday – New time: 7:00 p.m. – Saint-Willibrord Parrish – 320 Rielle St. – Verdun H4G 2S7 – New format: Discussion meeting.

St.Lambert Discussion – New day – Sunday – New hour – 7:45 p.m. – New address – Église Saint-Barnabas – Memorial Hall – 95, Lorne Street – St.Lambert J4P 2G7 – Closed meeting

St.Laurent 12 Step Discussion – Tuesday – 8:00 p.m. – New address starting on July 7: Val Royal Baptist Church – 11800 O'Brien boulevard – Montreal H4J 1Y8. Closed discussion meeting.

Sunlight of The Spirit – Monday – 6:30 p.m. – Wesley United Church – 5964 Av. Notre-Dame-de-Grâce, Montréal, H4A 1N1 – The meeting will be closed on May 18th, September 7th and October 12th.

Did you know? The Grapevine, the international journal of A.A., has published a series of books with stories centered on different topics. They can help you identify with recovering alcoholics who are like you, and they provide real-life examples of how to put our program in practice in everyday life.

Selected titles include: *Voices of women in A.A., Sober and out, Young & sober, One Big Tent* (atheists and agnostics). These Grapevine books are available at your literature counter for only \$25.20!

BULLETIN BOARD

Eastern Canada Regional Forum 2026

August 21-23, 2026

Book your room at the Hotel Mortagne de Boucherville now!

Price: King \$259 and Double Queen \$269
On the hotel website: <https://hotelmortagne.com/en/>,
by phone: 1-877-655-9966,
by email: reservation@hotelmortagne.com
Use group code 16853
(Last Day for room rate: July 21, 2026)

Presentations by AAWS and AA Grapevine Workshops (French and English)
Saturday evening – Ice cream Hospitality Suite

Registration (free of charge) starts June 18, 2026

More information:

<https://www.aa.org/event/2026-eastern-canada-forum>

Spotlight on ...



Knowlton Serenity Group

Sunday, 10 a.m.
Closed, hybrid meeting

In person:

CLSC (Community Centre)
270, Victoria Avenue – Knowlton JOE 1V0

On Zoom:

ID 83846049589 PW 742032

The technical issues from the last few meetings have now been resolved. We hope you will come and visit us!



Correctional Facilities Day

In collaboration with
Districts 87-06 & 87-10

6 English Speakers

Saturday August 29th

10am – 5 pm

Cedar Park United Church
204 Lakeview Ave.
Pointe-Claire H9S 4C5

Tickets: \$10
Coffee is included!

Lunch & Snacks available
for purchase on site!

Info / E-transfer:
jcdd.aa87@gmail.com

Area 87 Convention

Ticket Pre-Sale Announcement

Tickets for the 2026 Area
Convention
Saturday, October 24
are now available in pre-
sale for **\$20**.

You can purchase your
tickets online through
the on-line store:
publications-aa87.org

Stay tuned for upcoming
announcements with
more details about the
event program and
activities.



Wishing You a Joyful and Sober Summer!

The summer season is starting in our beautiful Montreal region. It is a wonderful time to take good care of ourselves.

Let's enjoy the sunshine, the parks, and the patios one day at a time. Let's stay connected to our meetings, sponsors, and tools. Our serenity is our greatest gift.

Important Reminder:

Montreal meetings stay open all summer long!

Please reach out to a fellowship member if you face a difficult moment.

Have a joyful, peaceful, and sober summer!



ENGLISH HELPLINE

514-350-3444
or toll-free
1-888-424-2975